

## Here in Frisco

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Record: Capitol 4085 (S45-81122) "Here in Frisco" by Merle Haggard Also Available on I-Tunes

Speed: 50 rpm or to suit Time: 2:30 @ 45

Sequence: Intro A A B End Dance: Phase III Rumba + 1 [Alemana] Difficulty: AVG

### Intro

- 1 [OP/FCG/WL] WAIT 1 MEAS [beats are counted 1&, 2&, 3&, 4];
- 2 QUICK APT, PT, TOG, TCH [beats are counted 1&, 2&, 3, hold];  
2 bk L, pt R, fwd R, tch L,;

### Part A

Note: You'll hear the words "It's 4 AM" and the basic actually starts on the "M"

- 1-10 **BAS;; NY; THRU TO SERPIENTE;; FNC LN; NY; WHP ACRS [COH]; BAS;;**
  - 1-4 fwd L, rec R, sd L, -; bk R, rec L, sd R, -; strong XLIF straight leg to LOP, rec R to fc, sd L, -; thru R LOD, sd L, XRIB, fan L CCW(W thru L, sd R, XLIB, fan R CW);
  - 5-8 XLIB LOD, sd R, XLIF, fan R(W XRIB, sd L, XRIF, fan L, -); lunge RIF bending knee, rec L, sd R, -; strong XLIF straight leg to LOP, rec R to fc, sd L, -; bk R trng LF, fwd and sd L, sd R, - (W fwd L outsd M, fwd R trng LF 1/2, sd L, -);
  - 9-10 fwd L, rec R, sd L, -; bk R, rec L, sd R, -;
- 11-16 **NY; THRU TO SERPIENTE;; FNC LN; NY; WHP ACRS [WALL];**
  - 11-14 strong XLIF straight leg to LOP, rec R to fc, sd L, -; thru R RLOD, sd L, XRIB, fan L CW(W thru L, sd R, XLIB, fan R CCW); XLIB LOD, sd R, XLIF, fan R(W XRIB, sd L, XRIF, fan L, -); lunge RIF bending knee, rec L, sd R, -;
  - 15-16 strong XLIF straight leg to LOP, rec R to fc, sd L, -; bk R trng LF, fwd and sd L, sd R, - (W fwd L outsd M, fwd R trng LF 1/2, sd L, -);

### Part B

- 1-6 **NY [OP LOD]; PROG WK 3; SLD DR 2X;; CIRC AWY/TOG [TO TAMARA];;**
  - 1-4 strong XLIF straight leg to L OP, rec R to fc, sd L trng to OP/LOD, -; fwd R, L, R, -; in OP rk apt L, rec R, XLIF chgg sds beh W (W XRIF), -; in OP rk apt R, rec L, XRIF chgg sds beh W (W XLIF), -;
  - 5-6 Circ LF (W RF) fwd L, fwd R, Fwd L,-: Cont circg fwd R, fwd L, fwd R to fc ptr in W's Tamara pos-;
- 7-12 **WHL 3; UNWIND L [BFLY]; ALEMANA TO LARIAT;;;**
  - 7-10 in BJO Fwd L comm RF tm, fwd R, fwd L completing 1/2 tm to fc COH,-; Fwd R comm RF tm, fwd L completing RF tm to fc wl & bringing M's L & W's R hnds over W's head & trng W LF, cl R,; fwd L, rec R, sd L, -; bk R, rec L, sd R, - (W fwd LIFR tm RF, cont tm fwd R to fc M, sd L, -);
  - 11-12 sip L, R, L, - (W circ M CW R, L, R, -); sip R, L, R, - (W cont arnd M L, R, sd L to fc M, -);
- 13-16 **FNC LN 2X;; SPT TRN; CUCA R;**
  - 13-14 lunge LIF bending knee, rec R, sd L, -; lunge RIF bending knee, rec L, sd R, -;
  - 15-16 strong XLIF trng RF, cont tm rec R to fc ptr, sd L, -; sd R w/ partial wgt, rec L, cl R to L, -;

### End

- 1-4 **CIRC AWY/TOG;; SD CL TWICE; SD CORTE;**
  - 1-4 Circ LF (W Rf) fwd L, fwd R, fwd L,-; Cont circg fwd R, fwd L, fwd R to fc ptr,-; Sd L cl R, sd L cl R, -; Sd L using lowering action with supporting leg relaxed;