HAWAII CALLS

PART A

1-4   3 NOTE WAIT-BASIC;; NY 2X;;

 CP FC WALL, lead ft free, WAIT 3 NOTES
1-2 **BASIC**-fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;
3-4 **NY 2X**-strong XLIFR straight leg to L OP RLOD, rec R to fc, sd L/cl R, sd L;
strong XRIFL straight leg to OP LOD, rec L to fc ptr & WALL, sd R/cl L, sd R;

5-8   CHASE w/UNDRM PASS;; FNC LINE 2X;;

5-6 **CHASE w/UNDRM PASS**- fwd L comm ½ rf trn, keep ld hnds jnd, rec R,
fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R toward M's L sd); bk R raise jnd
ld hnds, ld W to trn lf, rec L, sm sd R/cl L, sm sd R (W fwd L, fwd R trng ½ lf undr
jnd hnds to fc ptr, sm sd L/cl R sm sd L fc CTR;
7-8 **FNC LINE 2X**-lunge LIFR bending knee, rec R, sd L/cl R, sd L; lunge RIFL
bending knee, rec L, sd R/cl L, sd R;

9-12   SHLDR TO SHLDR 2X;; CHASE w/UNDRM PASS;;

9-10 **SHLDR TO SHLDR 2X**-fwd L to SCAR BFLY (W bk R), rec R, sd L/cl R, sd L; fwd
R to BJO BFLY (W bk L), rec L, sd R/cl L, sd R;
11-12 **CHASE w/UNDRM PASS**- REPEAT MEAS 5-6 fc WALL;;

13-16   NY; SPOT TRN; FNC LINE 2X;;

13 **NY**- strong XLIFR straight leg to L OP RLOD, rec R to fc, sd L/cl R, sd L;
14 **SPOT TRN**- strong XRIFL trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R;
15-16 **FNC LINE 2X**-REPEAT MEAS 7-8

PART B

1-4   ½ BASIC; CRAB WALK; CIRC AWAY & TOG;;

1-- **½ BASIC**- fwd L, rec R, sd L/cl R ,sd L;
2 **CRAB WALK**-XRIFL, sd L, XRIFL/sd L, XRIFL to LOD;
3-4 **CIRC AWAY & TOG**- circg LF fwd L, fwd R, fwd L/cl R, fwd L; cont circ fwd
R, fwd L, fwd R/cl L, fwd R to fc ptr;

5-8   **BASIC;; SHLDR TO SHLDR 2X;;**

5-6 **BASIC**- fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

7-8 **SHLDR TO SHLDR 2X**- fwd L to SCAR BFLY (W bk R), rec R, sd L/cl R, sd L; fwd R to BJO BFLY (W bk L), rec L, sd R/cl L, sd R;

9-12   **ALEMANA TO;; LARAIT;;**

9-10 **ALEMANA**- fwd L rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W fwd LIFR trn RF, cont trn fwd R to fc M, sd L/cl R, sd L);

11-12 **LARIAT**-sip L,R,L/R,L (W circ M CW R,L,R/cl L, fwd R); sip R,L,R/L,R (W cont arnd M L,R, sd L/cl R, sd L to fc M) fc WALL;

13-16   **HND TO HND 2X;; TIME STEP 2X;;**

13 - 14 **HND TO HND 2X**- XLIBR to OP, rec R to fc ptr, sd L/cl R, sd L; XRIBL to L OP, rec L to fc ptr, sd R/cl L, sd R;

15-16 **TIME STEP 2X**- no hnds fcg ptr XLIBR, rec R, sd L/cl R, sd L; fcg ptr XRIBL, rec L, sd R/cl L, sd R;

REPEAT PART A
REPEAT PART B

END

1   **½ BASIC-WRAP & PT;**

1 -- fwd L, rec R, raise jnd ld hnds to ld W to wrp, sip L, R, L, pt R to RLOD (W bk R, rec L, trn LF in plc R/L R fc wall pt L to LOD);

HAWAII CALLS

QUICK CUES   CP FC WALL, LEAD ft free

A: BASIC;; NY 2X;; CHASE w/UNDRM PASS;; FNC LINE 2X;;
     SHLDR TO SHLDR 2X;; CHASE w/UNDRM PASS;; NY; SPOT TRN; FNC LINE 2X;;

B: ½ BASIC; CRAB WALK; CIRC AWAY & TOG;; BASIC;; SHLDR TO SHLDR 2X;;
     ALEMANA TO;; LARIAT;; HND TO HND 2X;; TIME STEP 2X;;

REPEAT A
REPEAT B

END: ½ BASIC-WRAP & PT;