

# FOR EVER AND A DAY

Composer: John and Bertha Stallard, 361 Hillsborough Road, Auckland 1004  
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Record: Special Press, "Our Love is Here to Stay" Flip "Papa Loves Mambo"  
Courtesy Irv and Betty Easterday  
Footwork: Opposite  
Rhythm: Foxtrot Phase IV+1 (Curved Feather)  
Sequence: Intro A B A B Ending

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## INTRO

1-4 WAIT; WAIT; FWD, -, RIGHT LUNGE, REC; FEATHER FINISH;  
1-2 CP DW Wait 2 Meas;;  
3 Fwd L, -, Fwd & sd R relax rt knee with head to rt, rec L  
(W bk R, -, sd & bk L head to L, rec R);  
4 Bk R turn 1/2 LF, -, sd L, fwd R to contra bjo DC;

## PART A

1-4 REVERSE TURN;; HOVER TELEMARK; START IN/OUT RUNS;  
1-2 M fwd L comm. LF turn, -, sd R twd COH, bk L LOD  
(W bk R heel turn, -, close L to R, fwd R); Bk R Turn 1/2 LF,  
sd & Fwd L DW, fwd R in contra bjo DW;  
3 Fwd blend to CP DW, -, fwd & slightly sd R rising (hover) with  
body turning 1/8 RF, fwd L on toe to SCP DW;  
4 M thru R comm. RF turn, -, side & bk L cont. RF turn to CP,  
bk R to contra bjo fcg RLOD (W fwd L, fwd R between M's ft,  
fwd L in contra bjo);

5-8 FINISH IN/OUT RUNS; OP NATURAL; BK FEATHER; FEATHER FINISH;  
5 Bk L turning RF, -, sd & fwd R between W's feet cont. RF turn,  
fwd L to SCP LOD (W fwd R turn RF, -, fwd and sd L cont. turn,  
fwd R to SCP);  
6 Fwd R start RF turn, -, sd & bk L cont RF turn, bk R to contra  
bjo fcg RLOD (W fwd L, -, fwd R between M's feet, fwd L);  
7 Bk L, -, bk R with rt sd stretch(W head rt), bk L in contra Bjo;  
8 Bk R start LF turn, -, sd & fwd L, fwd R to contra bjo DW;

9-10 CHANGE OF DIRECTION; OP TELEMARK;  
9 Fwd L DW turn LF, -, sd R DW draw L to R (no weight)  
in CP fcg DC, -;  
10 Fwd L comm. LF turn, -, sd R cont LF turn (W heel turn),  
sd & fwd L to SCP DW;

11-12 CURVED FEATHER; BK RT CHASSE WITH TURN;  
11 Fwd R starting RF turn, -, sd & fwd L, fwd R (W fwd L starting  
LF turn, -, sd & bk R, bk L) contra bjo DRW  
12 Bk L turning to fc COH, -, sd R/cl L to R, sd & Fwd R with small  
rt fc turn CP DW;

13-16 HOVER; WING; OP REVERSE TURN; FEATHER FINISH;  
13 Fwd L, -, Fwd & sd R, rec L to SCP DC  
14 Fwd R, -, draw L to R (no weight) turning upper body left face, Tch I  
(W fwd L R L around M to tight Scar/DLC);  
15 Fwd L starting LF turn, -, fwd sd R cont. turn, bk L contra  
bjo fcg RLOD;  
16 Bk R turn 1/2 LF, -, sd & fwd L, fwd R to contra bjo LOD;

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## PART B

- 1-4 REVERSE WAVE;; BACK FEATHER; BACK THREE STEP;  
1-2 Fwd L blend to CP comm. LF turn,-, contd. turn sd & back R  
(W heel turn), bk L DW; Bk R,-, bk L curve LF, bk R LOD;  
3 Bk L,-, bk R with rt sd stretch (W head rt), bk L to contra bjo;  
4 Bk R blend CP RLOD,-, bk L, bk R;
- 5-8 OP IMPETUS; PROM WEAVE;; CHANGE OF DIRECTION;  
5 Bk L turn RF,-, cl R to L cont. RF turn (W around M RF brush  
R to L), fwd L DC SCP;  
6-7 Fwd R DC,-, Fwd L turn LF (W swivel on R to fc M),  
Sd & bk R DC; Bk L to contra bjo, bk R blend to CP comm. LF turn,  
sd L DW, fwd R to contra bjo DW;  
8 Fwd L DW turn LF,-, sd R DW draw L to R (no wgt) in CP fc DC,-;
- 9-12 CL TELEMARK; HALF NATURAL; CL IMPETUS; FEATHER FINISH;  
9 Fwd L in CP DC comm. LF turn,-, sd R cont. LF turn  
(W heel turn), fwd L DW to contra bjo;  
10 Fwd R comm. RF turn,-, sd L (W heel turn), bk R CP fc RLOD;  
11 Bk L turn RF,-, cl R to L cont. RF turn, bk L DRC (W fwd R turn  
RF,-, sd L cont. RF turn, brush R to L fwd R DRC);  
12 Bk R turning  $\frac{1}{2}$  LF,-, sd L, fwd R to contra bjo DC;
- 13-16 DIAMOND TURN;;;;  
13 Fwd L blend to contra bjo turn LF,-, sd R cont. turn, bk L DW;  
14 Bk R DW turn LF,-, sd L cont. turn, fwd R DRW;  
15 Fwd L DRW turn LF, sd R cont. turn, bk L DRC;  
16 Bk R DRC turn LF,-,sd L cont. turn, fwd R DC;

## ENDING

- 1-4 OP TELEMARK; WHIPLASH; FALLAWAY RONDE & SLIP; FWD,-, RT LUNGE,-;  
1 Fwd L comm. LF turn,-, sd R cont LF turn (W heel turn)  
sd & fwd L to SCP DW;  
2 Thru R (W thru L) to CP,-, point L (W R) to side & hold,-,  
3 Ronde L ccw (WR cw) & cross behind R (no weight) to tight SCP,-,  
bk L well under body, slip bk sml step R keeping L extended  
(W bk R well under body comm. LF turn on ball of R-thighs locked  
& L leg extended, fwd L slip LF) to LOD;  
4 Fwd L,-, Fwd & sd R-relax rt knee with head to rt,-;  
(W bk R,-, sd & bk L head to L,-;)

## NOTE

On meas 16 Part A, a (back) Rising Lock may be substituted for the Feather finish. The Phase rating will become IV+2