

HOLD ON FOREVER

Choreographers: Mary and Bob Townsend-Manning
 1238 Sunrise Cir, Washington, UT 84780
 (435) 773-8930, townsendmanning@gmail.com
Music: Hold On Forever Artist: Rob Thomas
 Album: The Great Unknown 3:34 @ 45 rpm
<https://www.youtube.com/watch?v=xCLN6JuXfpE>
Footwork: Opposite, except where noted
Rhythm/Level: Two Step II+2 (Strolling Vine, Fishtail) Released Jul 2018
Sequence: Intro A B Int A B C B End Revised Oct 2018

INTRODUCTION

1---4 {CP WALL} WAIT;; SD TWO STEP LEFT & RIGHT;;

1-2 CP WALL wait;;
 3-4 Sd L, cl R, sd L, -; Sd R, cl L, sd R, -;

PART A

1---4 {CP WALL} LEFT TRNG BOX;;;;

1-2 Sd L, cl R, fwd L trng ¼ LF, -; Sd R, cl L, bk R trng ¼ LF to CP COH;
 3-4 Repeat meas 1-2 of Part A to CP WALL;;

5--10 BASKETBALL TRN TO BFLY;; TRAVELING DOORS 2X;;;;

5-6 Fwd L trng RF to fc ptr, -, rec R trng RF to fc RLOD, -; Fwd L trng RF to fc COH, -, rec R trng RF to BFLY WALL, -;
 7-8 Rk sd L, -, rec R, -; XIF L, sd R, XIF L, -;
 9-10 Rk sd R, -, rec L, -; XIF R, sd L, XIF R, -;

11-16 OPEN VIN 4 TO CP WALL;; STROLLING VIN;;;;

11-12 Sd L, -, XIB R, -; Sd L, -, XIF R, - to CP WALL;
 13-14 Sd L, -, XIB R (W XIF L), -; Sd L, cl R, sd L trng ½ LF, -;
 15-16 Sd R, -, XIB L (W XIF R), -; Sd R, cl L, sd R trng ½ RF, -;

17-22 TWL 2; WK & PICKUP; 2 FWD TWO STEPS;; STRUT 4;;

17-18 Sd L, -, XRIB, - (Sd & fwd R trng ½ RF, -, sd & bk L comp RF trn, -); Fwd L, -, fwd R leading W to trn LF, - (W Fwd R, -, fwd L trng ½ LF, -) to CP LOD;
 19-20 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;
 21-22 Fwd L, -, fwd R, -; Fwd L, -, fwd R, -;

PART B

1---4 {CP LOD} PROG SCIS SCAR; 2 SD TCH; PROG SCIS BJO; FISHTAIL;

1-2 Sd L, cl R, XIF L (W XIB R), - to SCAR DLW; Sd R, tch L, sd L, tch R;
 3-4 Sd R, cl L, XIF R (W XIB L), - to BJO DLC; XIB L, sd R, fwd L, lock R;

5---8 FWD HITCH; BK LK 2X; HITCH SCIS SCP; HITCH 4;

5-6 Fwd L, cl R, bk L, -; Bk R, lk L, bk R, lk L;
 7-8 Bk R, cl L, fwd R, - (W Sd L, cl R, XIF L, -) to SCP LOD; Fwd L, cl R, bk L, cl R;

HOLD ON FOREVER

PART B CONTINUED

- 9--12** **FWD 2 STP; SCOOT; FWD 2 STP; SCOOT;**
9-10 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, cl L;
11-12 Fwd R, cl L, fwd R, -; Fwd L, cl R, fwd L, cl R;
- 13-16** **WK & FC IN BFLY; BASKETBALL TRN;; QK VN 4;**
13 Fwd L, -, fwd R trng to fc ptr, -;
14-15 Repeat meas 5-6 of Part A to BFLY WALL;;
16 Sd L, XIB R, sd L, XIF R;

INTERLUDE

- 1---4** **2 TRNG TWO STEPS;; SD TWO STP LEFT & RIGHT;;**
1-2 Sd L, cl R, sd L trng ½ RF, -; Sd R, cl L, sd R trng ½ RF, - to CP WALL;
3-4 Repeat meas 3-4 of Intro;;

REPEAT PARTS A & B

PART C

- 1---4** **2 TRNG TWO STEPS;; SD TWO STP LEFT & RIGHT;;**
1-4 Repeat meas 1-2 of Interlude;; Repeat meas 3-4 of Intro;;
- 5---8** **CIRCLE CHASE;;;**
5-6 Circling counterclockwise W following M fwd L, cl R, fwd L, -; Continue circling to COH fwd R, cl L, fwd R, - to TAND RLOD;
7-8 Cont circling counterclockwise M following W fwd L, cl R, fwd L, -; Continue circling to WALL fwd R, cl L, fwd R, - to BFLY WALL;
- 9—14** **TWL 2; WK & PICKUP; 2 FWD TWO STEPS;; STRUT 4;;**
9-14 Repeat meas 17-22 of Part A;;

REPEAT PART B

END

- 1---4** **2 TRNG TWO STEPS;; SD TWO STEP LEFT & RIGHT;;**
1-4 Repeat meas 1-2 of Interlude;; Repeat meas 3-4 of Intro;;
- 5---8** **CIRCLE CHASE;;;**
5-8 Repeat meas 5-8 of Part C;;;
- 9--12** **2 TRNG TWO STEPS;; SD TWO STEP LEFT & RIGHT;;**
9-12 Repeat meas 1-2 of Interlude;; Repeat meas 3-4 of Intro;;
- 13-16+** **FACE TO FACE; BACK TO BACK; BASKETBALL TRN;; LUNGE SD,**
13-14 } Sd L, cl R, sd L trng LF to fc LOD, -; Sd R trng LF to fc COH, cl L, sd R trng RF to fc LOD, -;
15-16+ Repeat meas of Part A to OP LOD;; Sd L extending ld arms,

HOLD ON FOREVER
Mary and Bob Townsend-Manning

HEAD CUES

INTRO

CP WALL WAIT;; SD 2 STP L & R;;

A

L TRNG BOX;;; BBALL TRN;; TRAV DOORS 2X;;; OP VIN 4;;
STRLLG VIN;;; TWL 2; WK & PU; 2 FWD 2'S;; STRUT 4;;

B

PROG SCIS SCAR; 2 SD TCH; PROG SCIS BJO; FSHTL; FWD HITCH; BK LK 2X;
HITCH SCIS SCP; HITCH 4; FWD 2 STP; SCOOT; FWD 2 STP; SCOOT;
WK & FC IN BFLY; BBALL TRN;; QK VIN 4;

INT

2 TRNG 2'S;; SD 2 STP L & R;;

A

L TRNG BOX;;; BBALL TRN;; TRAV DOORS 2X;;; OP VIN 4;;
STRLLG VIN;;; TWL 2; WK & PU; 2 FWD 2'S;; STRUT 4;;

B

PROG SCIS SCAR; 2 SD TCH; PROG SCIS BJO; FSHTL; FWD HITCH; BK LK 2X;
HITCH SCIS SCP; HITCH 4; FWD 2 STP; SCOOT; FWD 2 STP; SCOOT;
WK & FC IN BFLY; BBALL TRN;; QK VIN 4;

C

2 TRNG 2'S;; SD 2 STP L & R;; CIRC CHASE;;;;
TWL 2; WK & PU; 2 FWD 2'S;; STRUT 4;;

B

PROG SCIS SCAR; 2 SD TCH; PROG SCIS BJO; FSHTL; FWD HITCH; BK LK 2X;
HITCH SCIS SCP; HITCH 4; FWD 2 STP; SCOOT; FWD 2 STP; SCOOT;
WK & FC IN BFLY; BBALL TRN;; QK VIN 4;

END

2 TRNG 2'S;; SD 2 STP L & R;; CIRC CHASE;;;; 2 TRNG 2'S;; SD 2 STP L & R;;
FC TO FC; BK TO BK; BBALL TRN;; LUNGE SD,