

HEARTACHE TONIGHT

RELEASED: AUG, 2012

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MUSIC: "Heartache Tonight", Michael Buble, *Crazy Love*, track 8
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) slow 3%, or as desired
RHYTHM: JIVE PH IV+2 (neckslide & stop & go) + 1UNPH (glide to side)
SEQUENCE: INTRO A B C A BRIDGE B C DA B C D (1-8) END (average difficulty)

INTRODUCTION

1-6 OPEN WALL HANDS ON HIPS WAIT; SLOW SIDE BREAKS; CROSS & UNWIND;
SLOW SIDE BREAKS; CROSS & UNWIND; MERENGUE (4 OKS);

- 1- *{op wall hnds on hips}* Wait;
- 2 *{sl sd brks}* Push sd L, push sd R, cl L, cl R;
- 3 *{x & unwind}* XLif trng RF on toes to end feet tog bk to bk COH;
- 4-5 Repeat meas. 2 & 3 to end fcg ptr & WALL;;
- 6 *{merengue}* Sd L, cl R, sd L, cl R;

PART A

1-4 SIDE TOUCH & SIDE CHASSE; FALLAWAY THROWAWAY – AMERICAN SPIN TO
HANDSHAKE;;;

- 1 *{sd tch & sd chasse}* Blending to loose CP, sd L, tch R, sd R/L, R;
- 2-4 *{fallaway throwaway}* Rk bk L SCP, rec R, fwd L/cl R, fwd L (W Rk bk R, rec L, fwd R/cl L, fwd R trng ½ LF in front of M); Sd R/cl L, sd & fwd R to LOP LOD (sd L/cl R, sd & bk L), *{am spin}* rk apt L, rec R; tog L/R, L,, sip R/L, R (W tog R/L, R start RF spin on last stp, complete spin L/R, L);

5-8 TRADE PLACES 2X;; MIAMI SPECIAL TO WALL ROCK RECOVER BFLY;;

- 5-6 *{trade places 2X}* Rk apt L, rec R, passing beh ptr sd & fwd L/R, bk L trng RF to fc RLOD joining left hnds (W rk bk R, rec L, sd & fwd R/L, bk R trng ½ LF to fc LOD); Rk apt R, rec L, passing beh ptr sd & fwd R/L, bk R trng ½ LF to hndshk LOD (W bk L, rec R, sd & fwd L/R, bk L trn ½ RF to hndshk RLOD);
- 7-8 *{miami special rk rec}* Rk apt L, rec R, fwd L/R, L trng RF to lead W to trn LF und joined R hnds putting joined hnds over M's head so hnds rest on M's neck, slide apt R/L, R to fc WALL, rk bk L, rec R BFLY (W rk apt R, rec L, fwd R/L, R trng LF und joined R hnds, slide apt L/R, L to fc COH, rk bk R, rec L);

PART B

1-5 TRAVELING SAND STEPS;; INTO RIGHT TO LEFT (NO RK); LEFT TO RIGHT & GLIDE
TO SIDE TO FACE;;

- 1-2 *{traveling sand stps}* Swiveling RF on R tch L toe to R w/ toe ptd inward, swiveling LF on R sm sd L, swiveling RF on L tch R heel toe ptd RLOD, swiveling LF on L XFif (W swiveling LF on L tch R toe to L toe ptd inward, swiveling RF on L sm sd R, swiveling LF on R tch L heel to floor ptd RLOD, swiveling RF on R XLif);
- 3 *{R to L}* Sd chasse L/R, L starting LF trn & leading W to trn RF, sd & fwd R/L, sd R to fc LOD (W sd R/L, fwd R starting ¾ RF trn, sd & slightly bk L/R, sd & bk L);
- 4-5 *{L to R & glide to sd}* Rk apt L, rec R, sd L/R, L to fc ptrn WALL (W fwd chasse R/L, R trng ¾ LF und ld hnds); Sd R, XLIF, sd R/cl L, sd R;

6-9 STOP AND GO;; NECKSLIDE TO FACE LOD;;

- 6-7 *{stop & go}* Rk bk L, rec R, fwd L/cl R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M's R sd) catch W w/ R hnd on L shld blade; Toeing twd & looking at ptr rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds) joining both hnds WALL;
- 8-9 *{neck slide}* Rk apt L, rec R swinging hnds up & out, sm sd & fwd chasse L/R, L taking R arms over ptrs' head placing R hnds beh ptr's neck to end sd by sd; Releasing hnds wheel RF fwd R, fwd L, fwd chasse R/L, R allowing R hnds to slide down ptr's R arm to end fcng LOD in R handshake;

PART C1-4 TRIPLE WHEEL W/ SPIN TO FC COH – CHANGE HANDS BEHIND BACK;;;

1-4 *{triple wheel w/ spin to fc coh - chg hnds beh bk}* Rk apt L, rec R, trng RF twd ptr wheel L/R, L tchg W's bk w/ L hnd (W trns away LF); Trng away from ptr cont RF wheel R/L, R (W trng RF touches M's L sh w/ L hnd), cont wheel L/R, L tchg W's bk w/ L hnd to fc WALL; In place R/L, R leading W to spin RF to LOP COH,
{chg hnds beh bk} rk apt L, rec R; Chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's bk (W fwd R/L, R trng ¼ RF,) chasse sd & bk R/L, R cont trng ¼ LF chng W's R hnd to M's L (W sd L/R, sd & bk L trng ¼ RF);

5-8 LINK ROCK SCP ROCK RECOVER;; 2 FORWARD TRIPLES; SWIVEL 4;

5-6 *{link rk rk rec}* Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R to SCP, rk bk L, rec R;
 7 *{2 fwd triples}* Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
 8 *{Swivel 4}* With swiveling action fwd L, R, L, R;

REPEAT ABRIDGE1 IN IN OUT OUT TO BFLY;

1 *{in in out out}* Sm fwd L, sm fwd R, sm bk L, sm bk R to BFLY;

REPEAT BREPEAT CPART D1-4 PRETZEL TURN; DOUBLE ROCK; UNWRAP PRETZEL TO BFLY; 2 SAILOR SHUFFLES;

1 *{pretzel trn}* Keeping M's L & W's R hnds M trn RF (W (LF) L/R, L, R/L, R end both fcg LOD hnds joined beh bk free hnd extended LOD;
 2 *{dbl rks}* Rk fwd L, rec R, rk fwd L, rec R;
 3 *{unwrap pretzel}* Progressing RLOD unwind L/R, L, R/L, R to LOP WALL;
 4 *{2 sailor shuffles}* XLib/sd R, rec L, XRib/sd L, rec R;

5-8 SPANISH ARMS 2X;;; PROGRESSIVE ROCK 4;

5-7 *{span arms}* Rk apt L, rec R, both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W's head (W sd R/cl L, fwd R); Cont RF trn R/cl L, R to COH (unwrap RF L/cl R, L to fc M), rk apt L, rec R; Both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W's head (W sd R/cl L, fwd R), cont RF trn R/cl L, R to WALL (unwrap RF L/cl R, L to fc M);

8 *{prog rk 4}* Rk apt L, rec crossing R, rk apt L, rec crossing R;

9-12 SLOW SIDE BREAKS; CROSS & UNWIND; SL SIDE BREAKS; CROSS & UNWIND;

9-12 Repeat meas 2-5 of introduction

13-16 LINK ROCK ROCK RECOVER;; 4 POINT STEPS;;

13-14 *{link rk rk rec}* Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R, rk bk L to SCP, rec R;
 15-16 *{4 pt stps}* Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R, fwd R;

REPEAT AREPEAT BREPEAT CREPEAT D (1-8)END1-4 SIDE TOUCH & SD CHASSE; FALLAWAY THROWAWAY – AMERICAN SPIN;;;

1 *{sd tch & sd chasse}* Repeat meas. 1, Part A

2-4 *{fallaway throwaway}* Rk bk L SCP, rec R, fwd L/cl R, fwd L (W Rk bk R, rec L, fwd R/cl L, fwd R trng ½ LF in front of M); Sd R/cl L, sd & fwd R to LOP LOD (sd L/cl /R, sd & bk L), *{amer spin}* rk apt L, rec R; tog L/R, L,, sip R/L, R (W tog R/L, R start RF spin on last stp, complete spin L/R, L);

5-8 STOP & GO;; STOP & GO WITH LUNGE SIT & HOLD;;

1-2 *{stop & go}* Repeat Meas 6-7 Part B

3 *{stop & go w/ lunge sit & hold}* Repeat meas 6; Toeing twd & looking at ptr rk fwd R, -, & hold (W rk bk L to sit, -, & hold);