

HERALD ANGELS BOLERO

[Esta Noche Es De Alegria]

[Hark, The Herald Angels Sing]



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Music : Casa Musica Z-4001 Christmas Music CD-2 Track 12 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase IV + 2 [Half Moon, Contra Check] + 1 [Checked Right Pass]
Sequence : Intro - A - B - A - A - Ending **Speed** : 24 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT;; HIP RKS; SYNCO VINE;

1-2 {Wait} Cuddle Pos fc Wall trail ft free wait 2 meas;;
3 {Hip Rocks} Rk sd R rolling hip CW,-, rec L hip roll CCW, rec R hip roll CW;
SQ&Q 4 {Syncopated Vine} Blend to Bfly sd L with body rise,-, behind R/sd L, thru R;

PART A

1 - 4 1/2 BASIC; BRK BK TO 1/2 OP; SYNC BOLERO WK; SWITCH & BK BRK;

1 {Half Basic} Blend to CP sd L rise,-, bk R with slipping action and with flexing knee, fwd L;
2 {Break Back To Half Open} Sd R rise,-, trn LF to Half OP LOD slip bk L flex knee, fwd R;
SQ&Q 3 {Syncopated Bolero Walk} Fwd L rise,-, fwd R/L, R;
4 {Switch & Back Break} Fwd L sharply trn 1/2 RF to Left Half OP RLOD,-, bk R, rec L;

5 - 8 SYNC BOLERO WK; SWITCH & BK BRK; FWD MANU PVT; PVT 3;

SQ&Q 5 {Syncopated Bolero Walk} Fwd R rise,-, fwd L/R, L;
6 {Switch & Back Break} Fwd R sharply trn 1/2 LF to Half OP LOD,-, bk L, rec R;
7 {Forward Maneuver Pivot} Fwd L rise,-, fwd R trn 1/2 RF blend to CP lead hnd extended sd
trail arm keep holding around W's waist, , bk L pivot 1/2 RF (W fwd R rise,-, fwd L lead arm
placing M's waist trail hnd extended sd, fwd R pivot 1/2 RF) end CP LOD;
8 {Pivot 3} Cont helicopter pivot fwd R pivot 1/2 RF,-, bk L pivot 1/2 RF, fwd R pivot 1/4 RF
blend to CP end CP Wall;

9 - 12 TRNG BASIC;; X BODY; FWD BRK;

9-10 {Turning Basic} Sd & slightly fwd L rise with upper body trn RF to fc DRW,-, bk R flex knee
trn 1/4 LF with slip pivot action, sd & fwd L cont trn to fc COH (W sd R rise,-, fwd L flex knee
trn 1/4 LF with slip pivot action, sd & bk R cont trn 1/4); sd R rise,-, fwd L slight XIF with
contra chk action, rec bk R end CP COH;
11 {Cross Body} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc Wall
(W sd & fwd R rise,-, fwd L XIF of M flex knee trn LF, sm sd R cont trn to fc ptr)
end LOP Fcg Wall;
12 {Forward Break} Sd & fwd R rise,-, fwd L with contra chk like action, rec bk R;

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13 - 15 CHKD R PASS; M TRN TO LUNGE BRK; L PASS;

- 13 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd on W's R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W's left sd (W Fwd R rise raise lead hnd as if comm underarm trn then lower,-, XLIF, sd & bk R) end Modified Wrapped Pos fc COH;
- 14 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & Wall,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Fcg Wall;
- 15 {Left Pass} Fwd L twd DRW to Scar rise lead W trn RF to shape body LOD,-, slip bk R flex knee, fwd L trn LF to fc COH jn R-R hnds (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) end Hndshk COH;

16 - 20 HALF MOON;; REV UNDERARM TRN; OPNG OUT 2X;;

- 16-17 {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr, rec bk R trn to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc ptr (W sd L comm trn LF with left side stretch,-, cont trn slip fwd R, rec bk L trn to fc ptr; trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-, slip fwd L IF of M trn 1/2 LF, bk R cont trn to fc ptr) end Hndshk Wall;
- 18 {Reverse Underarm Turn} Sd R rise,-, XLIF flex knee, bk R jn lead hnds (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd R-R hnds, fwd L cont trn to fc ptr) end LOP Fcg Wall;
- 19-20 {Opening Out Twice} Blend to Bfly sm sd & fwd L rise comm upper body rotation LF,-, lower on L complete body trn and extend R ft to sd, rise and rotate bk to fc Wall (W sd & bk R rise comm body rotation LF,-, XLIB lower, fwd R trn to fc ptr);
cl R rise comm upper body rotation RF,-, lower on R complete body trn and extend L ft to sd, rise and rotate bk to fc Wall (W same footwork on opposite foot with meas 19);

PART B

1 - 4 SYNC TRNG BASIC; SLO CONTRA CHK & REC; X BODY; SHLDR TO SHLDR;

SQ&Q

- 1 {Syncopated Turning Basic} Blend to CP sd & slightly fwd L rise with body trn RF,-, slip bk R flex knee trn LF/cont trn sd & fwd L to fc COH, sd & fwd R end CP COH;
- 2 {Slow Contra Check & Recover} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBMP,-, extend, rec R (W comm upper body trn LF flex knees with strong left sd lead bk R in CBMP look well left,-, extend, rec L);
- 3 {Cross Body} Sd & bk L rise comm trn LF-, slip bk R flex knee cont trn, fwd L cont trn to fc Wall (W sd & fwd R rise,-, fwd L XIF of M flex knee comm trn LF, sm sd R cont trn to fc ptr) end CP Wall;
- 4 {Shoulder To Shoulder} Blend to Bfly sd & fwd R rise,-, XLIF to Bfly Scar flex knee, bk R trn bk to fc Wall;

5 - 8 TRN OUT w/HIP RKS; TRN IN w/HIP RKS; SPOT TRN; HIP LIFT;

- 5 {Turn Out With Hip Rocks} Sd L release lead hnds trn 1/2 LF to Bk-To-Bk Pos keep trail hnds jnd,-, rk sd R with hip roll CW (W CCW), rec L with hip roll CCW (W CW);
- 6 {Turn In With Hip Rocks} Sd R trn 1/2 RF to fc ptr & Wall,-, rk sd L with hip roll CCW (W CW), rec R with hip roll CW (W CCW);
- 7 {Spot Turn} Sd L rise comm body trn LF,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr;
- 8 {Hip Lift} Blend to CP sd R bring L ft to R,-, with slight preasure on L lift L hip, lower hip;

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REPEAT PART A

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END

1 - 3 SD TO FWD W DEVELOPE; REC SD CL; QK R LUNGE;

- 1 {Side To Forward W Develope} In CP sd L rise,-, fwd R outsd ptr chkg, hold,
(W sd R rise,-, bk L in CBMP bring R ft up to insd of L knee, extend R ft fwd);
- 2 {Recover Side Close} Rec L,-, sd R, cl L end CP Wall;
- 1 - - 3 {Quick Right Lunge} Relax L knee sd & fwd R then flex R knee slight body trn LF look at ptr
(W look well left),