

HEIDENROESLEIN

[German Folksong]

by : F. P. Schubert



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0010 CD Track 18
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Cha Cha Phase V
Sequence : Intro - A - B - A - Bmod **Speed** : 30 MPM
Timing : 123&4 unless noted by side of measure **Difficulty** : Easy
Footwork : Opposite except where noted **Released** : June, 2010 Ver. 1.0

INTRO

1 - 4 WAIT;; GUAPACHA TIME STEP 2X;;

- 1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
- &23&4 3-4 {Guapacha Time Step Twice} Hold and rising slightly arms extended sd palms up/almost falling
- &23&4 XLIB (W XRIB), rec R, sd L/cl R, sd L; Hold and rising slightly/falling XRIB (W XLIB),
rec L, sd R/cl L, sd R jn R-R hnds end Hndshk Wall;

PART A

1 - 6 CIRCULAR CROSS BODY;;;;; W OUT TO FC;

- 1 {Circular Cross Body} Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
2 Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W's step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DRC;
3 Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont trng 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
4 Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W's step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DLW;
5 Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF to fc DRC, cont trng 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;
6 {W Out To Face} Bk R, rec L, release jnd R-R hnds fwd R/lk LIB, fwd R (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, bk L) end Fcg ptr & LOD no hnds jnd;

7 - 9 CHASE 1/2 TO TANDEM TRIPLE CHAS;;;

- 7 {Chase Half To Tandem Triple Chas} Fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R);
8 fwd R trn 1/2 LF, rec L, with right shldr lead fwd R/lk LIB, fwd R (W fwd L trn 1/2 RF, rec R, with left shldr lead fwd L/lk RIB, fwd L);
1&23&4 9 with left shldr lead fwd L/lk RIB, fwd L, with right shldr lead fwd R/lk LIB, fwd R (W with right shldr lead fwd R/lk LIB, fwd R, with left shldr lead fwd L/lk RIB, fwd L) end Tandem LOD;

10 - 12 BOTH TRN TO M’S TANDEM TRIPLE CHAS;; MOD UNDERARM TRN;

- 123&4
1&23&4
- 10-11 {Both Turn To M’s Tandem Triple Chas } Fwd L trn RF to M’s Tandem RLOD, rec R, with left shldr lead fwd L/lk RIB, fwd L; with right shldr lead fwd R/lk LIB, fwd R, with left shldr lead fwd L/lk RIB, fwd L jn lead hnds
(W fwd R trn LF to fc RLOD, rec L, with right shldr lead fwd R/lk LIB, fwd R; with left shldr lead fwd L/lk RIB, fwd L, with right shldr lead fwd R/lk LIB, fwd R) end M’s Tandem RLOD with lead hnds jnd low;
- 12 {Modified Underarm Turn} bk R, rec L trn LF to fc Wall lead W to underarm trn, sd R/cl L, sd R (W fwd L, fwd R trn LF to fc ptr under jnd lead hnds, sd L/cl R, sd L) end LOP Fcg Wall;

13 - 16 ALEMANA M TRANS TO R-HND STAR;; SPLIT CUBAN; SPOT TRN W TRANS;

- 1234
(123&4)
1&23&4
(1234)
- 13-14 {Alemana M Transition To R Hand Star} Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R, rec L (W bk R, rec L, sd R/cl L sd R comm comm trn RF; fwd L twd LOD cont trn under jnd lead hnds, fwd R twd DRW cont trn to fc ptr, sd L/cl R, sd L) blend to R Hnd Star fc Wall;
- 15 {Split Cuban} Same footwork XRIF/rec L, sd R, chg to L Hnd Star XLIF/rec R, sd L;
- 16 {Spot Turn W Transiton} XRIF trn 3/4 LF, rec L cont trn to fc ptr, sd R/cl L, sd R (W XRIF trn 3/4 LF, rec L cont trn to fc ptr, sd R, rec L) end Fcg ptr & Wall no hnds jnd;

PART B

1 - 4 START CHASE M TRANS TO TANDEM;; DBL CUBAN 2X;;

- 1234
(123&4)
1&2&3&4
1&2&3&4
- 1 {Start Chase M Transition} Fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R);
- 2 fwd R trn 1/2 LF, rec L, fwd R, fwd L (W fwd L trn 1/2 RF, rec R, fwd L/cl R, fwd L) end Tandem Wall M behind W both R ft free;
- 3-4 {Double Cuban Breaks Twice} [same footwork thru meas 13] XRIF/rec L, sd R/rec L, XRIF/rec L, sd R; XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;

5 - 8 FRONT VINE 5; SD WK TO CHASSE ROLL;; FENCE LINE;

- 123&4
1&23&4
- 5 {Front Vine 5} XRIF, sd L, XRIB/sd L, XRIF;
- 6-7 {Side Walk To Chasse Roll} Sd L, cl R, sd L/cl R, sd L trn 1/2 RF to fc COH; sd R/cl L, sd R cont trn to fc Wall, sd L/cl R, sd L;
- 8 {Fence Line} Cross lunge thru R bent knee look LOD left arm extended fwd palm down right arm up palm out, rec L trn to fc Wall arms down, sd R/cl L, sd R;

9 - 12 CRAB WK; SD WK TO CHASSE ROLL;; FENCE LINE;

- 123&4
1&23&4
- 9 {Crab Walk} Lower body swivel RF but upper body remains fcg Wall fwd L [hereafter XLIF], sd R, XLIF/sd R, XLIF;
- 10-11 {Side Walk To Chasse Roll} Sd R, cl L, sd R/cl L, sd R trn 1/2 LF to fc COH; sd L/cl R, sd L cont trn to fc Wall, sd R/cl L, sd R;
- 12 {Fence Line} Repeat meas 8 Part B on opposite ft and handwork to opposite direction;

13 - 16 RIVERBOAT SHUFFLE 2X M TRANS;; FIN CHASE;;

- 1234
1234&
(1234)
- 13 {Riverboat Shuffle Twice M Transition} XRIF lower R shoulder cross arm IF of body snap fingers, sd L uncross arm, XRIB lower L shoulder, sd L;
- 14 same body and arm action XRIF, sd L, XRIB, sd L/cl R (W XRIF, sd L, XRIB, sd L) end Tandem Wall lead ft free;
- 15 {Finish Chase} Fwd L, rec R, bk L/cl R, bk L (W fwd R trn 1/2 LF, rec L, fwd R/cl L, fwd R);
- 16 bk R, rec L, fwd R/cl L, fwd R jn R-R hnds end Hndshk Wall;

“Heidenroeslein”

(Continued)

REPEAT PART A

PART B mod

1 - 16 START CHASE M TRANS TO TANDEM;; DBL CUBAN 2X;;
FRONT VINE 5; SD WK TO CHASSE ROLL;; FENCE LINE;
CRAB WK; SD WK TO CHASSE ROLL;; FENCE LINE;
RIVERBOAT SHUFFLE 2X M TRANS;; FIN CHASE; BK REC/CL PT

1-15 Repeat meas 1 thru 15 Part B,,,,,,,,,,,,;

12&3 - 16 {Back Recover Close Point} Blend to Low Bfly bk R, rec L/cl R, pt L sd, hold;