



Hey Oh Cappuccino!

Choreographers:	Music: Akros Musica Latin Illusion 12 or download from iTunes (Boom Boxx) or http://www.last.fm/music/Boom+Boxx/Hey+Oh+Cappuccino
Annette & Frank Woodruff	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
Rue du Camp, 87	Rhythm: Mambo/Merengue
7034 Mons, Belgium	Phase: IV Easy (4 figures only)
Tel: 00 32 65 73 19 40	Release date: May 2009
Fax: 00 32 65 73 19 41	Time & Speed: 3:11 @ unchanged speed (42 MPM)
E-mail: anfrank@voo.be	Sequence: Intro – ABC – Amod – BC – AB – Bridge – A - C*

INTRODUCTION

Wait	Loose CP WALL wait for announcement “Get Ready for Cappuccino” & start immediately.
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PART A

1 - 2	Mambo Basic;;	Loose CP WALL fwd L, rec R, sd L, -; bk R, rec L, sd R, -;
3	New Yorker to CP;	Thru L w/ straight leg to LOP RLOD, rec R to fc WALL, sd L to Loose CP, -;
4	Back ½ Basic;	Bk R, rec L, sd R, -;
5	Open Break to BFLY;	Relg trail hnds & xtndg them to sd rk apt on L to LOP-FCG, rec R, sd L to BFLY WALL, -;
6 - 7	Crab Walks;;	XRif (<i>WXLif</i>), sd L, XRif (<i>WXLif</i>), -; sd L, XRif (<i>WXLif</i>), sd L, -;
8	Whip to CP;	Bk R comm LF trn, rec L trng LF, sd & fwd R compg ½ LF trn (<i>W fwd L comm. LF trn, fwd R trng LF, sd & bk L compg ½ LF trn</i>) to Loose CP COH, -;
9 - 10	Basic;;	Man facing COH rpt meas 1-8 Part A in opp dir to end BFLY WALL;;;;;;
11	New Yorker to CP;	
12	Back ½ Basic;	
13	Open Break to BFLY;	
14 - 15	Crab Walks;;	
16	Whip to BFLY;	

PART B

1 - 2	Shoulder to Shoulder 2x to L HND STAR;;	Fwd L to BFLY SCAR, rec R to face, sd L to BFLY WALL, -; fwd R to BFLY BJO, rec L trng to face, sd R contg trn to fc RLOD (<i>W fc LOD</i>) in L Hnd Star Pos, -;
3 - 6	Umbrella Turn;;;	Fwd L, rec R, bk L (<i>W bk R, rec L, fwd R</i>), -; bk R, rec L, fwd R (<i>W fwd L trn 1/2 RF undr jn hnds, rec R, fwd L</i>), -; fwd L, rec R, bk L (<i>W fwd R trn 1/2 LF undr jn hnds, rec L, fwd R</i>), -; bk R, rec L trn 1/4 LF to fc ptr, sd R (<i>W fwd L trn 1/2 RF undr jn hnds, rec R cont trn to fc ptr, sd L</i>) to BFLY WALL, -;
7	Hand to Hand;	Contg to trn LF XLib (<i>W trng RF XRib</i>) to OP LOD, rec R to fc ptr, sd L to mom BFLY WALL, -;
8	Spot Turn to CP;	XRif stg LF trn on R, rec L trn LF to fc WALL, sd R (<i>W XLif stg RF trn on L, rec R trn RF to fc COH, sd L</i>) to Loose CP WALL, -;
9 - 10	Slow Merengue Basic;;	Sd L, -, cl R, -; sd L, -, cl R, -;
11 - 12	Slow Glide;;	Sd L, cl R, sd L, cl R; sd L, draw R, cl R, -;
13 - 14	Slow Merengue Basic;;	Sd L, -, cl R, -; sd L, -, cl R, -;
15 - 16	Slow Glide;;	Sd L, cl R, sd L, cl R; sd L, draw R, cl R, -;

PART C

1	½ Mambo Basic;	Fwd L, rec R, sd L, -;
2	Aida to face RLOD;	Thru R trn RF, sd L cont RF trn, bk R (W thru L trn LF, sd R cont LF trn, bk L) to LOP RLOD, -;
3	Back ½ Basic;	[Balancing all arms back & fwd] back L, rec R, fwd L, -;
4	Pattycake Tap;	Lift R knee swvl 1/4 LF on L to fc W plc trl hnd palm to palm look LOD & XRif w/o wgt tapg R toe twd LOD, -, lift R knee swvl 1/4 RF on L & bk R to LOP RLOD, -;
5	Back ½ Basic to Face;	[Balancing all arms back & fwd] back L, rec R, fwd L trng to fc ptr, -;
6	Spot Turn to Low BFLY;	Rpt meas 8 Part B to Low BFLY WALL;
7 - 8	Side Walks;;	Sd L, cl R, sd L, -; cl R, sd L, cl R, -;
9	Side Draw Close to CP;	Sd L, draw R, cl R to CP WALL, -;
9*	[Last Time] Lunge side;	Lun sd L xtndg arms to wide BFLY, -, -, -;

PART A Modified

1 - 2	Mambo Basic;;	Rpt meas 1-7 Part A;;;;;;
3	New Yorker to CP;	
4	Back ½ Basic;	
5	Open Break to BFLY;	
6 - 7	Crab Walks;;	
8	Spot Turn to BFLY;	Rpt meas 8 Part B to BFLY WALL;

Repeat Parts B & C
Repeat Parts A & B

BRIDGE

1	Side Draw Close;	Sd L, draw R, cl R, -;
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Repeat Part A to CP
Repeat Part C*



Artist: Boom Boxx