

HEAD OVER HEELS

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MUSIC: CD CDF 6, DLD 1062, Ross Mitchell Dance & Listen, track 7 "Head over Heels"
RHYTHM: International Tango **TIME @ BPM:** 2:14@ 33
PHASE (+): V+1 (double open promenade) *suggested speed: -6%*
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO, A,B, INTERLUDE, A,B, END**

MEAS.

INTRODUCTION

1-4

LOF/DLW – WAIT;; STEP TOG & TCH; CLOSED FINISH:

1-4 LOFcg position/DLW – wait;; tog L, -, tch R to L, -; bk R, trng LF sd L, cl R, - to CP/DLC;

PART A

1-4

OPEN REV TURN OPEN FINISH;; ROCK TURN;;

1-2 fwd L trng LF, fwd R cont trn, bk L in BJO/RLOD, -; bk R trng LF, sd & fwd L, fwd R [staying in CBMP] to BJO/DLW, -;
3-4 bk L trn RF, cont trn rk fwd R, rec bk L, -; bk R trn LF, cont trn sd & fwd L, cl R to L to CP/DLC, -;

5-8

OPEN REV TURN CLOSED FINISH;; FWD, RIGHT LUNGE & HOLD;;

5-6 fwd L trng LF, fwd R cont trn, bk L in BJO/RLOD, -; bk R trng LF, sd & fwd L, cl R to L to CP/DLW, -;
7-8 fwd L, compress L knee step sd & fwd R between W's ft with R shoulder lead twd DLW, -, -; extend and hold, -, -, -;

9-12

SLOW SPANISH DRAG, CLOSE/TAP TO CP;; 5-STEP ~ & TAP;;

9-10 rec L with R leg extended sd change sway draw R slowly toward L, -, -, -; continue drag -, -, close R/tap L to sd in CP/DLW;
11-12 fwd L, trng LF sd & bk R, bk L to BJO/LOD, sm sd & bk R to CP (W bk R, sm sd & fwd L, fwd R to BJO, sm fwd L to CP); trn to SCP/LOD with no wgt change, -, keeping inside of toe on the floor quickly bring LF in twds RF no weight/bring LF bk out, -;

PART B

1-4

2 STALKING WALKS;; LADY'S SENTADA LEFT; LADY'S SENTADA RIGHT;

1-2 step L, slowly bring RF thru, -, pt R; step R, slowly bring LF thru, -, pt L;
3-4 step on L trng to fc, -, - (W step on R trng to fc, XLib, flick Rif, -); rec R, XLib, -, - (W step R, trng to fc sd L, XRib, flick Lif);

5-8

OPEN FINISH; ROCK TURN;; WALK 2;

5 thru R, fwd L (W trng LF step sd & bk), fwd R [staying in CBMP] to BJO/DLW, -;
6-7 bk L trn RF, cont trn rk fwd R, rec bk L, -; bk R trn LF, cont trn sd & fwd L, cl R to L to CP/DLC, -;
8 fwd L, -, fwd R, -;

- 9-13** **OK OPN REV TRN; SD, THRU (SD TO) PROM SWAY; CHANGE SWAY ~ RISE, CLOSE/TAP ~ OPEN PROMENADE;;;**
- 9-10 fwd L trng LF, sd & bk R cont LF trn, bk L cont trn, bk R cont trn to CP/WALL;
sd L, thru R, sd L w/R sd stretch look over jnd ld hnds with relaxed L knee, -;
- 11-13 {change sway} sharply trn body LF with L sd stretch both look RLOD no wgt change, ♪,
{rise, close/tap} slowly bring R to L & rise, ♪; close R to L/tap L to sd, ♪,
{open prom} sd & fwd L, -; thru R, sd & fwd L (W trn LF to CP & step sd & bk), fwd R
[staying in CBMP] to BJO/DLW, -;

- 14-16** **DOUBLE OUTSIDE SWIVEL; BK WHISK; THRU/TAP, HEAD FLICK;**
- 14 bk L allowing R to gently draw in front of L, - (W fwd R, swivel RF to SCP leaving LF in
bk after swivel), fwd R draw L gently to bk of R, - (W fwd L, swivel LF to BJO leaving RF
in bk after swivel);
- 15 bk L, sd R, XLib to SCP/LOD for a flat (no rise) whisk, -;
- 16 thru R/tap L to sd, trn hip to sd & bk to cause W to snap head L, then R, -;

INTERLUDE

- 1-4** **DOUBLE OPEN PROMENADE;;; ROCK TURN;;;**
- 1-2 sd & fwd L, -, fwd R, sd & fwd L; fwd R, sd & fwd L, fwd R [staying in CBMP] to
BJO/DLW, - (W sd & fwd R, -, fwd L, sd & bk R trn LF to CP; trn to SCP fwd L, sd & bk
R trn LF to CP, bk L);
- 3-4 bk L trn RF, cont trn rk fwd R, rec bk L, -; bk R trn LF, cont trn sd & fwd L, cl R to L to
CP/DLC, -;

REPEAT PART A

REPEAT PART B

END

- 1-3** **WALK & PU; WALK 2; OPEN REV TRN 3;**
- 1-2 fwd L, -, fwd R, - (W fwd R, -, fwd L trng 1/2 LF) to CP/LOD; curving slightly LF fwd L,
-, fwd R, -;
- 3 fwd L trng LF, fwd R cont trn, bk L in BJO/RLOD, -;
- 4-7** **BK ROCK ON R; BK ROCK ON L; OPEN FINISH; SLOW OUTSIDE SWIVEL;**
- 4-5 bk R, rec L, bk R, -; bk L, rec R, bk L, -;
- 6-7 bk R trng LF, sd & fwd L, fwd R [staying in CBMP] to BJO/DLW, -; bk L allowing RF to
gently Xif, -, -, - (W fwd R, -, swivel RF to SCP leaving LF in bk, -) to SCP/LOD;
- 8-9** **THRU/TAP - CLOSED PROMENADE;;;**
- 8-9 thru R/tap L, -, sd & fwd L, -; thru R, sd & fwd L, cl R, - (W sd & fwd R, -; thru L, sd &
bk R trng LF to CP, cl L, -) to end CP/DLW;
- ±** **(1 BEAT) CONTRA CHECK**
- + on last beat of music flex R knee step quickly fwd L with R shoulder lead upper thighs
crossed,