

HEIDENROESLEIN III

by : F. P. Schubert



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0010 CD Track 18
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha Phase III
Sequence : Intro - A - B - A - Bmod **Speed** : 30 MPM
Timing : 123&4 unless noted by side of measure **Difficulty** : Average
Footwork : Opposite except where noted **Released** : Oct, 2010 Ver. 1.0

INTRO

1 - 4 WAIT;; FULL TRN CHASE;;

- 1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
3-4 {Full Turn Chase} Fwd L trn 1/2 RF, rec R cont trn to fc Wall, bk L/cl R, bk L;
bk R, rec L, blend to Low Bfly fwd R/cl L, fwd R (W bk R, rec L, fwd R/cl L, fwd R);
fwd L trn 1/2 RF, rec R cont trn to fc COH, bk L/cl R, bk L);

PART A

1 - 4 HND TO HND w/BK-TO-BK & FC-TO-FC;; NY w/BK-TO-BK & FC-TO-FC;;

- 123&4 1-2 {Hand To Hand With Back-To-Back & Face-To-Face} Swivel sharply LF on R to OP LOD
1&23&4 bk L, rec R trn bk to fc ptr, keep trail hnds jnd thru meas 4 sd L/cl R, sd L trn 1/2 LF (W RF) to
Bk-To-Bk Pos; sd R/cl L, sd R trn 1/2 RF (W LF) to fc ptr, sd L/cl R, sd L;
123&4 3-4 {New Yorker With Back-To-Back & Face-To-Face} Thru R with straight leg trn LF to
1&23&4 OP LOD, rec L trn bk to fc ptr, sd R/cl L, sd R trn 1/2 LF (W RF) to Bk-To-Bk Pos;
sd L/cl R, sd L trn 1/2 RF (W LF) to fc ptr, sd R/cl L, sd R;

5 - 8 TIME STEP; UNDERARM TRN; LARIAT;;

- 5 {Time Step} XLIB (W XRIB) hnds extended sd palms up, rec R, jn lead hnds sd L/cl R, sd L;
6 {Underarm Turn} XRIB, rec L, sd R/cl L, sd R (W XLIF trn 3/4 RF under jnd lead hnds, rec R
cont trn to fc ptr, sd L/cl R, sd & fwd L to M's right sd);
7-8 {Lariat} Cl L, sip R, L/R, L; R, L, R/L, R (W circle M CW with jnd lead hnds fwd R, fwd L,
fwd R/cl L, fwd R; fwd L, fwd R, fwd L/cl R trn to fc ptr, sd L);

9 - 12 BRK BK TO OP; WK 2 CHA; SLDG DR 2X;;

- 9 {Break Back To Open} Swivel sharply LF on R to OP LOD bk L, rec R, fwd L/cl R, fwd L;
10 {Walk 2 Cha} Fwd R, fwd L, fwd R/cl L, fwd R;
11-12 {Sliding Door Twice} Rk apt L, rec R release trail hnds, XLIF/sd R, XLIF chg sides IB of W;
rk apt R, rec L release lead hnds, XRIF/sd L, XRIF chg sides IB of W end OP LOD;

13 - 16 APT REC/TRN CHA; BK BASIC; WK 2 CHA; APT REC/FC CHA;

- 13 {Apart Recover Turn Cha} Rk apt L lead hnd extended sd, release trail hnds rec R trn 1/2 RF
to fc RLOD, jn lead hnds cl L/in pl R, L end LOP RLOD;
14 {Back Basic} Rk bk R, rec L, fwd R/cl L, fwd R;
15 {Walk 2 Cha} Repeat meas 10 on opposite ft;
16 {Apart Recover/Face Cha} Rk apt R, rec L trn LF to fc ptr, sd R/cl L, sd R end Low Bfly Wall;

PART B

**1 - 5 HALF BASIC; UNDERARM TRN M TRN L TO M’S TANDEM COH;
X CHK REC CHA 3X;;;**

- 1 {Half Basic} Fwd L, rec R, sd L/cl R, sd L;
- 2 {Underarm Turn M Turn Left To M’s Tandem Face COH} XRIB lead W to twirl, rec L, release hnds trng 1/2 LF sip R/L, R (W XLIF trn 3/4 RF under jnd lead hnds, rec R cont trn to fc COH, sd L/cl R, sd L) end M’s Tandem COH W behind M on his left sd no hnds jnd;
- 3-5 {Cross Check Recover Cha 3 Times} XLIB (W XRIF) both L hnds extended fwd palms down R hnds extended up palms out, rec R hnds down at sd, sd L/cl R, sd L; XRIB (W XLIF) with opposite hnd works, rec L, sd R/cl L, sd R; repeat meas 3 Part B;

6 - 8 W OUT TO FC; SHLDR TO SHLDR; WHIP;

- 6 {W Out To Face} XRIB with bending R elbow, rec L, sd R/cl L, sd R (W fwd L comm trn 1/2 LF with hooking her L arm to his crook, sd & fwd R cont trn to fc ptr, sd L/cl R, sd L) end Bfly COH;
- 7 {Shoulder To Shoulder} Fwd L to Bfly Scar, rec R trn to fc ptr, sd L/cl R, sd L;
- 8 {Whip} Comm trn LF slip bk R, rec fwd L cont trn to fc Wall, sd R/cl L, sd R (W fwd L outsd ptr, fwd R trn LF to fc ptr, sd L/cl R, sd L) end Low Bfly Wall;

9 - 12 OPN BRK; 1 CRAB WALK; W ACROSS 4; 1 CRAB WALK;

- 9 {Open Break} Release trail hnds rk apt L with relax knee trail hnds extended up, rec R trail hnds down and jnd sd, sd L/cl R, sd L end Bfly Wall;
- 10 {One Crab Walk} Lower body swivel LF but upper body remains fcg ptr fwd R [hereafter XRIF] (W XLIF), sd L lower body fcg ptr, XRIF/sd L, XRIF;
- 1234 11 {W Across 4} Unwind to fc COH keep wgt on R,-,- (W wheel LF across IF of M fwd R, L, R, L to fc ptr,-) end Bfly COH lead ft free;
- 12 {One Crab Walk} Twd LOD XLIF (W XRIF), sd R, XLIF/sd R, XLIF;

13 - 16 W ACROSS 4; FENCE LINE; REV UNDERARM TRN; SPOT TRN;

- 1234 13 {W Across 4} Unwind to fc Wall keep wgt on L,-,- (W wheel LF across IF of M fwd L, R, L, R to fc ptr,-) end Bfly Wall trail ft free;
- 14 {Fence Line} Lunge thru R with bent knee look LOD, rec L trn to fc ptr, sd R/cl L, sd R end Bfly Wall;
- 15 {Reverse Underarm Turn} XLIF, rec R, sd L/cl R, sd L (W XRIF trn 3/4 LF under jnd lead hnds, rec L cont trn to fc ptr, sd R/cl L, sd R) end LOP Fcg Wall;
- 16 {Spot Turn} Release jnd lead hnds XRIF trn 3/4 LF to fc RLOD, rec L cont trn to fc Wall, sd R/cl L, sd R;

REPEAT PART A

PART B mod

**1 - 16 HALF BASIC; UNDERARM TRN M TRN L TO M’S TANDEM COH;
X CHK REC CHA 3X;;; W OUT TO FC; SHLDR TO SHLDR; WHIP;
OPN BRK; 1 CRAB WALK; W ACROSS 4; 1 CRAB WALK;
W ACROSS 4; FENCE LINE; REV UNDERARM TRN; CRAB WK TO CHAIR;**

- 1-15 Repeat meas 1 thru 15 Part B;;;;;;;
- 123 - 16 [Crab Walk To Chair] Blend to Bfly XRIF, sd L, cross lunge thru R with bent knee look LOD,-;