

(SWITCHIN' IN THE KITCHEN)  
**GETTIN' READY FOR THE PARTY**

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**RECORD:** Star 172 (Switchin' in the Kitchen) (Speed to 46-47 or as desired)  
**RHYTHM:** Two Step, Ph II+1  
**FOOTWORK:** Opposite  
**SEQUENCE:** INTRO A A B A C ENDING

**INTRODUCTION**

- 1-4** **BFLY WALL WAIT;; HITCH APT; SCI THRU;**  
1-2 BFLY Wait::  
3-4 Bk L, cl R, fwd L, -; Sd R, cl L, thru R, -;  
**5-8** **BB TURN;; HITCH 6;;**  
5 Lunge sd L to fc, -, trng RF (W LF) rec R to LOP, -;  
6 Fwd L RLOD trng RF (W LF), -, rec R to SCP LOD, -;  
7-8 Fwd L, cl R, bk L, -; Bk R, cl L, fwd R, -;  
**9-12** **LACE UP;;;**  
9-10 Fwd L, cl R, fwd L (W Xif of M und lead hands), -; Fwd R, cl L, fwd R, -;  
11-12 Fwd L, cl R, fwd L (W Xif of M und trailing hnds), -; Fwd R, fwd L, fwd R to SCP, -;

**PART A**

- 1-4** **2 FWD TWO STPS;; CUT BKS; DIP & REC TO FC;**  
1-2 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R -;  
3-4 XLif, bk R, xLif, bk R; Rk bk L, -, rec R to CP WALL, -;  
**5-8** **TRAVELING BOX;;;**  
5-6 Sd L, cl R, fwd L, -; Sd & fwd R to RSCP, -, thru L (option W rev twrl 2), -;  
7-8 Sd R, cl L, bk R, -; Sd & fwd L to SCP, -, thru R, -;  
**9-12** **2 FWD TWO STPS;; BB TRN;;**  
9-10 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R -;  
11 Lunge sd L to fc, -, trng RF (W LF) rec R to LOP, -;  
12 Fwd L RLOD trng RF (W LF), -, rec R to OP LOD, -;  
**13-16** **CHARLESTON;; CIRCLE AWAY & TOG IN 4;; (SCP 1<sup>st</sup> time, TO FC 2<sup>ND</sup> AND 3<sup>RD</sup> TIMES)**  
13-14 Stp fwd L, -, pt fwd R, -; Stp bk L, -, pt bk R, -;  
15-16 Circling LF (W RF) fwd L, -, R, -; Cont circle fwd L, -, fwd R to SCP, -;  
(2<sup>nd</sup> BFLY & 3<sup>RD</sup> time to fc no hands, -;)

**REPEAT A**

**PART B**

- 1-4** **VINE & WRAP;; UNWRAP & CHG SIDES;;**  
1-2 Sd L, xRib, Sd L, tch R; Sd R, xLib, sd R, tch L (W does LF wrap L, R, L, tch R ending in wrap pos fcg LOD);  
3 M sip L, R, L, tch (releasing lead hnds W unwraps RF R, L, R, tch);  
4 Exchg plcs fwd R, L, R, trng RF to fc COH (W fwd L, R, L, und M's R hnd ending in BFLY), -;  
**5-8** **VINE & WRAP;; UNWRAP; SPIN MANUV TO CP LOD;**  
5-8 Repeat meas 1-3 Part B fcg COH;;; Fwd R trng RF to fc LOD, sm sd L, cl R, (W spins LF L, R, L, ending in CP LOD), -;  
**9-12** **TWO FWD TWO STPS;; PROG SCI 2X CHKG;;**  
9-10 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R -;  
11-12 Sd L, cl R, xLif (xRib), -; Sd R, cl L, xRif (xLib) to bjo, -;  
**13-16** **FISHTAIL; FWD FC; ½ BOX; SCI THRU;**  
13-14 XLib beg curv RF, sd R, fwd L, lk R; Fwd L, -, fwd R to fc ptr & WALL, -;  
15-16 Sd L, cl R, fwd L, -; Sd R, cl L, thru R to SCP, -;

REPEAT A

**PART C**

- 1-4     **SOLO L TURNING BOX;;;:**  
1-2     Sd L, cl R, fwd L trng ¼ to fc LOD, -; Sd R, cl L, bk R trng ¼ LF to COH, -;  
          (W sd R, cl L, bk R trng ¼ RF to fc RLOD, -; Sd L, cl R, fwd L trng ¼ LF to fc WALL, -;)  
3-4     Sd L, cl R, fwd L trng ¼ LF to fc RLOD, -; Sd R, cl L, bk R trng ¼ LF to BFLY WALL, -;  
          (W sd R, cl L, bk R trng ¼ LF to fc LOD, -; Sd L, cl R, fwd L trng ¼ LF to fc M, -;)
- 5-8     **SD CL SD; RK BK TO LOP REC TO FC; SD CL SD; RK BK & REC TO OP LOD;**  
5-6     Sd L, cl R, sd L, -; Trng RF rk bk R to fc RLOD, -, rec L to fc ptr, -;  
7-8     Sd R, cl L, sd R, -; Trng LF rk bk L to fc LOD, -, rec R to OP, -;
- 9-12    **CIRCLE AWAY 2 TWO STPS;; STRUT TOG SCP;;**  
9-10    Circling LF twd COH (W RF to WALL) fwd L, R, L, -; Cont circle fwd R, L, R to fc ptr &  
          wall, -;  
11-12   Fwd L, -, R, -; Fwd L, -, R to SCP, -;
- 13-16   **HITCH 6;; SCOOT 4; WALK & FC BFLY;**  
13-14   Fwd L, cl R, bk L, -; Bk R, cl L, fwd R, -;  
15-16   Fwd L, cl R, fwd L cl R; Fwd L, -, fwd R trng to fc ptr BFLY, -;

**ENDING**

- 1-4     **SD DRAW L & R;; SL TWIST VINE 4;; SD LUNGE;**  
1-2     Sd L, -, dr tch R, -; Sd R, -, dr tch L, -;  
3-4     Sd L, -, XRib (W XLif), -; Sd L, -, XRif (W XLib), -; Sd L softening knee & hold;  
          (no beat on twist vine—just keep tempo going)