

GUANTANAMERA



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PDDM-0001 CD "The PD Special" Track 5
or available from choreographer on MP3 file e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha Phase V + 1 [Reverse Top] + Unphased Figures
Sequence : Intro - A - B - A(1-8) - B - A(9-16) - Ending **Speed** : 29 MPM
Timing : 123&4 unless noted by side of measure **Footwork** : Opposite except where noted
Released : Nov, 2008 Ver. 1.0

INTRO

1 - 4 WAIT;; FULL TRN CHASE;;

1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
3-4 {Full Turn Chase} Fwd L trn 1/2 RF, rec R cont trn to fc Wall, bk L/lk RIF, bk L; bk R, rec L,
fwd R/lk LIB, fwd R,- (W bk R, rec L, fwd R/lk LIB, fwd R; fwd L trn 1/2 RF, rec R cont trn
to fc COH, bk L/lk RIF, bk L) end LOP Fcg Wall;

PART A

1 - 4 OPN HIP TWIST; W SPIRAL OUT M TRANS; HIP TWIST CHASSE; RONDE CHASSE;

1 {Open Hip Twist} Fwd L, rec R, bk L/sm pull R bk twd L, cl L [Slip Chasse] pushing arm fwd
gently to lead W to swivel RF (W bk R, rec L, fwd R/lk LIB, fwd R swivel 1/4 RF on R)
end L-Shape M fc Wall W fc LOD;
1234 (123&4) 2 {W Spiral Out M Transition} Bk R, rec L, cl R, sd L (W fwd L, fwd R spiral LF to fc Wall,
sm step sd L/cl R, sd L) end Left Sd-By-Sd Pos M slightly behind W Fc Wall;
3 {Hip Twist Chasse} [same footwork] Bk R, rec L, XRIF/twisting RF on R cl L, sd R;
4 {Ronde Chasse} [same footwork] Fwd L, rec R ronde L CCW, XLIB/cl R, sd L;

5 - 8 M OUT W TRANS TO FC; QK NYs; GUAPACHA X BASIC;;

(1234) 5 {M Out W Transition To Face} Twd DLW fwd R, fwd L trn LF to fc ptr, sd R/cl L, sd R
(W cl R, sd L, cl R, sd L) end LOP Fcg COH;
1&23&4 6 {Quick New Yorkers} Thru L/rec R, sd L, thru R/rec L, sd R;
-&23&4 7-8 {Guapacha Cross Basic} Blend to CP hold the last sd step of the previous meas rising
-&23&4 slightly/almost falling XLIF (W XRIB) comm trn 1/4 LF, cont trn rec R to fc RLOD, sd L/cl R,
sd L end CP RLOD; hold and rising slightly/almost falling XRIB (W XLIF) comm trn 1/4 LF,
cont trn rec L to fc Wall, sd R/cl L, sd R end CP Wall;
Note : Second time meas 8 ends Hndshk Wall

9 - 12 NAT OPNG OUT W SPIRAL TO REV TOP w/FAN END:;;;:

- 9 {Natural Opening Out W Spiral} Giving W slight left sd lead with right sd stretch to open her out sd L with left sd stretch and shaping to ptr, rec R with slight right sd lead to lead W to CP, sd L/cl R, sd L lead W to spiral LF (W with slight left sd stretch trn 1/2 RF bk R with right sd stretch, rec L with left sd stretch trn 1/2 LF blend to CP, sd R/cl L, sd R spiral LF to fc DLC);
- 10-11 {Reverse Top} Sd & fwd R comm trn LF, swivel LF on ball of R XLIF, swivel LF on ball of L sd & fwd R/XLIF, sd & fwd R (W fwd L twd DLC, swivel LF on ball of L sd R, XLIB/sd R, XLIB) end CP DRW; Cont trn XLIF, sd & fwd R, XLIF/sd & fwd R, XLIF (W sd R, XLIB, sd R/XLIB, sd R) end CP RLOD;
- 12 {Fan Ending} cont trn sd & fwd R, XLIF to fc Wall release trail hnds, sd R/cl L, sd R (W XLIB, sd R, cont trn to fc DLW bk L/lk RIF, bk L) end Fan Pos M fc Wall;

13 - 16 START HCKY STICK M TRANS: DBL CUBAN 2X:: HCKY STICK END M TRANS:

- 1234 13 {Start Hockey Stick To Tandem M Transition} Fwd L, rec R, cl L, sd R (W cl R, fwd L fwd R/L, R trn LF to fc Wall) end Tandem Wall both L ft free;
- 1&2&3&4 14-15 {Double Cuban Breaks Twice} [same footwork] XLIF/rec R, sd L/rec R, XLIF/rec R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;
- 1234 16 {Hockey Stick Ending M Transition} Bk L, rec R, fwd L, fwd R jn R-R hnds (W fwd L, fwd R trn LF to fc ptr, bk L/lk RIF, bk L) end Hndshk Wall;
Note : Second time meas 16 ends LOP Fcg Wall

PART B

1 - 5 CIRCULAR X BODY:;;;;:

- 1 {Circular Cross Body} Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
- 2 Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DRC;
- 3 Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont trng 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
- 4 Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DLW;
- 5 Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF to fc DRC, cont trng 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;

6 - 8 W SPIRAL TO RUNAWAY; W FWD SWVL TO ALEMANA M TRANS:;

- 6 {W Spiral To Runaway} Bk R, rec L, fwd run R/L, R (W fwd L, fwd R spiral LF 1 full trn, fwd run L/R, L) end both fc LOD W’s R hnd behind bk;
- 7-8 {W Forward Swivel To Alemana M Transition} Fwd L, rec R, release R-R hnds and jn lead hnds trng 1/4 RF sm step sd L/cl R, sd L (W fwd R swivel 1/2 RF on R, fwd L, fwd R/lk LIF, fwd R trn RF to fc COH pt L sd); bk R, rec L, sd R, rec L (W cont trn under jnd lead hnds fwd L twd LOD, cont trn fwd R twd DRW, cont trn to fc ptr sd L/cl R, sd L) end R-Hnd Star Pos fc Wall both R ft free;

1234
(123&4)

“Guantanamera”

(Continued)

9 - 12 PATTY CAKE w/SPIN; SPLIT CUBAN; SPOT TRN W TRANS;
GUAPACHA TIME STEP;

- 9 {Patty Cake With Spin} [same footwork thru meas 10] Lift R knee swivel LF on L fwd R, rec L swivel bk to fc ptr, spin RF 1 full revolution in pl R/L, R blend to L Hnd Star;
- 1&23&4 10 {Split Cuban} XLIF/rec R, sd L, chg to R Hnd Star XRIF/rec L, sd R;
- (1234) 11 {Spot Turn W Transiton} XLIF trn 3/4 RF, rec R cont trn to fc ptr, sd L/cl R, sd L (W XLIF trn 3/4 RF, rec R cont trn to fc ptr, sd L, rec R) end Fcg ptr & Wall no hnds jnd;
- &23&4 12 {Guapacha Time Step} Hold the last sd step of the previous meas rising slightly arms extended sd palms up/almost falling XRIB (W XLIB), rec L, sd R/cl L, sd R end LOP Fcg Wall;
Note : Second time meas 12 ends CP Wall

REPEAT PART A MEAS 1 THRU 8

REPEAT PART B

REPEAT PART A MEAS 9 THRU 16

END

1 - 8 OPN HIP TWIST; W SPIRAL OUT M TRANS; HIP TWIST CHASSE;
RONDE CHASSE; M OUT W TRANS TO FC; OK NYs; X BODY TO R LUNGE;;

- 1-6 Repeat meas 1 thru 6 Part A;;;;;
- 7 {Cross Body To Right Lunge} Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-shape M fc RLOD W fc Wall;
- 12&3 8 slip bk R comm trn LF, rec L cont trn to CP Wall/flex L knee, sd & fwd R flex R knee slight body trn LF look at ptr (W look well left),