

# Hello Mary Lou Two Step

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Music : "Hello Mary Lou (Live)" Dancelife "Dancelife's Best, Hay Fever"  
: "Hello Mary Lou (Live)" Album "Gold Star Ballroom: Jive" Tk#03  
Time@Tempo : 2:47 (Original Tempo 43BPM)  
Rhythm & Phase : Two Step, II+2 (Whaletail, Rock the Boat)  
Footwork : Opposite (W's footwork in parentheses) Date & Version :  
Sequence : INTRO A B A C D A Interlude ENDING May 2012 (Ver.1.1)

## INTRO

### **1-4 WAIT;; CIRC 4 w/ SNAP;;**

1-2 Fcg pos M fc WALL no hnds jnd lead ft free for both wait 2 meas;;

3-4 **{Circ 4 w/ Snap SSSS}** Separating from ptr and moving away in a circular pattern fwd L, snap fingers, fwd R, snap fingers; cont circular pattern twd ptr fwd L, snap fingers, fwd R, - to SCP LOD;

## PART A

### **1-4 (SCP LOD) 2 FWD TWO STPS;; 1 TRNG TWO STP (COH); SD TWO STEP;**

1-2 **{2 Fwd Two Stps}** SCP LOD Fwd L, cl R to L, fwd L, -; fwd R, cl L to R, fwd R, - (CP WALL);

3 **{1 Trng Two Stp}** Sd L, cl R to L comm RF trn, sd and bk L acrs LOD comp 1/2 RF trn, -;

4 **{Sd Two Stp}** CP COH sd R, cl L to R, sd R, -;

### **5-8 (1/2 OP RLOD) DIP BK REC (CP COH); SD TWO STEP; (L 1/2 OP LOD) DIP REC; (CP COH) SD TWO STEP;**

5 **{Dip Bk Rec SS}** Blnd to 1/2 OP RLOD bk L w/ bend knee, -, rec R, - to CP COH;

6 **{Sd Two Stp}** Sd L, cl R to L, sd L, -;

7 **{Dip Bk Rec SS}** Blnd to L 1/2 OP LOD bk R w/ bend knee, -, rec L, - to CP COH;

8 **{Sd Two Stp}** Sd R, cl L to R, sd R, -;

### **9-12 (SCP RLOD) 2 FWD TWO STPS;; 1 TRNG TWO STP (WALL); SD TWO STEP;**

9-10 **{2 Fwd Two Stps}** SCP RLOD Fwd L, cl R to L, fwd L, -; fwd R, cl L to R, fwd R, - (CP COH);

11 **{1 Trng Two Stp}** Sd L, cl R to L comm RF trn, sd and bk L acrs RLOD comp 1/2 RF trn, -;

12 **{Sd Two Stp}** CP WALL sd R, cl L to R, sd R, -;

### **13-16 (1/2 OP LOD) DIP BK REC (CP WALL); SD TWO STEP; (L 1/2 OP RLOD) DIP REC; (CP WALL) SD TCH HOLD;**

5 **{Dip Bk Rec SS}** Blnd to 1/2 OP LOD bk L w/ bend knee, -, rec R, - to CP WALL;

6 **{Sd Two Stp}** Sd L, cl R to L, sd L, -;

7 **{Dip Bk Rec SS}** Blnd to L 1/2 OP RLOD bk R w/ bend knee, -, rec L, - to CP WALL;

8 **{Sd Tch Hold Q---}** Sd R, tch L to R, hold, -;

## PART B

### **1-4 (SCP LOD) 2 FWD TWO STPS w/ PU (CP LOD);; PROG SCISS;;**

1-2 **{2 Fwd Two Stps}** SCP LOD Fwd L, cl R to L, fwd L, -; fwd R, cl L to R, fwd R pu W to CP LOD, -;

3-4 **{Prog Sciss}** CP LOD Sd L, w/ slght R bdy rotation cl R, XLif, -; sd R, w/ slght L bdy rotation cl L, XRif, -;

**5-8 WHLTL;; 2 FWD LK's; WLK 2;**

5-6 {Whaletail QQQQQQQQ} In BJO XLib but not tightly, as bdy comm trn RF take a sml stp to sd R comp 1/4 RF bdy trn, fwd L w/ left shldr lding, XRib but not tightly; sd L comm LF bdy trn, cl R comp 1/4 body turn LF, XLib comm RF bdy trn, sd R comp 1/4 bdy trn right;

7 {2 Fwd Lk's QQQQ} Fwd L, XRib, fwd L, XRib;

8 {Wik 2 SS} Fwd L, -, R, - (LOD);

**9-12 PROG SCISS;; WHLTL;;**

Rept action PART B (3-6);;;

**13-16 2 FWD LK's; WLK FC; 2 TRNG TWO STPS;;**

13 Rept action PART B (7);

14 {Wik Fc} Fwd L, -, fwd R trn RF to fc WALL CP, -;

15-16 {2 Trng Two Stps} Sd L, cl R to L comm RF trn, sd and bk L acrs LOD comp 1/2 RF trn, -; sd R, cl L to R comm RF trn, sd and fwd R comp 1/2 RF trn, -;

**REPT PART A**

1-4 (SCP LOD) 2 FWD TWO STPS;; 1 TRNG TWO STP; SD TWO STEP;

5-8 (1/2 OP RLOD) DIP BK REC; SD TWO STEP; (L 1/2 OP) DIP REC; SD TWO STEP;

9-12 (SCP RLOD) 2 FWD TWO STPS;; 1 TRNG TWO STP; SD TWO STEP;

13-16 (1/2 OP LOD) DIP BK REC; SD TWO STEP; (L 1/2 OP) DIP REC; SD TCH HOLD;

**PART C**

1-4 (CP WALL) SD TCH SD; (SCP) BK REC SWVL; SWVL,, (SCP) BK REC;; SD - CL -;

1 {Sd Tch Sd} Sd L, tch R to L, sd R, -;

2-4 {Bk Rec Swvl 2 Bk Rec Sd CI QSSQSS} Blind to SCP LOD bk L, rec R, fwd L swvl RF, -; fwd R to RLOD swvl LF, -, blind to SCP LOD bk L, rec R trn RF to CP WALL; sd L, -, cl R to L, -;

**5-8 QK VINE 4; SD TCH SD TCH; 2 SD CL's ; APT - CL -;**

5 {Vine 4 QQQQ} Sd L, XRib, sd L, XRif;

6 {Sd Tch Sd Tch Q-Q-} Sd L, tch R to L, sd R, -;

7 {2 Sd CI's QQQQ} Sd L, CI R to L, sd L, CI R to L;

8 {Slo Apt CI SS} Rel hold bk L, -, cl R to L, -;

**9-12 SOLO LF TRNG BOX 1/2 ;; 2 SD CL's; SOLO SD THRU;**

9-10 {Solo Trng Box 1/2} Sd L, cl R to L, fwd LF 1/4, -; sd R, cl L to R, bk R trn LF 1/4, - M fc COH W fc WALL no hnds jnd;

11 {2 Sd CI's QQQQ} Sd L, CI R to L, sd L, CI R to L;

12 {Solo Sd Thru SS} Sd L, -, XRif for bth, -;

**13-16 FINI LF TRNG BOX ;; (FC PTR) 2 SD CL's; SD - THRU -;**

13-14 {Fini Trng Box} Sd L, cl R to L, fwd LF 1/4, -; sd R, cl L to R, bk R trn LF 1/4, - M fc WALL W fc COH no hnds jnd;

15 {2 Sd CI's QQQQ} Sd L, CI R to L, sd L, CI R to L blind to CP WALL;

16 {Solo Sd Thru SS} Sd L, -, XRif for bth, - end to SCP LOD;

PART D

- 1-4** (SCP LOD) RK THE BOAT 4S's;; QK VINE 8;;  
 1 {Slo Rk the Boat SS} Fwd L w/ straight knee leang fwd, -, w/ rkg motion and relaxed knees cl R leang bwd, -;  
 2 {Slo Rk the Boat SS} Rept action PART D (1);  
 3-4 {Vine 8 QQQQQQQQ} Sd L, XRib, sd L, XRif; sd L, XRib, sd L, XRif;
- 5-8** SD CL SD CKG; ROLL TO RLOD (BFLY); SD CL SD CKG; ROLL TO RLOD;  
 5 {Sd Cl Sd Ckg} Sd L, cl R to L, sd L ckg, -;  
 6 {Roll to RLOD} Roll RF twd RLOD R, L, R, - end to BFLY;  
 7-8 Rept action PART D (5-6);;
- 9-12** BK APT 3; BK APT 3; CLAP YOUR HNDS 4X;;  
 9-10 {Bk Apt 3 2X} Apt from ptr bk L, R, L, -; cont bk apt R, L, R, -;  
 11 {Clap Your Hnds SS} Shft wgt to L, clap your hnds, shft wgt to R, clap your hnds;  
 12 {Clap Your Hnds SS} Rept action PART D (11);
- 13-16** SKATE L & R 4S's;; STRUT TOG 2 ; RUN TOG 3 & STOMP ;  
 13 {Skate SS} Swvl LF slightly on R and fwd L swvl RF on L, -, fwd R swvl LF, -; [No prog twd ptr]  
 14 {Skate SS} Rept action PART D (13) end to fc ptr;  
 15 {Strut Tog 2 SS} Strut fwd L twd ptr, -, fwd R, -;  
 16 {Run Tog 3 & Stomp QQQQ} Fwd L, R, L, stomp R in place end to SCP LOD for PART A;

REPT PART A

- 1-4** (SCP LOD) 2 FWD TWO STPS;; 1 TRNG TWO STP; SD TWO STEP;  
**5-8** (1/2 OP RLOD) DIP BK REC; SD TWO STEP; (L 1/2 OP) DIP REC; SD TWO STEP;  
**9-12** (SCP RLOD) 2 FWD TWO STPS;; 1 TRNG TWO STP; SD TWO STEP;  
**13-16** (1/2 OP LOD) DIP BK REC; SD TWO STEP; (L 1/2 OP) DIP REC; SD TCH HOLD;

INTERLUDE

- 1-4** (1/2 OP LOD) DIP BK REC (CP WALL); SD TWO STEP ; (L 1/2 OP RLOD) DIP REC;  
(CP WALL) SD TCH HOLD;  
 Rept action PART A (13-16);;

ENDING

- 1-4** (SCP LOD) 2 FWD TWO STPS;; 2 TRNG TWO STPS;;  
 1-4 Rept action PART A (1-2);; Rept action PART B (15-16);;
- 5-8** CIRC AWAY 2 FWD TWO STPS;; STRUT TOG 2; RUN TOG 3 & LUNGE SD;  
 5-6 {Circ Awy 2 Fwd Two's} Mvng awy from ptr in a circ fwd L, cl R, fwd L, -; cont fwd R, cl L, fwd R, -;  
 7 {Strut Tog 2 SS} Trn LF to fc ptr strut fwd L, -, fwd R, -;  
 8 {Run Tog 3 and Lunge Sd QQQQ} Fwd L, R, L, sd R w/ bend knee ld hnd on hip trl hnd Xtn to sd twd RLOD palm up;