

FIBRE DE VERRE

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (602) 295-1672
E-Mail: (ouiqrnds@DancewithChuckandSandi.com) (www.DancewithChuckandSandi.com)
Cd: Attraction, Track 13 Artist: Paris Combo Available from Amazon
Rhythm: Foxtrot / 5/4 RAL Phase V + 1 [Cont Hover X]
Footwork: Opposite unless noted (Woman's Footwork in parentheses) Difficulty Level --Moderate
Timing: Standard RAL Foxtrot unless noted. Time @ 45 RPM: 3:37 Adjust Speed For Comfort
Sequence: Intro-A-Brg-B-Brg-B-C-Brg-B(mod)-D-End Released: May 1, 2015

Meas

INTRODUCTION

1 - - 4 OP FCNG LOD WAIT 2;; CIRCLE SNAP 4 TO CP/DLW;;

1 - 4 OP FCNG LOD lead ft free trail hnds joined head down wait 2 meas;; Raise Head commence RF circle away from ptr fwd L, - fwd R, -; Cont RF circle bk twd ptr fwd L, - fwd R, - to CP/DLW;

PART A

1 - - 4 DIAMOND TRN;;;;

1 [Diamond Trn] Moving DLW Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; -, fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, -, sd R, bk L;) to fc DLW;

5 - - 8 HOVER TELE; NAT WEAVE;; CHG OF DIREC;

5 [Hover Tele] Fwd L, -, diag sd & fwd R rising slightly [hovering] w/body trng 1/8 RF, fwd L small step on toes to SCP (Bk R, -, diag sd & bk L w/hovering action and body trng 1/8 RF, fwd R small step on toes to SCP);
6 - 7 [Nat Weave] Fwd R comm to trn RF, -, sd L with left sd stretch [under 1/4 RF trn betwn steps 1 & 2], with rt sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2 & 3]; with rt sd stretch bk L in BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (Bk L comm to trn RF, - rt foot closes to L heel trn with rt sd stretch trng 1/4 RF betwn steps 1 & 2, with left sd lead fwd L preparing to step outsd ptr; with left sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW);
8 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;) DLC;

9 - - 12 OP TELE; CONT HOVER X;;;, FWD LK;

9 [Op Tele] Fwd L comm LF trn, -, sd R cont trn, sd & fwd L (W bk R comm Lf trn, -, cl L to R for heel trn, sd & fwd R) to SCP/DLW;
10 - 11 [Cont Hover X] (from SCP) Fwd R DLW comm RF trn [no sway], -, cont RF trn sd L DLW feng DRW [with lft sd stretch], with a strong RF trn on L small stp R DLW feng DLC [continue with lft sd stretch]; fwd L across R to CBMP [blending to rt sd stretch], cl R to L [continue rt sd stretch], bk L in CBMP [continue rt sd stretch], bk R to CP [no sway]; sd & fwd L with a lft sd lead [with lft sd stretch], fwd R in BJO [with lft sd stretch], (Fwd L, -, sd & fwd R comm RF trn, sd L to CP; bk R to CBMP, sd lft to CP, fwd R to CBMP, fwd L to CP; sd & bk R, bk L in Banjo Position,);
12 [Fwd Lk] Fwd L, lk RIB,;

13 - 16 REV WAVE;; OP IMP; STP THRU CP/WALL,

13 - 14 [Rev Wave] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L diagonally (Bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R diagonally); Bk R, -, bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving LF;) to CP/ROD;
15 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R);
16 [Stp Thru] Stp thru R blending to CP/WALL,~

BRG

1 - - 4 SLOW TWIST VINE 8

1 - 4 [Slow Twist Vine] Sd L, -, XRIB, -; Sd L, - XRIF, -; Sd L, -, XRIB, -; Sd L, - XRIF, -;

9 – 14 CHASSE L & R TO ½ OP/LOD; MOOCH; ; ; ; ;

9 [Chasse L & R to ½ OP] Sd L/cl R, sd L, sd R/cl L, sd R to ½ OP/LOD;

10 - 14 [Mooch] Rk bk L, rec R, flick L fwd from knee slightly off floor, cl L; flick R fwd from knee slightly off floor, cl R, rk bk L, rec R; trng RF 1/2 sd L/cl R, sd L, rk bk R, rec L; flick R fwd from knee slightly off floor, cl R, flick L fwd from knee slightly off floor, cl L; rk bk R, rec L, trng LF 1/2 sd R/cl L, sd R;

15-15.5 RK, REC, SD, CL WX;

15-15.5 [Rk, Rec, Sd, Cl 2X] Rk Bk L, rec R to fc ptr, sd L, cl R; Sd L, cl R to CP/WALL,

REPEAT BRG

PART B (Mod)**1 -- 4 HOVER; START PROM WEAVE; BK LILT 4; WEAVE END;**

1 [Hover] Repeat Meas 1, Part B;

2 [Start Prom Weave] Repeat Meas 2, Part B;

3 [Bk Lilt 4] Repeat Meas 3, Part B;

4 [Weave End] Repeat Meas 4, Part B;

5 -- 8 HOVER TELE; IN & OUT RUNS;; SLOW SD LK;

5 [Hover Tele] Repeat Meas 5, Part B;

6 - 7 [In & Out Runs] Repeat Meas 6 & 7, Part B;;

8 [Slow Sd Lk] Thru R, -, sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, -, sd & bk R continuing LF trn to CP, XLIF of R;) to CP/DLC;

PART D**1 -- 4 REV TRN ½; CK & WEAVE;; CHG OF DIR;**

1 [Rev Trn 1/2] Fwd L starting LF body trn, -, sd R continuing trn, bk L LOD to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, fwd R to CP);

2 - 3 [Ck & Weave] Slip R bk under body w/slight contra ck action, -, fwd L comm LF trn, sd R [1/8 LF trn betwn steps 1 & 2 of the weave] w/rt sd lead & slight rt sd stretch preparing to lead W outside ptr; w/rt sd stretch bk L in BJO cont 1/8 LF trn betwn steps 2 and 3 of the weave, bk R to a momentary CP cont to trn LF, sd and fwd L w/ lift sd stretch [1/4 LF trn betwn steps 4 and 5 of the weave body trns less], w/lt sd stretch fwd R in BJO outside ptr (Slip L fwd under body w/slight contra check action, -, bk R comm LF trn, sd L [1/4 LF trn betwn steps 1 and 2 of the weave] w/lt sd lead and slight lift sd stretch preparing to step outside ptr; w/lt sd stretch fwd R in BJO outside ptr, fwd L to a momentary CP cont to trn LF, sd & bk R w/rt sd stretch [1/8 LF trn betwn steps 4 and 5 of the weave], w/rt sd stretch bk L in BJO [1/8 LF trn betwn steps 5 and 6 of the weave body trns less]);

4 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lift shldr leading trng LF starting to draw R to L, finish drawing R to L;) fc DLC;

5 -- 8 OP TELE; NAT HOVER X;; DBL REV SPIN;

5 [Op Tele] Repeat Meas 9, Part A;

6 - 7 [Nat Hover X] Fwd R DLW comm RF trn, -, sd L with lift sd stretch [1/4 RF trn bet stps 1 & 2], cont RF trn sd R [1/2 RF trn bet stps 2 & 3 body trns less feng DLC]; with rt sd stretch fwd L outside ptr in CBMP on toe, rec R with slight lift sd lead, sd & fwd L, with lift sd stretch fwd R in BJO on toe (fwd L commence RF trn, -, fwd R cont RF trn, cont RF trn sd L [3/8 RF trn bet stps 2 & 3] to CP; with lift sd stretch bk R in CBMP on toe, rec L with slight rt sd lead, sd & bk R, with rt sd stretch bk L in BJO);

8 [Dbl Rev] Fwd L comm to trn LF, -, sd R [3/8 LF trn betwn steps 1 & 2], spin 1/2 LF betwn steps 2 & 3 on ball of R bringing L under body beside R w/no weight flexed knees DLW (Bk R comm to turn LF, -, L closes to R heel trn trng 1/2 LF betwn steps 1 and 2/sd and slightly bk R cont LF trn, XLIF of R);

9 – 12 HOVER TELE; OP NAT; OUTSD SPIN; OUTSD CK;

9 [Hover Tele] Repeat Meas 5, Part B;

10 [Op Nat] From SCP Comm RF upper body trn fwd R heel to toe, -, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M to BJO DRC (With slight RF upper body trn fwd L, -, small fwd R, fwd L outside ptr to BJO);

11 [Outside Spin] In BJO preparing to lead W outside ptr comm RF body trn toeing in with rt sd lead bk L in BJO small step 3/8 trn RF on step 1, -, fwd R in BJO heel to toe cont to trn RF, [3/8 RF trn betwn steps 2 & 3] sd & bk L to end in CP [1/4 RF trn on 3] (Comm RF body trn w/lt sd lead staying well into the M's rt arm fwd R in BJO outside ptr heel toe, -, L closes to R pivot on toes of both ft 5/8 trn betwn steps 1 and 2, cont to trn RF 1/4 betwn steps 2 and 3 fwd R betwn M's feet to end in CP 1/8 RF trn on step 3);

12 [Outside Ck] Bk R trng LF, -, sd & fwd L, trng slightly RF ck fwd R outside ptr to BJO (Fwd L trng LF, -, sd & bk R, ck bk L outside ptr to BJO;) DRC;

13 – 16 OP IMP; FEATH; 3 STP; FWD & RUN 2 CP/DLC;

- 13 **[Op Imp]** comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R;);
- 14 **[Feath]** Fwd R, -, fwd L, fwd R outside W in BJO DLC (Thru L trng LF twd ptr, -, sd & bk R, bk L;);
- 15 **[Three Step]** Starting with L, 3 fwd passing stps with heel lead on stps 1 and 2 rising to toe on stp 3 (Starting with R 3 bk passing stps) to CP DLW;
- 16 **[Fwd, Run 2]** Fwd R, -, fwd L, fwd R to CP/DLC;

END**1 - - 4 DIAMOND TRN;;;;**

- 1 - 4 **[Diamond Trn]** Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L;); Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L;) DLC;

5 - - 7 REV TRN ½; BK & VERY SLOW SD TO HINGE & EXTEND;;

- 5 **[Rev Trn 1/2]** Fwd L starting LF body trn, -, sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, fwd R to CP);
- 6 **[Bk to Hinge]** Bk R comm to turn LF, -, sd and slightly fwd L w 1/4 trn betwn steps 1 & 2 comm lft sd stretch, cont lft sd stretch leading W to cross her L beh R keeping lft sd in to ptr relaxing lft knee and trng rt knee to sway rt and look at W, - (Fwd L comm to turn LF, -, sd R 1/4 trn betwn steps 1 & 2 comm rt sd stretch & cont rt sd stretch swivel LF, XLIB of R keeping lft sd in to ptr relaxing lft knee [head to lft with shldr almost parallel to ptr] w/no weight on R;);
- 7 **[Extend]** Cont stretch extending lft arm (slide rt arm to M's lft Shldr & extend left arm);