

# FROM BOTH SIDES

**Music :** Casa Musica Dana Winner  
Cd The Magic of Rumba Track #13 Time 3:49  
Available from danceshopper.com/ballroom-dance-music  
Or choreographer

**Rhythm:** Rumba **Phase:** V + **Unph figures**

**Footwork:** Opposite , except where (Noted)

**Release Date:** Feb 2013

**Choreo:** Jos Dierickx Beverlosestwg 14B2 3583 Paal Belgium  
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**Sequence :** INTRO AB AB AB END



Dana Winner

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## INTRO

### 01-04 BFLY POS WALL LD FT FREE WAIT 2 MEAS ; ; AIDA to RLOD ; SWITCH ROCK ;

{Wait} BFLY pos WALL ld ft free wt 2 meas ; ; {Aida to RLOD} Thru L to RLOD, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, - ; {Switch Rock} Sd & bk R trng RF to fc ptr, sd L, rec R, - ;

## PART A

### 01-04 ALEMANA to TAMARA ; ; WHEEL 3 ; UNWRAP to BFLY WALL ;

{Alemana to Tamara} [*Keepg both hnds jnd*] Fwd L, rec R, cl L, - ; XRib, rec L, cl R (*W [Keepg both hnds jnd] XLif under raised ld hnds begin full RF trn, fwd R contg RF trn to fc ptr, sd L compg trn*) to TAMARA POS WALL, - ; {Wheel 3} Wheelg RF fwd L, R, L (*W fwd R, L, R*) to TAMARA pos COH, - ; {Unwrap to BFLY WALL} Cont wheeling R, L, R (*W unwraps LF undr both hnds L, R, L*) to BFLY WALL, - ;

### 05-08 SPRING BREAK ; M ACROSS / (W INSD TRN) TO "L" POSITION ; SLINGSHOT CROSS BODY ; W OUT TO WALL ;

{Spring Break} Fwd L, rec R, push off R to lunge sd LOD L xtndg trail arm to sd (*W rk bk R, rec L while swvlg 1/4 RF to fc LOD, push off L to sit bk on R raisg trail arm up*) to end M fcg Wall and W fcg LOD w/ ld hnds jnd low while looking at ptr, - ; {M Across/W Insd Trn} Fwd R twd Wall stepg acrs frnt of W while trng 1/4 RF to fc LOD, sd L trng 1/4 RF to fc COH while raisg jnd ld hnds, R checkg swd movement & catchg W in R arm (*W fwd L LOD, fwd R trng 1/2 LF undr jnd ld hnds, bk L to RLOD*) to "L" position w/ M fcg COH & W fcg RLOD ; {Slingshot Cross Body} lunge sd L twd RLOD looking at ptr, rec R, cl L (*W cl R, fwd L, fwd R twd RLOD*), - ; {W Out to WALL} Relg trail hnds sm bk R comm LF trn like a Slip Pvt, sm fwd L contg LF trn to fc Wall, sd R (*W fwd L comm LF trn, fwd & sd R cont LF trn to fc COH, sd & bk L*) to BFLY WALL, - ;

### 09-12 BACK BREAK BOTH SPIRAL ; AIDA ; ROCK 3 & SWIVEL to FC ; SPOT TURN ;

{Bk Break Both Spiral} XLib trng to OP, rec R, twd LOD fwd L & spiral 7/8 RF (*W fwd R & spiral LF*), - ; {Aida} Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, - ; {Rock 3 & Swivel to Fc} Rk fwd L, rec R, fwd L, swivel 1/4 LF to fc ptr ; {Spot Trn} Relg hnds XRif (*W XLif*) trng 1/2 LF, rec L cont trn to fc ptr, sd R to BFLY WALL, - ;

### 13-16 FENCE LINE : THRU SERPIENTE ; ; FENCE LINE & hndshk ;

{Fence Line} XLif (*W XRif*) w/ bent knee, rec R, sd L, - ; {Thru Serpiente} Thru R, sd L, XRib, flare L CCW ; XLib, sd R, thru L, flare R CCW ; {Fence Line} XRif (*W XLif*) w/ bent knee, rec L, sd R to R-Hndshk WALL, - ;

## PART B

### 01-04 FLIRT ; ; SWEETHEART TWICE ; ;

{Flirt} Fwd L, rec R, sd L, - (*W bk R, rec L, fwd R, swvl 1/2 LF*) to VARS WALL ; Bk R, rec L, sd R (*W bk L, rec R, sd L slidg if of M*) relg hnds to L-TANDEM WALL, - ; {Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, sd L (*W Bk R w/ LF bdy trn & look at ptr xtndg both arms to sd, rec L, sd R*), - ; Chk Fwd R w/ RF bdy trn & look at ptr, rec L, sd R (*W Bk L w/ RF bdy trn & look at ptr, rec R, sd L*), - ;

**05-08 SWEETHEART/W SWIVEL to a FAN ; ; START STOP & GO HOCKEY STICK ; INTERRUPT WITH 2 SWIVELS ;**

**{Sweetheart /W Swivel to a FAN }** Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R , cl L (*W bk R w/ LF bdy trn & look at ptr xtndg both arms to sd , rec L , fwd R trng ¾ RF to fcg LOD*), -; Bk R, rec L, sd R (*W Fwd L, fwd R trng ½ LF to Fan pos, bk L*), -; **{Start Stop & Go Hockey Stick}** Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (*W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD*), -; **{2 Swivels}** [SS] Rk sd R trng bdy slightly LF, -, rk sd L trng bdy slightly RF (*W fwd L swvl LF 1/2, -, fwd R swvl RF ½*) still in "L" pos, -; [these rocks are in opposite direction]

**09-12 LADY OUT to a FAN ; HOCKEY STICK ; ; CROSS CHECK / W DEVELOPE ; BACK FACE CLOSE ;**

**{W Out to a FAN}** XRib, rec L, cl R (*W fwd L, fwd R trng ½ LF to fc RLOD, bk L to fan pos*) to "L" pos, -; **{Hockey Stick}** Fwd L, rec R, cl L (*W cl R, fwd L, fwd R*), -; Sm bk R, rec L, long fwd R (*W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L*) to LOP-FCG DRW, -; **{Cross Ck/W Develope}** [S] XLif ckg outsd ptr & hold for rest of meas (*W XRib, lift L ft up sd of R leg, xtnd L leg fwd w/ toe pointed dwn*); **{Bk Fc Cl}** Rec R trng to fcg WALL, sd L, cl R to BFLY WALL, -;

**ENDING**

**01 LEFT LUNGE & HOLD**

**{Left Lunge & Hold}** Lunge sd L with knee bend look RLOD,-,