# Hafanana

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Music: Eli Goulart CD: Pais tropical available as CD or download from

www.casa-musica.de

Start to fade out at 1.49 while circling to stop after waving.

Slow down at least 5%.

Rhythm/Phase: Jive Phase IV

Footwork: **opposite except where indicated** (W footwork in parentheses)

Sequence: Intro-A-B-C-B-C-End

Version: 1.0, July 2010

# <u>Intro</u>

### 1-4 WAIT; WAIT; FLICK STEP 4 TIMES;;

{Wait; Wait;} LOP-FCG LOD wait 2 meas;;

{Flick Step 4 Times;;} Flick L (W btw M legs), cl L, flick R btw W legs, cl R; Rpt meas 3 of Intro;

# Part A

### 1-3 BASIC ROCK;,, CHANGE PLACES LEFT TO RIGHT;;

{Basic Rock} Rk apt L, rec R, sd L/cl R, sd L; sd R/cl L, sd R,

**(Change Left To Right)** Rk apt L, rec R; sd L/cl R, sd L trng ¼ RF, sd R/cl L, sd R to LOP-FCG WALL (W rk apt R, rec L; fwd R/cl L, fwd R trng ¾ LF under jnd ld hnds, sd L/cl R, sd L);

### 4-8 CHG HNDS BHD BACK;,, DBL RK;,,INTO CHG HNDS BHD BACK;,, BASIC RK TO SCP;;

**{Chg Hnds Bhd Bk}** rk apt L, rec R, small steps fwd L/cl R, fwd L trng ¼ LF chg W's R hnd to M's R hnd; sd & bk R/cl L, sd R ¼ LF trng to fc while changing W's R hnd to M's L hnd bhd his bk to LOP-FCG COH (W rk bk R, rec L, fwd R/L, R trng ¼ RF to face M's back; sd L/cl R, sd bk L trng ¼ RF to fc ptr), **{Dbl Rk}** Rk apt L, rec R; rk apt L, rec R,

**(Into Chg Hnds Bhd Bk)** Small steps fwd L/cl R, L trng ¼ LF chg W's R hnd to M's R hnd; sd & bk R/cl L, sd R ¼ LF trng to fc ptr while changing W's R hnd to M's L hnd bhd his bk to LOP-FCG WALL (W fwd R/L, R trng ¼ RF to face M's back; side L/cl R, side and back L trng ¼ LF to fc ptr),

{Basic Rk To SCP} Rk apt L, rec R; sd L/cl R, L to CP fc WALL, sd R/L, R blending to SCP LOD;

## Part B

### 1-3 JIVE WALKS;,, SWIVEL WALKS;,, POINT STEP;

{Jive Walks} Rk bk L, rec R, fwd L/cl R, fwd L; fwd R/cl L, fwd R,

**{Swivel Walks}** Fwd L, R; L, R (W swvl LF on L sd & fwd R, swvl RF on R fwd L; swvl LF on L sd & fwd R, swvl RF on R fwd L),

{Point Step} Pt L fwd on outsd edge of ft, fwd L;

# 4-8 TWICE,, INTO PRETZEL TURN W/ DOUBLE ROCK FWD;;;, BASIC ROCK;;

(Twice) Pt R fwd on outsd edge of ft, fwd R.

{Basic Rk} Rk apt L, rec R; sd L/cl R, L, sd R/cl L, R to CP-FCG WALL;;

#### 9-16 <u>FALLAWAY THROWAWAY;,, SLOW MARCHESSI;;;;, INTO SHOULDER SHOVE;,</u> CHG PLACES LEFT TO RIGHT TO HANDSHAKE;;

**Fallaway Throwaway** Trng to SCP rk bk L, rec R, fwd L/cl R, L; sd & fwd R/cl L, R to LOP-FCG LOD (W rk bk R, rec L, fwd R/L, R trng ½ LF; sd & bk L/R, L)

**(Slow Marchessi)** press L heel fwd, rec R; press L toe bk, rec R, press L heel fwd, rec R; press L heel fwd, rec R, press L toe bk, rec R; press L toe bk, rec R; press L toe bk, rec R, **[Into Shid Shove]** Trng Id shidr twd ptr sd L/cl R, sd L bringing M's L and W's R shidrs tog; trng LF to fc ptr and DLC bk R/cl L, bk R,

{Chg Places Left To Right} Rpt meas 2 ½ - 3 A to end in hdshake fc WALL;;

# Part C

### 1-5 TRIPLE WHEEL 5;;;,, BASIC ROCK TO SCP;;

**{Triple Wheel 5}** Rk apt L, rec R, wheel RF L/R, L trng in twd ptr tch her bk w M's L hnd; cont RF wheel R/L, R trng away from ptr, wheel RF L/R, L trng in twd ptr tch her bk w M's L hnd; cont RF wheel R/L, R trng away from ptr, wheel RF L/R, L trng in twd ptr tch her bk w M's L hnd; lead W to spin RF, small R/cl L, R (rk apt R, rec L, wheel RF R/L, R trng awy from ptr; cont RF wheel L/R, L trng in twd ptr tch his bk w/W's L hnd, wheel RF R/L, R trng awy from ptr; cont RF wheel L/R, L trng in twd ptr tch his bk w/W's L hnd, wheel RF R/L, R trng awy from ptr; spinning RF to fc ptr L/R, L to LOP-FCG WALL),

**{Basic Rock to SCP}** Rpt meas  $7 \frac{1}{2} - 8$  of A;;

#### 6-8 CHG PLACES RIGHT TO LEFT;,, WINDMILL;;

**(Chg Places Right To Left)** In SCP rk bk L, rec R raising jnd ld hnds, fwd sm stp L/R, L; fwd R/L, R (in SCP W rk bk R, rec L, fwd R/L, R, trng RF und jnd ld hnds to fc M & RLOD, bk L/R, L), **(Windmill)** Rk apt L, rec R; tilting ld arms dwn & trng ¼ LF fwd & sd L/cl R, fwd & sd L, with arms at shoulder level trng ¼ trng sd R/cl L, sd R to BFLY RLOD;

### 9-11 WINDMILL;,, CHG PLACES LEFT TO RIGHT;;

**(Windmill)** Rpt meas 7 ½ – 8 of C to end in BFLY LOD;,, **(Chg Places Left to Right)** Rpt meas 2 ½ - 3 of A;;

#### 12-13 RF TRNG FALLAWAY W CONTINOUS CHASSE STAY IN LOP;;

**(Rf Trng Fallaway w/ Continous Chasse)** In LOP rk bk L, rec R to fc, trng ¼ RF sd L/cl R, sd L; trng another ¼ RF sd R/cl L, sd R/cl L, sd R/cl L, sd R to LOP-FCG COH;

#### 14-16 SPANISH ARMS;,, BASIC RK TO SCP;;

**{Spanish Arms}** Rk apt L, rec R, small fwd L/R, L trng ¼ while raising ld hnds to trn W under LF to end bhd W both facing LOD; keeping ld hnds high small fwd R/L, R making another ¼ RF trn to LOP-FCG WALL (W rk apt R, rec L, small fwd trng ¼ LF to fc LOD R/L, then trn ½ RF on R; trn ¼ RF sd & bk L/R, L).

{Basic Rk to SCP} Rpt meas  $7 \frac{1}{2} - 8$  of A;;

Part B

Rpt meas 1-16 of Part B

Part C

Rpt meas 1-16 of Part C to end in LOP-FCG WALL

### **End**

### 1-5 RK APT REC,, FLICK STEP 4 TIMES;;,, RK APT REC; CIRCLE AWAY 6 AND WAVE;,,,

{Rk Apt Rec} Rk apt L, rec R,

{Flick Step 4 times} Rpt meas 3-4 of Intro;;,,

{Rk Apt Rec} Rk apt L, rec R;

**(Circle Away 6 and Wave)** Circle away LF (W RF) 6 steps L, R, L, R; L, R trn around and wave to your ptr