



GOLDEN YEARS

Choreographers:	Release date: November 2014
Annette & Frank Woodruff	Rhythm & Phase: Cha Cha IV+2 (Open Hip Twist, Chasse Roll)
	Music: David Bowie mp3 or CD or vinyl from Amazon or others
Rue du Camp, 87 7034 Mons, Belgium Tel: 3265 73 19 40	Time & Speed: 3:24 @ unchanged speed
	Footwork: Opposite except where indicated (W's footwork in parentheses)
E-mail: annetteandfrank@gmail.com	Sequence: Intro – A1 – B1 – A2 – B2 – A1(1-12) - Ending

INTRODUCTION

1	Wait ;	LOP-FCG WALL trl ft ptd twd RLOD wt 1 meas ;
2	Aida ;	Thru R, sd L trng RF, bk R/lk Lif, bk R to V-BK-TO-BK ;
3	Switch Rock ;	Sd & bk L to fc ptr, rec R, sd L/cl R, sd L ;
4	Spot Turn ;	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R ;

PART A1

1	Open Hip Twist ;	Ck fwd L, rec R, sm bk L/cl R, bk L (<i>W rk bk R, rec L, fwd R/fwd L, fwd, swvl ¼ RF on R ft</i>) ;
2 - 3	Facing Fan with Triple Cha ;;	Bk R, rec L trng ¼ LF, fwd R/lk Lib, fwd R (<i>W fwd L, fwd R trng ½ LF, bk L/lk Rif, bk L</i>) to fc LOD w/ R palms jnd at shldr level ; changing to L palms fwd L/lk Rib, fwd L, changing to R palms fwd R/lk Lib, fwd R ;
4 - 5	Alemana Overturned ;;	Changing hnds to LOP-FCG fwd L, rec R, sd L/cl R, ip L raisg jnd ld hnds palm to palm (<i>W bl R, fwd L, fwd R/cl L, fwd R twd M's L sd</i>) ; bk R trng bdy slightly RF, rec L squaring bdy to fc ptr, sd R/cl L, sd R (<i>W fwd L undr jnd hnds & swvl RF to fc LOD, fwd R & swvl RF to fc WALL, cont RF trn fwd & sd L/cl R, fwd & sd L to end on M's R sd feg DRC</i>) ;
6	Short Lariat to fc COH ;	Sd L, rec R trng LF to fc COH, ip L/R, L (<i>W circ RF arnd M R, L, R/L, R</i>) to LOP-FCG COH ;
7	Whip ;	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R (<i>W fwd L reachg in front of M, fwd & sd R trng LF ½, sd L/cl R, sd L</i>) to LOP-FCG WALL ;
8	New Yorker in 4 ;	XLif (<i>W XRif</i>) w/ straight leg trng to LOP RLOD, rec R to fc, sd L, rec R ;
9	New Yorker to BFLY ;	XLif (<i>W XRif</i>) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L/cl R, sd L ;
10	Fence Line in 4 ;	XRif (<i>W XLif</i>) w/ bent knee, rec L, sd R, rec L ;
11 - 12	To LOD Crab Walks ;;	Twd LOD XRif (<i>W XLif</i>), sd L, XRif (<i>W XLif</i>)/sd L, XRif (<i>W XLif</i>) ; sd L, XRif (<i>W XLif</i>), sd L/cl R, sd L ;
13	Thru Vine 4 ;	Thru R, sd L, XRib (<i>W XLib</i>), sd L ;
14	Fence Line ;	XRif (<i>W XLif</i>) w/ bent knee, rec L, sd R/cl L, sd R ;
15 - 16	Shoulder to Shoulder 2x ;;	Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L ; fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL ;

PART B1

1	Open Break ;	Raisg trl hnd straight up w/ palm out [or extending it to the side if preferred] apt L strongly, rec R, sd L/cl R, sd L ;
2	Spot Turn to LCP ;	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R to LCP WALL ;

3 - 6	Chasse Roll Both Ways ;;;	XLib trng to SCP, relg trl hnds rec R to fc w/ ld hnds low, sd L/cl R, sd L trng RF (<i>W LF</i>) to BK-TO-BK ; relg ld hnds sd R/cl L, sd R contg trn to fc, sd L/cl R, sd L contg trn to ½ LOP RLOD ; rk bk R, rec L stg LF trn, sd R/cl L, sd R trng LF (<i>W RF</i>) to BK-TO-BK ; sd L/cl R, sd L contg trn to fc, sd R/cl L, sd R to LCP WALL ;
7	Latin Whisk ;	XLib (<i>W XRib</i>) to mom SCP, rec R to LCP, sd L/cl R, sd L ;
8	Underarm Turn to Man's R Side ;	Raisg jnd ld hnds & trng bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R/cl L, sd R (<i>W swvlg ¼ RF on ball of R ft fwd L trng ½ RF, rec R trng ¼ RF to fc ptr sd L/cl R, sd L to end slightly on M's R sd</i>) ;
9 - 10	Lariat ;;	Press sd L, rec R, ip L/R, L (<i>w/ ld hnds jnd W circ CW arnd M fwd R, L, R/L, R</i>) ; press sd R, rec L, ip R/L, R (<i>W cont CW circ arnd M fwd L, fwd R, fwd L/cl R, sd L</i>) to LOP-FCG WALL ;
11	New Yorker ;	XLif (<i>W XRif</i>) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L/cl R, sd L ;
12	Aida ;	Thru R, sd L trng RF, bk R/lk Lif, bk R to V-BK-TO-BK ;
13	Switch Cross ;	Trng LF to fc ptr bk & sd L, rec R to BFLY, XLif (<i>W XRif</i>)/sd R, XLif (<i>W XRif</i>) lookg RLOD ;
14	Crab Walks Ending to LCP ;	Sd R, XLif (<i>W XRif</i>), sd R/ cl L, sd R to LCP WALL ;
15 – 19 ½	Pretzel Turn w/Double Rock to Face No Hands ~	Rk bk L to SCP, rec R, trng twd each other [M RF & W LF] & retaing ld hnds jnd low thruout sd chasse L/R, L; R/L, R to end in slight V-bk-to-bk pos DLC (<i>W DLW</i>) w/ ld hnds still jnd bhd bk, xtndg free hnd twd LOD dip fwd L, rec R; dip fwd L, rec R, trng awy from each other [M LF & W RF] sd chasse L/R, L; contg trn R/L, R to fc ptr w/ no hnds jnd ;
	Time Step 2x ;;;,;	XLib (<i>W XRib</i>) xtndg hnds to sd, rec R bring hnds in, sd L/cl R, sd L ; XRib (<i>W XLib</i>) xtndg hnds to sd, rec L bring hnds in, sd R/cl L, sd R ;

PART A2

1	Open Hip Twist ;	Jng ld hnds rpt meas 1 Part A1 ;
2 - 4	Facing Fan with 5 Chas ;;;	Bk R, rec L trng ¼ LF, fwd R/lk Lib, fwd R (<i>W fwd L, fwd R trng ½ LF, bk L/lk Rif, bk L</i>) to fc LOD w/ R palms jnd at shldr level ; changing to L palms fwd L/lk Rib, fwd L, changing to R palms fwd R/lk Lib, fwd R ; changing to L palms fwd L/lk Rib, fwd L ; changing to R palms fwd R/lk Lib, fwd R ;
5 - 6	Alemana Overturned ;;	Repeat meas 4-7 Part A1 ;;;
7	Short Lariat to face COH ;	
8	Whip ;	
9	New Yorker ;	Repeat meas 9 Part A1 ;
10 - 11	Crab Walks ;;	Repeat meas 11-12 Part A1 ;;
12	Spot Turn to HNDSHK ;	Repeat meas 4 Intro to HNDSHK ;
13 - 15	Shadow Break 3x ;;;	XLib (<i>W XRib</i>) trng ¼ LF to SD-BY-SD LOD w/ R hnds jnd in front of bdiies & L hnds xtnd to sd at shldr level, rec R to fc ptr, sd L/cl R, sd L ; XRib (<i>W XLib</i>) trng 1/4 RF to SD-BY-SD RLOD same styling, rec L to fc ptr, sd R/cl L, sd R; rpt meas 13 Part A2 ;
16	Spot Turn ;	Repeat meas 4 Intro to LOP-FCG WALL ;

PART B2

1	Open Break ;	Repeat meas 1-8 Part B1 ;;;,;	
2	Spot Turn to LCP ;		
3 - 6	Chasse Roll Both Ways ;;;		
7	Latin Whisk ;		
8	Underarm Turn to BFLY ;		
9	Hand to Hand ;		Swvlg sharply on ball of R ft XLib (<i>W XRib</i>) trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L;
10	Spot Turn to HNDSHK ;		Repeat meas 4 Intro to HNDSHK ;
11 - 13	Shadow Break 3x ;;;		Repeat meas 13-15 Part A2 ;;;
14	Spot Turn to CP ;	Repeat meas 4 Intro to CP WALL ;	
15 – 19 ½	Pretzel Turn w/Double Rock to Face No Hands ~	Repeat meas 15 – 19 ½ Part B1 ;;;,;	
	Time Step 2x ;;;,;		

Repeat Part A1 (1-12)

ENDING

1	Aida ;	Repeat meas 2-4 Intro ;;;
2	Switch Rock ;	
3	Spot Turn to CP ;	
4	Hand to Hand to a Side Lunge;	XLib (<i>W XRib</i>) trng to OP LOD, rec R to BFLY WALL, sd lunge L, - ;



David Robert Jones (born 8 January 1947), known professionally by his stage name David Bowie is an English singer, songwriter, multi-instrumentalist, actor, and arranger. He is also a painter and collector of fine art. Bowie has been a major figure in the world of popular music for over four decades, and is renowned as an innovator, particularly for his work in the 1970s. He is known for his distinctive voice as well as the intellectual depth and eclecticism of his work. Aside from his musical abilities, he is recognized for his androgynous beauty, which was an iconic element to his image, particularly in the 1970s and 1980s. David Buckley says of Bowie: "His influence has been unique in popular culture—he has permeated and altered

more lives than any comparable figure. In the BBC's 2002 poll of the 100 Greatest Britons, Bowie was placed at number 29. Throughout his career, he has sold an estimated 140 million albums.

GOLDEN YEARS – WOODRUFF – CH IV+2 – DAVID BOWIE – 3:24**INTRO (4 meas)**

LOP-FCG WALL Trail foot pointed twds RLOD wait 1 meas ;
Aida ; Switch Rock ; Spot Turn ;

PART A1 (16 meas)

Hip Twist to a Facing Fan with Triple Cha ;;; Alemana (overturned) into a
Short Lariat to face COH ;;; Whip ; New Yorker in 4 ;
New Yorker to BFLY ; Fence Line in 4 ; To LOD Crab Walks ;; Thru Vine 4 ;
Fence Line ; Shoulder to Shoulder 2x ;;

PART B1 (19 ½ meas)

Open Break ; Spot Turn to CP ; Chasse Roll Both Ways ;;;; Latin Whisk ;
Underarm Turn into a Lariat ;;; New Yorker ; Aida ; Switch Cross ;
Crab Walks Ending to CP ; Pretzel Turn with Double Rock to Fc No Hands ~
Time Step 2x ;;;;,,

PART A2 (16 meas)

Hip Twist to a Facing Fan with 5 Chas ;;;; Alemana (overturned) into a
Short Lariat to face COH ;;; Whip ; New Yorker ; Crab Walks ;; Spot Turn to
HNDSHK ; Shadow Break 3x ;;; Spot Turn ;

PART B2 (19 ½ meas)

Open Break ; Spot Turn to CP ; Chasse Roll Both Ways ;;;; Latin Whisk ;
Underarm Turn to BFLY ; Hand to Hand ; Spot Turn to HNDSHK ;
Shadow Break 3x ;;; Spot Turn to CP ; Pretzel Turn with Double Rock to Fc No
Hands ~ Time Step 2x ;;;;,,

PART A1 (1-12)

Hip Twist to a Facing Fan with Triple Cha ;;; Alemana (overturned) into a
Short Lariat to face COH ;;; Whip ; New Yorker in 4 ;
New Yorker to BFLY ; Fence Line in 4 ; To LOD Crab Walks ;;

ENDING (4 meas)

Aida ; Switch Rock ; Spot Turn to CP ; Hand to Hand to a Side Lunge ;