

GOODNIGHT MY LOVE

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Choreography: Lee & Irene Rogers, 3892 Cook-Underwood Rd, Cook, WA 98605
phone: 509-538-2828 or 360-624-2707(cell) email: Lee.Rogers@pepperdine.edu
Music: "Goodnight, My Love, Pleasant Dreams (Album Version)" Artist: Gloria Estefan
Recording: "Hold Me, Thrill Me, Kiss Me" Track 12
Footwork: Opposite except where otherwise noted
Rhythm/Level: Slow Two Step Level: Phase IV+2+1 (Triple Traveler, Hinge, Sweetheart Switch)
Timing: 6/8 music; weight changes 1--4-6 except where otherwise noted Difficulty: Average
Speed: 34mpm as recorded, 31mpm at 92% Duration: 2:52 as recorded, 3:07 at 92%
Sequence: Intro A B A[1-26] Ending

INTRO

CUDDLE POSITION – WALL – LD FT FREE

1-4 WAIT 2 MEAS;; SD TCH L & R;;

- 1-2 Wait 2 meas ;;
- 1--4-- 3 Sd L, -, -, tch R, -, - ;
- 1--4-- 4 Sd R, -, -, tch L, -, - to CUDDLE POS WALL ;;

5-8 OPEN BASICS TO HALF-OPEN;; ROLL 6 TO BFLY;;

- 5 Sd L trng RF (W LF) to L-1/2-OP, -, -, XRib, -, rec L trng LF (W RF) to fc ptr ;
- 6 Sd R trng LF (W RF) to 1/2-OP, -, -, XLib, -, rec R to 1/2-OP LOD ;
- 7 [With each stp progressing down LOD] Fwd L stg LF trn, -, -, sd R contg LF trn, -, bk L compg LF trn to fc RLOD ;
- 8 [With each stp progressing down LOD] Bk R stg LF trn, -, -, sd L compg LF trn to fc WALL, -, cl R blndg to BFLY WALL ;

PART A

1-4 BASIC;; TWSTY BASICS TO WRAP LADY TRANS;;

- 1 Sd L, -, -, XRib (W XLib), -, rec L ;
- 2 Sd R, -, -, XLib (W XRib), -, rec R ;
- 3 Trng slightly RF sd L, -, -, XRib, -, rec L (W trng slightly RF sd R, -, -, XLif, -, rec R) to BFLY WALL ;
- 1--4-6 4 Trng slightly LF sd R raise jnd ld hnds to ld W to trn LF, -, -, XLib trng LF to fc LOD, -, (1--4--)
rec R (W sd L stg LF trn undr jnd ld hnds, -, -, XRif contg LF trn, -, -) to WRP LOD ;

5-8 SWEETHEART RUNS;; SWEETHEART SWITCH; LADY ACROSS;

- 5 [Same footwork in meas 5-8] Fwd L, -, -, fwd R, -, fwd L ;
- 6 Fwd R, -, -, fwd L, -, fwd R to WRP LOD ;
- 7 Fwd & sd L across W trn RF to fc LOD w/ W on L side (W trng RF sd & bk L cont RF trn) to L-WRP LOD, -, -, fwd R, -, fwd L ;
- 8 Fwd R small step moving W across bdy, -, -, fwd L, -, fwd R (W fwd & sd R across ifo M, -, -, fwd L, -, fwd R) to WRP LOD ;

9-12 START PARALLEL CHASE; WALK 2; FINISH PARALLEL CHASE; WALK 2;

- 9 [Same footwork in meas 9-12] Fwd L & trn RF to L-WRP RLOD, -, -, fwd R, -, fwd L ;
- 1--4-- 10 Fwd R, -, -, fwd L, -, - ;
- 11 Fwd R & trn LF to WRP LOD, -, -, fwd L, -, fwd R ;
- 1--4-- 12 Fwd L, -, -, fwd R, -, - ;

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13-16 LARIAT 9 – TO BFLY WALL MAN TRANS;;; SLOW MERENGUE;

- 13 [During meas 13-15 W makes a wide circle CCW around M] Cl L while ldg W across ifo M then release trlg hnds & raise ld hnds, -, -, sip R, -, sip L trng RF to fc WALL (W fwd L trng LF, -, -, fwd R contg LF trn, -, fwd L contg LF trn ;
- 14 Sd R, -, -, cl L, -, sip R (W fwd R contg LF trn, -, -, fwd L contg LF trn, -, fwd R contg LF trn) ;
- 1--4-- 15 Sd L, -, -, cl R, -, - (W fwd L contg LF trn, -, -, fwd R compg LF trn to fc COH, -, cl L)
(1--4-6) blndg to BFLY WALL ;
- 1--4-- 16 Sd L, -, -, cl R, -, - (W sd R, -, -, cl L, -, -) to BFLY WALL ;

17-20 LUNGE BASICS;;; UNDRM TRN; LARIAT 3 TO L-OP LOD;

- 17 Sd L with lunge action, -, -, rec R, -, thru L ;
- 18 Sd R with lunge action, -, -, rec L, -, thru R ;
- 19 Sd L raising jnd ld hnds ldg W to trn RF, -, -, XRib, -, rec L (W sd R, -, -, XLif trng RF undr jnd ld hnds, -, sd R contg trn to fc ptr & slightly twd his R side) ;
- 20 Sd R, -, trng 1/4 LF rec L, fwd R (W fwd L, -, R, L around M clockwise undr jnd ld hnds) to L-OP LOD ;

21-24 OUTSD ROLL; BASIC ENDG; OPEN BASICS;;;

- 21 Fwd L, -, -, fwd R, -, fwd L trng 1/4 LF (W twrl RF undr jnd ld hnds moving down RLOD R, -, -, L, -, R to fc ptr and WALL) blndg to CP COH ;
- 22 Sd R, -, -, XLib (W XRib), -, rec R to CP COH ;
- 23 Sd L trng RF (W LF) to L-1/2-OP, -, -, XRib, -, rec L trng LF (W RF) to CP COH ;
- 24 Sd R trng LF (W RF) to 1/2-OP, -, -, XLib, -, rec R to CP then begin trng LF twd RLOD ;

25-28 L TRN INSD ROLL; BASIC ENDG; LUNGE BASICS;;;

- 25 Fwd L trng LF to fc WALL, -, -, sd R, -, XLif (W bk R trng LF, -, -, sd L trng LF undr jnd ld hnds, -, sd R contg LF trn to fc ptr) to CP WALL ;
- 26 Sd R, -, -, XLib (W XRib), -, rec R blndg to BFLY WALL ;
- 27-28 Repeat Meas 17-18 on Part A ;;

29-32 TWSTY BASIC; REV UNDRM TRN; SLOW HIP RK 4 – PU ;;

- 29 Repeat Meas 3 of Part A ;
- 30 Sd R raising jnd ld hnds ldg W to trn LF, -, -, XLif, -, rec R (W sd L, -, -, XRif trng LF undr jnd ld hnds, -, contg trn rec L to fc ptr) to LO-HND-HOLD WALL ;
- 1--4-- 31 Rk sd L roll hips sd & bk, -, -, rk sd R roll hips sd & bk, -, - ;
- 1--4-- 32 Rk sd L roll hips sd & bk, -, -, rk sd R roll hips sd & bk blndg to CP, -, stg bdy movement twd LOD trn LF to CP LOD ;

PART B**1-4 TRIPLE TRAVELER;;; FWD 3 [L-OP LOD];**

- 1 Fwd L, -, -, fwd R, -, fwd L (W sd & bk R trng 1/4 LF, -, -, sd & fwd L trng LF undr jnd ld hnds, -, sd & fwd R cont LF trn to fc LOD) ;
- 2 Fwd R spiral LF undr jnd ld hnds, -, -, fwd L, -, fwd R (W fwd L, -, -, R, -, L) ;

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- 3 Fwd L, -, -, fwd R, -, fwd L (W twrl RF undr jnd ld hnds moving down LOD R, -, -, L, -, R) to L-OP LOD ;
- 4 Fwd R, -, -, fwd L, -, fwd R to L-OP LOD ;
- 5-8 ROLL LADY ACROSS; RUN 3 TO FC; LUNGE BASICS – PU TO LO-HND-HOLD;;**
- 5 Fwd L, -, -, fwd R, -, fwd L (W fwd R diag acrs LOP stg RF roll acrs ifo M, -, -, sd L compg roll to fc LOD, -, fwd R) to 1/2-OP LOD ;
- 6 Fwd R, -, -, fwd L, -, fwd R trng RF to BFLY WALL ;
- 7-8 Repeat Meas 17&18 of Part A except endg with pickup to LO-HND-HOLD LOD ;;
- 9-12 TRAV CROSS CHASSES 4X – END IT BFLY WALL;;;**
- 9 With both hnds jnd at hip level trn LF to fc DLW sd & fwd L, -, -, sd R twd DLW, -, XLif (W XRif) ;
- 10 Trn RF to fc DLW sd & fwd R, -, -, sd L twd DLC, -, XRif (W XRif) ;
- 11 Repeat Measure 9 of Part C ;
- 12 Trn RF to fc DLW sd & fwd R, -, -, sd L twd DLC, -, XRif (W XRif) trng RF to BFLY WALL ;
- 13-16 UNDRM TRN; REV UNDRM TRN; SLOW MERENGUE 4;;**
- 13 Sd L raising jnd ld hnds ldg W to trn RF, -, -, XRif, -, rec L (W sd R, -, -, XLif trng RF undr jnd ld hnds, -, sd R contg trn to fc ptr) to BFLY WALL ;
- 14 Repeat Meas 30 of Part A ;
- 1--4-- 15 Repeat Meas 16 of Part A ;
- 1--4-- 16 Repeat Meas 16 of Part A ;

ENDING

- 1-4 SLOW MERENGUE 4;; PROM SWAY ~ CHNG TO OVERSWAY; RISE & REC;**
- 1 [During first 3 “measures” there is voice only - no music beats] Slow sd L ~ slow cl R ;
[during the pause after the word “you”]
- 2 Slow sd L ~ slow cl R ; [during the words “will never”]
- 3 Sd & fwd L to SCP DLW with R sd stretch lookg over jnd ld hnds [during the word “grow”] ~ soften L knee & chg to L sd stretch extending R leg w/ only toe touching floor [during the word “cold”] ;
- 4-- 4 Rise on L, -, -, slip small bk R to CP WALL, -, - ; [**Rise** during the first four drum beats, and **slip** during the last three drum beats]
- 5-8 BASIC;; UNDRM TRN [CP]; CUCA CROSS TO HINGE & EXTEND;**
- 5-6 Repeat Measures 1&2 of Part A ;;
- 7 Sd L raising jnd ld hnds ldg W to trn RF, -, -, XRif, -, rec L (W sd R, -, -, XLif trng RF undr jnd ld hnds, -, sd R contg trn to fc ptr & slightly twd his R side) blndg to loose CP ;
- 1234-- 8 Sd R, rec L, XRif, sd & bk L trng LF, lead W to hinge then relax L knee with R sway then slowly extend L arm out to sd lookg twd but over W, - (W Sd L, rec R, XLif, sd & fwd R trng LF, XLif leavg R ft ptg twd M’s R ft then place R hnd on M’s L shldr & extend, -) ;
- (12345--)

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QUICKCUES

Rhythm/Level: Slow Two Step **Level:** Phase IV+2+1(Triple Traveler, Hinge, Sweetheart Switch)
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INTRO

CUDDLE POSITION – WALL – LD FT FREE
WAIT 2 MEAS;; SD TCH L & R;;
OPEN BASICS TO HALF-OPEN;; ROLL 6 TO BFLY;;

Part A

BASIC;; TWSTY BASICS TO WRAP LADY TRANS;;
SWEETHEART RUNS;; SWEETHEART SWITCH; LADY ACROSS;
START PARALLEL CHASE; WALK 2; FINISH PARALLEL CHASE; WALK 2;
LARIAT 9 – TO BFLY WALL MAN TRANS;;; SLOW MERENGUE;
LUNGE BASICS;; UNDRM TRN; LARIAT 3 TO L-OP LOD;
OUTSD ROLL; BASIC ENDG; OPEN BASICS;;
L TRN INSD ROLL; BASIC ENDG; LUNGE BASICS;;
TWSTY BASIC; REV UNDRM TRN; SLOW HIP RK 4 – PU;;

Part B

TRIPLE TRAVELER;;; FWD 3 [L-OP LOD];
ROLL LADY ACROSS; RUN 3 TO FC; LUNGE BASICS – PU TO LO-HND-HOLD;;
TRAV CROSS CHASSES 4X – END IT BFLY WALL;;;;
UNDRM TRN; REV UNDRM TRN; SLOW MERENGUE 4;;

Part A[1-26]

BASIC;; TWSTY BASICS TO WRAP LADY TRANS;;
SWEETHEART RUNS;; SWEETHEART SWITCH; LADY ACROSS;
START PARALLEL CHASE; WALK 2; FINISH PARALLEL CHASE; WALK 2;
LARIAT 9 – TO BFLY WALL MAN TRANS;;; SLOW MERENGUE;
LUNGE BASICS;; UNDRM TRN; LARIAT 3 TO L-OP LOD;
OUTSD ROLL; BASIC ENDG; OPEN BASICS;;
L TRN INSD ROLL; BASIC ENDG;

Ending

SLOW MERENGUE 4;; PROM SWAY ~ CHNG TO OVERSWAY; RISE & REC;
BASIC;; UNDRM TRN [CP]; CUCA CROSS TO HINGE & EXTEND;