

FRAULEIN

Music: Foster
www.amazon.com/Reminiscing
Track# 5 Time 3:06
Available from choreographer

Rhythm: Rumba Phase: V+1 (Reverse Top) + 1U (Surprise Check)

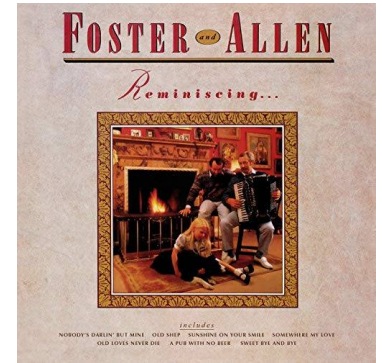
Footwork: Opposite except where (Noted)

Release Date: May 20

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Sequence: INTRO AB INTRO AB INTRO END



INTRO

BFLY POS WALL LEAD FOOT FREE START IMMEDIATELY AFTER THE SECOND TUNE

01-04 OP BREAK/W WRAP to TANDEM WALL ; OPPOSITE CUCARACHA's W/ PEEKS ; ; HOCKEY STICK ENDING ;
{OP BREAK/W Wrap to Tandem WALL} [w/ both hands] Apt L, rec R, cl L (W apt R, rec L, fwd R trng ½ LF) to Tandem Pos fc Wall Id-hnds above W's head, -; {Opposite Cucaracha w/ Peeks} [Id-hnds still above W's head] Sd R w/ partial wgt [trn upperbody LF & look your Lady], rec L, cl R (W sd L w/ partial wgt [trn upperbody RF & look over rt-shoulder], rec R, cl L), -; [Id-hnds still above W's head] Sd L w/ partial wgt [trn upperbody RF & look to your Lady], rec R, cl L (W sd R w/ partial wgt [trn upperbody LF & look over lft-shoulder], rec L, cl) to TANDEM WALL, -; {Hockey Stick Ending} [w/ Id-hnds] Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply ½ LF undr jnd Id-hnds, bk L) to BFLY WALL, -;

PART A

01-04 BASIC ½ INTO NATURAL TOP ; ; SURPRISE CHECK INTO REVERSE TOP to WALL ; ;
{Basic ½ Into Natural Top} Fwd L, rec R to CP trng ¼ RF, sd & slightly fwd L to loose CP RLOD, -; Trng RF XRib toe to heel, cont RF trn sd L, cont RF trn XRib toe to heel (W trng RF sd L, cont RF trn XRif, cont RF trn sd L) to loose CP COH, -; {Surprise Check Into Reverse Top to Wall} Cont RF trn sd L to fc almost LOD checkg, rec R, trng LF XLif (W cont RF trn XRif checkg, rec L, trng LF sd & bk R) to CP COH, -; Cont LF trn sd R, cont LF XLif, sd R (W trng LF XLib, cont LF trn sd & bk R, cont LF trn XLib) to Cuddle Pos WALL, -;

05-08 SCALLOP ; ; CLOSED HIP TWIST INTO FAN ; ;
{Scallop} Trng sharply to SCP LOD XLib (W XRif), rec R trng sharply to CP, sd L, -; Thru R to SCP LOD, sd L trng sharply to CP, cl R, -; {Closed Hip Twist Into Fan} Ck fwd L lead W RF swivel, rec R, cl L (W swivl RF on L bk R, rec L swivl LF, cl R & swivel RF on R), -; Bk R, rec L, sd R (W fwd L, fwd R swivel ½ LF on R to fc RLOD, bk L) to Fan Pos, -;

09-12 START STOP & GO INTO CROSS BODY to CP COH ; ; CUDDLE/W SPIRAL INTO FAN ; ;
{Start Stop & Go Into Cross Body} Chk fwd L, rec R raising lft-arm to lead W to a LF underarm turn, sd L fcg wall bringing lft-arm down sharply and placing r-hnd on W's bk to an "L" pos (W [QQQQ] cl R, fwd L, fwd R, trng sharply ½ LF under jnd Id-hnds to fc LOD, trl-arm Up & out), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W small fwd L comm ½ LF trn to CP put the trl-hnd on the lft-shoulder M, bk & sd R to CP cont LF trn to fc ptr, sd L) to CP COH, -; {Cuddle/W Spiral Into Fan} Release Id-hnds Sd L, rec R, cl L rejoined Id-hnds lead W LF spiral (W swivel RF on L sd & bk R to ½ OP, rec L comm LF trn, sd & fwd R LF spiral), -; Repeat meas 8 Part A M fcg COH/W fcg LOD ;

13-16 ALEMANA ; ; CHASE /W UNDERARM PASS ; ;
{Alemana} Fwd L, rec R, cl L (W bk R, fwd L, fwd R swiveling to lft-sd of M), -; Raisg jnd Id-hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R cont RF trn, fwd & sd L to fc ptr) BFLY COH, -; {Chase / W Underarm Pass} [relnsg trl-hnds] Fwd L trng RF ½ keepg Id-hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's lft-sd), -; Bk R raisg Id-hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd Id-hnds to fc ptr, sd L) to BFLY WALL, -;

PART B

01-04 AIDA to RLOD ; THRU SERPIENTE ; ; AIDA ;
{Aida to RLOD} Xg Id-hnds ovr trl-hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos, -; {Thru Serpiente} Thru R, sd L, XRib (W XLib), flare CCW w/ L ft ; XLib (W XRif), sd R, XLif (W XRif), flare CCW w/ R ft ; {Aida} Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -;

05-08 HIP ROCK 3 & SWIVEL to FACE ; SPOT TURN ; REVERSE UNDERARM TURN ; HIP ROCK ;
{Hips Rock 3 & Swivel to Fc} [QQQQ] Rk fwd L, rec R, fwd L, swivel RF to fcg ptr & WALL ; **{Spot Turn}** XRif (*W XLif*) trng ½ LF, rec L compg full LF trn to fc ptr, sd R to LOP FCG WALL, -; **{Reverse Underarm Turn}** Raisg jnd ld-hnds XLif, rec R, sd L (*W XRif undr jnd ld-hnds trng LF ½, rec L contg LF trn to fc ptr, sd R*) to Low Bfly WALL, -; **{Hip Rock}** Leaving ft ip chg wgt w/ hip action apt ovr R ft, tog ovr L ft, apt ovr R ft, -;

09-12 BACK BREAK to ½ OP LOD ; OP IN & OUT RUNS ; ; FENCE LINE w/ ARMSWEEP & r-hndshk ;
{Bk Break to ½ OP LOD} XLib trng to ½ OP LOD, rec R, fwd L twd ½ OP LOD, -; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xifo W cont trn, sd & fwd R to ½ LOP LOD w/ trl-arms extended to sd (*W Fwd L, R, L*), -; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xifo M cont trn, fwd & sd R*) to ½ OP LOD w/ ld-arms extended to sd, -; **{Fence Line w/ Armsweep}** XRif (*W XLif*) w/ bent knee r-arm circle CCW ifo body, rec L, sd R to r-hndshk WALL, -;

13-16 HALF MOON TWICE ; ; ; ;
{Half Moon x 2} [r-hndshk WALL] Swvl on R cross L thru to RLOD (*W cross R thru*), rec R to fc, sd L, -; Bk R leading W across body, rec L trng LF to fc COH, sd R (*W fwd R comm LF trn, fwd L cont LF trn to fc ptr, sd R*) to r-hndshk COH, -; Repeat meas 13,14 Part B to BFLY WALL ; ;

ENDING

01 CROSS CHECK & HOLD ;
{Cross Check & Hold} XLif (*W XRif*) w/ bent knee & Hold, -, -, -;