

HEIDENROESLEIN IV

[German Folksong]

by : F. P. Schubert



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0010 CD Track 18
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha Phase IV + 2 [Chasse Roll, Open hip Twist]
Sequence : Intro - A - B - A - Bmod **Speed** : 30 MPM
Timing : 123&4 unless noted by side of measure **Difficulty** : Average
Footwork : Opposite except where noted **Released** : Aug, 2010 Ver. 1.0

INTRO

1 - 4 WAIT;; REV UNDERARM TRN; SPOT TRN;

- 1-2 {Wait} LOP Fcg Pos fc Wall lead ft free wait 2 meas;;
3 {Reverse Underarm Turn} XLIF, rec R, sd L/cl R, sd L (W XRIF trn 3/4 LF under jnd lead hnds, rec L cont trn to fc ptr, sd R/cl L, sd R) end LOP Fcg Wall;
4 {Spot Turn} Release jnd lead hnds XRIF trn 3/4 LF to fc RLOD, rec L cont trn to fc Wall, sd R/cl L, sd R;

PART A

1 - 4 BRK BK TO CHASSE ROLL;; HND TO HND TO CHASSE ROLL;;

- 123&4 1-2 {Break Back To Chasse Roll} Swvl sharply LF on R to OP LOD bk L, rec R trn bk to fc ptr, sd L/cl R, sd L trn 1/2 RF to Bk-To-Bk Pos; sd R/cl L, sd R cont trn to fc ptr, sd L/cl R, sd L;
1&23&4
123&4 3-4 {Hand To Hand To Chasse Roll} Swvl sharply RF on L to LOP RLOD bk R, rec L trn bk to fc ptr, sd R/cl L, sd R trn 1/2 LF to Bk-To-Bk Pos; sd L/cl R, sd L cont trn 1/2 to fc ptr, sd R/cl L, sd R;
1&23&4

5 - 8 TIME STEP; FENCE LINE IN 4; WHIP TO FWD TRIPLE CHAS;;

- 1234 5 {Time Step} XLIB (W XRIB) hnds extended sd palms up, rec R, sd L/cl R, blend to Bfly sd L;
6 {Fence Line In 4} Cross lunge thru R bent knee look LOD, rec L trn to fc Wall, sd R, rec L;
123&4 7-8 {Whip To Forward Triple Chas} Comm trn LF slip bk R, rec L cont trn to fc DLC, jn R-R hnds fwd R/lk LIB, fwd R (W fwd L, fwd R trn LF to fc ptr, bk L/lk RIF, bk L);
1&23&4 release R-R hnds and jn L-L hnds fwd L/lk RIB, fwd L, release L-L hnds and jn R-R hnds fwd R/lk LIB, fwd R (W bk R/lk LIF, bk R, bk L/lk RIF, bk L) end Hndshk DLC;

9 - 12 RK FWD REC RK BK REC; M UNDER TO BK TRIPLE CHAS;; WHIP OVRTRND;

- 1234 9 {Rock Forward Recover Rock Back Recover} In Hndshk rk fwd L, rec R, rk bk L, rec R;
123&4 10-11 {M Under To Back Triple Chas} Keep R-R hnds jnd fwd L comm trn RF under jnd hnds, rec R cont trn to fc ptr & DLC, twd DRW bk L/lk RIF, bk L; release R-R hnds and jn L-L hnds bk R/lk LIF, bk R, release L-L hnds and jn R-R hnds bk L/lk RIF, bk L end Hndshk DLC;
1&23&4 12 {Whip Overturned} Comm trn LF slip bk R, rec L cont trn to fc Wall, sd R/cl L, sd R end LOP Fcg Wall;

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(Continued)

13 - 16 FWD BASIC TO WRAP; BK BASIC; OK FWD & BK CUCAS; W OUT TO FC IN 4;

- 13 {Forward Basic To Wrap} Fwd L, rec R raise jnd lead hnds to lead W to wrap, bk L/cl R, bk L (W bk R, rec L trn 1/2 LF to wrap, bk R/cl L, bk R) end Wrapped Pos fc Wall;
- 14 {Back Basic} Bk R, rec L, fwd R/cl L, fwd R (W bk L, rec R, fwd L/cl R, fwd L);
- 1&23&4 15 {Quick Forward & Back Cucarachas} Rk fwd L/rec R, cl L, rk bk R/rec L, cl R;
- 1234 16 {W Out To Face In 4} Release hnds bk L, rec R, fwd L, fwd R jn lead hnds (W fwd R, fwd L, fwd R trn LF to fc ptr, bk L) end LOP Fcg Wall;

PART B

1 - 5 OPN HIP TWIST; FAN TO FC; CHASE 1/2 TO FWD TRIPLE CHAS;;;:

- 1 {Open Hip Twist} Fwd L, rec R, bk L/cl R, sm bk L push lead arm fwd gently to lead W to trn (W bk R, rec L, fwd R/L, R swivel 1/4 RF on R) end L-Shape M fc Wall W fc LOD;
- 2 {Fan To Face} Bk R, rec L trn LF to fc LOD, fwd R/cl L, fwd R (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, bk L) end LOP Fcg LOD;
- 3-5 {Chase Half To Tandem Triple Chas} Fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R) end M's tandem RLOD;
- 123&4 fwd R trn 1/2 LF to Tandem LOD, rec L, with right shoulder lead fwd R/lk LIB, fwd R;
- 1&23&4 with left shoulder lead fwd L/lk RIB, fwd L, with right shoulder lead fwd R/lk LIB, fwd R;

6 - 8 BOTH TRN TO M'S TANDEM TRIPLE CHAS;; MOD UNDERARM TRN;;:

- 123&4 6-7 {Both Turn To M's Tandem Triple Chas} Fwd L trn RF to M's Tandem RLOD, rec R, with left shldr lead fwd L/lk RIB, fwd L; with right shldr lead fwd R/lk LIB, fwd R, with left shldr lead fwd L/lk RIB, fwd L jn lead hnds (W fwd R trn LF to fc RLOD, rec L, with right shldr lead fwd R/lk LIB, fwd R; with left shldr lead fwd L/lk RIB, fwd L, with right shldr lead fwd R/lk LIB, fwd R) end M's Tandem RLOD with lead hnds jnd low;
- 1&23&4 8 {Modified Underarm Turn} bk R, rec L trn LF to fc Wall lead W to underarm trn, sd R/cl L, sd R (W fwd L, fwd R trn LF to fc ptr under jnd lead hnds, sd L/cl R, sd L) end LOP Fcg Wall;

9 - 12 ALEMANA w OVRTRN TRANS TO SHAD; FENCE LINE; CRAB WK;

- 9-10 {Alemana W Overturn Transition To Shadow} Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L, sd R/cl L sd R comm comm trn RF);
- (1234) bk R, rec L, sd R/cl L, sd R (W fwd L twd LOD cont trn under jnd lead hnds, fwd R twd DRW cont trn to fc ptr, sd L cont trn to fc Wall, sd R) end Shadow Wall;
- 11 {Fence Line} In Shadow Pos with same footwork thru meas 14 cross lunge thru L with bent knee look RLOD, rec R trn to fc Wall, sd L/cl R, sd L;
- 12 {Crab Walk} Lower body swivel LF but upper body remains fcg Wall fwd R [hereafter XRIF], sd L lower body fcg Wall, XRIF/sd L, XRIF;

13 - 16 TCH KICK BHD/SD X 3X;; W TRN R TO FC M TRANS; NY IN 4

- 13-14 {Touch Kick Behind Side Cross 3 Times} Tch L to R, kick L sd & fwd, XLIB/sd R, XLIF; tch R to L, kick R sd & fwd, XRIB/sd L, XRIF;
- 1234 15 {W Turn Right To Face M Transition} Tch L to R, kick L sd & fwd, XLIB, sd R blend to Bfly (W tch L to R, kick L sd & fwd, XLIB comm trn RF/sd & fwd R cont trn to fc ptr, sd L) end Bfly Wall;
- (123&4) 16 {New Yorker In 4} Thru L with straight leg to LOP RLOD, rec R trn bk to fc ptr, sd L, rec R;

REPEAT PART A

PART B mod

- 1 - 15** **OPN HIP TWIST; FAN TO FC; CHASE 1/2 TO FWD TRIPLE CHAS;;; BOTH TRN TO M’S TANDEM TRIPLE CHAS;; MOD UNDERARM TRN;; ALEMANA w OVRTRN TRANS TO SHAD; FENCE LINE; CRAB WK; TCH KICK BHD/SD X 3X;; W TRN R TO FC M TRANS;**
- 16** **NY w/QK THRU;**

- 1-15 Repeat meas 1 thru 15 Part B,,,,,,,,,,,,;
- 12&3 - 16 {New Yorker With Quick Through} Release trail hnds thru L with straight leg trn to fc RLOD, rec R/release lead hnds trn to fc ptr and jn trail hnds sd L, thru R with straight leg trn to fc LOD jnd hnds extended fwd & down free arms bk & up,-;