

GYMNOPIEDIE No.1

By : Erik Satie



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0008 CD "Basic Dance Music Vol. 5" Track 7
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Waltz Phase III + 2 [Weave To Bjo, Telemark To Bfly]
Sequence : Intro - A - B - C - Int - A - B - Ending **Speed** : 29 MPM
Timing : 123 unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT; THRU SD BHD; ROLL 3; THRU FC CL;

- 1 {Wait} SCP LOD trail ft free wait 1 meas;
- 2 {Through Side Behind} Thru R, sd L, behind R;
- 3 {Roll 3} Roll LF (W RF) L, R, L end SCP LOD;
- 4 {Through Face Close} Thru R, sd & fwd L, cl R (W thru L trn LF to fc ptr, sd & bk R, cl L) end CP DLW;

PART A

1 - 4 FWD TO OK MANUV; BK & R CHASSE; CHK REC SD 2X;;

- 123& 1 {Forward & Quick Maneuver} Fwd L, fwd R trn 1/4 RF, sd L cont trn to fc RLOD/cl R end CP RLOD;
- 12&3 2 {Back & Right Chasse} Bk L comm trn RF, cont trn sd R/cl L, cont trn sd & fwd R end Scar COH;
- 3-4 {Check Recover Side Twice} Chk fwd L outsd ptr in CBMP, rec R, sd L end Bjo COH; chk fwd R outsd ptr in CBMP, rec L, sd R end Scar COH;

5 - 8 X HVR BJO; X HVR SCAR; X HVR SCP; CHAIR REC PT;

- 5 {Cross Hover To Bjo} XLIF, sd & fwd R with slight rise, sd & fwd L to Bjo LOD;
- 6 {Cross Hover To Scar} XRIF, sd & fwd L with slight rise, sd & fwd R to Scar LOD;
- 7 {Cross Hover To SCP} XLIF, sd & fwd R with slight rise, sd & fwd L (W trn RF to SCP sd & fwd R) end SCP DLC;
- 8 {Chair Recover Point} Lunge thru R, rec L, pt R bk end SCP DLC;

9 - 12 WEAVE TO BJO;; FWD FWD/LK FWD; MANUV;

- 9-10 {Weave To Bjo} Thru R, fwd L trn LF to CP, sd & bk R twd DLC; bk L twd DLC lead W to trn to CBMP, bk R trn body LF to CP, sd & fwd L twd DLW lead W to trn to CBMP (W thru L comm trn LF, cont trn sd R to CP, cont trn fwd L twd DLC; fwd R to CBMP, fwd L twd DLC trn body LF to CP, sd & bk R to CBMP) end Bjo DLW;
- 12&3 11 {Forward Forward/Lock Forward} Fwd R, fwd L/lk RIB, fwd L end Bjo DLW;
- 12 {Maneuver} Fwd R outsd ptr trn 1/4 RF, sd L cont trn to fc RLOD, cl R end CP RLOD;

13 - 16 OPN IMPETUS; THRU HVR BJO; BK HVR SCP; PICK UP;

- 13 {Open Impetus} Flex knee comm upper body trn RF bk L, cl R heel trn, sd & fwd L (W flex knee fwd R between M’s feet comm pivot 1/2 RF, sd & fwd L cont trn around M brush R to L, sd & fwd R) end SCP DLC;
- 14 {Through Hover To Bjo} Thru R, fwd L with slight rise chkg lead W to trn LF to fc, bk R (W thru L, fwd R trn LF to fc ptr, fwd L in CBMP) end Bjo DLC;
- 15 {Back Hover To SCP} Bk L, bk R with slight rise chkg lead W to trn RF to SCP, sd & fwd L (W fwd R outsd ptr, fwd L with slight rise trn RF, sd & fwd R) end SCP DLC;
- 16 {Pick Up} Thru R to pick W up, sd L, cl R (W thru L step in front of M trn LF to fc ptr, sd R, cl L) end CP DLC;

PART B

1 - 4 TELEMARK TO BFLY; CHASSE W ROLL L TO SHAD; SHAD R TRN; CHK BK HOLD REC;

- 1 {Telemark To Bfly} Fwd L comm trn LF, sd R cont trn, blend to bfly sd & fwd L (W bk R comm trn LF bring L beside R with no wgt, cl L heel trn, sd & fwd R) end Bfly SCP DLW;
- 12&3 (123) 2 {Chasse W Roll Left To Shadow} Release hnds thru R, sd & fwd L/cl R, sd & fwd L (W thru L comm trn 3/4 LF, sd & bk R cont trn, sd & fwd L to fc DLW) end Shadow DLW;
- 3 {Shadow Right Turn} [same footwork thru meas 6] (W with sm step) Fwd R comm trn RF, sd L cont trn to fc RLOD, bk R end Shadow RLOD;
- 4 {Check Back Hold Recover} Bk L chkg with lowering action,-, rec R;

5 - 8 SHAD L TRN; CHK BK HOLD REC; CHASSE W ROLL R TO SCP; THRU FC CL;

- 5 {Shadow Left Turn} (W with sm step) Fwd L comm trn LF, sd R cont trn to fc DLW, bk L;
- 6 {Check Back hold Recover} Repeat meas 4 Part B on opposite ft end Shadow DLW;
- 12&3 (123) 7 {Chasse W Roll Right To SCP} XRIF twd LOD, sd & fwd L/cl R, sd & fwd L (W XRIF comm trn RF, sd & bk L cont trn, sd & fwd R) end SCP LOD;
- 8 {Through Face Close} Thru R trn to fc ptr, sd L, cl R end CP Wall;

PART C

1 - 4 WHISK; WING; TRN L & R CHASSE; BK BK/LK BK;

- 1 {Whisk} Fwd L, fwd & sd R, XLIB (W XRIB) end Tight SCP DLC;
- 2 {Wing} Fwd R, draw L to R, tch L to R trn upper body LF with right side stretch (W Fwd L comm to XIF of M trn slightly LF, fwd R around M cont trn, fwd L around M cont trn) end tight Scar DLC;
- 12&3 3 {Turn Left & Right Chasse} Fwd L trn 1/8 LF, sd R/cl L, sd R trn 1/8 LF to Bjo DRC;
- 12&3 4 {Back Back/Lock Back} Bk L in CBMP to fc RLOD, bk R/lk LIF, bk R;

5 - 8 WEAVE END TO BJO; MANUV; SPIN OVRTRN; BOX BK;

- 5 {Weave Ending To Bjo} Repeat meas 10 Part A end Bjo DLW;
- 6 {Maneuver} Repeat meas 12 Part A;
- 7 {Spin Over Turn} Comm upper body trn RF bk L pivot 1/2 RF to fc LOD, fwd R between W’s feet cont trn 1/4 leave L leg bk & sd, rec bk L (W comm upper body trn fwd R between M’s feet pivot 1/2 RF, bk L cont trn brush R to L, fwd R) end CP Wall;
- 8 {Box Back} Bk R, sd & slightly bk L, cl R end CP Wall;

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(Continued)

INTERLUDE

1 - 4 HVR; THRU SD BHD; ROLL 3; THRU FC CL;

- 1 {Hover} Fwd L, fwd & sd R rise to ball of ft chkg, rec fwd L end SCP LOD;
- 2 {Through Side Behind} Repeat meas 2 Intro;
- 3 {Roll 3} Repeat meas 3 Intro;
- 4 {Through Face Close} Repeat meas 4 Intro;

REPEAT PART A

REPEAT PART B

END

1 - 5 SLO DIP BK; SLO REC; HVR; THRU CHASSE TO SCP; CHAIR;

- 1 {Slow Dip Back} Sm bk L with bent knee R leg remain extended forming straight line from hip to ankle toe remaining on floor,-,-;
- 2 {Slow Recover} Rec R,-,- end CP Wall;
- 3 {Hover} Repeat meas 1 Interlude;
- 12&3 4 {Through Chasse To SCP} Thru R trn RF to fc ptr, sd L/cl R, sd L to SCP LOD;
- 5 {Chair} Cross lunge thru R look LOD, hold, hold;