

I DO IT ALL OVER AGAIN

Music: Chrystal Gayle

www.amazon.com/all-time-greatest-hits

Track # 5 Time 2:52 Slow down w/

Available from choreographer

Rhythm: Foxtrot Phase: IV+2(Nat.Weave+Tipple Chasse)

Footwork: Opposite except where (Noted)

Release Date: Nov 18

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Sequence: INTRO ABC AB* B BRIDGE C END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} BFLY pos WALL ld ft free wt 4 meas ; ; ; ;

05-08 VINE 4 ; ROLL 3 to SCP ; OP NATURAL ; HESITATION CHANGE ;

{Vine 4} [QQQQ] Sd L, XRib (*W Xib*), sd L, XRif (*W Xif*) ; {Roll 3 to SCP} [releasg hnds] Bk & sd L stg LF roll twd LOD, -, cont trn on ball of L ft & cl R, cont roll sd & fwd L to SCP LOD ; {OP Natural} Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/R sd lead (*W thru L, -, fwd R, fwd L*) to BJO ; {Hesitation Chng} [SS-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

PART A

01-04 REVERSE TURN ; ; HOVER TELE ; THRU VINE 4 ;

{Reverse Turn} Fwd L twd DLC comm LF turn, -, sd R around ptr, bk L twds LOD (*W Bk R comm LF trn, -, cl L [heel turn], fwd R btw M's ft*) ; Bk R cont LF trn, -, sd & fwd L cont trn, fwd outsd ptr (*W Fwd L cont LF trn, -, sd & bk R, bk L*) to BJO DLW ; {Hover Tele} Fwd L, -, fwd & sd R rising & r-shoulder lead, sd & fwd L to SCP DLW ; {Thru Vine 4} [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ;

05-08 PROMENADE WEAVE ; ; THREE STEP ; OP NATURAL ;

{Promenade Weave} [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ; {Three Step} Fwd L, -, sd & fwd R btwn W's ft, fwd L ; {OP Natural} Fwd R outsd W's feet trng RF, -, sd L twd Wall, bk R with right shoulder lead BJO (*W bk L, -, cls R heel turn, fwd L outside M to BJO*) ;

09-12 IMPETUS to SCP ; NATURAL WEAVE ; ; CHANGE of DIRECTION ;

{Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R outsd M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; {Natural Weave} [SQQ;QQQQ] Fwd R trng RF, -, sd L, bk R (*W fwd L, fwd R between M's feet, fwd L*) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ; {Chng of Direction} [SS-] Fwd L, -, fwd & sd R trng ¼ LF, draw L to CP DLC ;

13-16 TURN LEFT & r-CHASSE to BJO ; BACK TIPPLE CHASSE PIVOT INTO A SPIN TURN ; ; BOX FINISH ;

{Trn Left & R Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; {Bk Tipple Chasse Pivot Into a Spinturn} [SQ&Q] Bk L comm RF trn, -, cont RF trn sd R/cl L, fwd R btwn W's ft pvtg ½ RF to CP LOD ; Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betwn W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betwn M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP DLW ; {Box Finish} Bk R, -, sd & bk L trng ¼ LF, cl R to CP DLC ;

PART B

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Turn 1/2} Fwd L, -, trng ¼ LF sd R, bk L ; Bk R, -, trng ¼ LF sd L, fwd R to RDW ; {Qk Diamond 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [SS-] Bk L w/ flexed knee, -, rec R to CP LOD, -;

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05-08 TELEMARK to SCP ; IN & OUT RUNS ; ; THRU FACE CLOSE [* 2^{de} TIME: CHAIR & SLIP] ;

{**Telemark to SCP**} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{In & Out Runs}** Trng RF fwd R, -, sd & bk L, bk R (*W fwd L, -, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R*) to SCP DLC ; **{Thru Fc Cl}** Thru R, -, sd L trng to fc ptr, cl R to CP WALL ;
* 2^{de} TIME: **{Chair & Slip}** Ck thru R, -, rec L, trng LF bk R (*W ck thru L, -, rec R, swvlg LF on R fwd L*) to CP DLC ;

PART C

01-04 STROLLING VINE w/ HESITATION & INSIDE ROLL ; ; STROLLING VINE w/ HESITATION & OUTSIDE ROLL ; ;

{Strolling Vine w/ Hesitation & Inside Roll} [SS-] Sd L, -; XRib (*WXLif*), swivel LF on R to DLW ; Sd & fwd L trng LF raising lead hands, -, fwd R, XLif to fc COH (*W fwd R across LOD trng LF, -, roll LF under lead hands L, R to fc ptr*) ; **{Strolling Vine w/ Hesitation & Outside Roll}** [SS-] Sd R, -, XLib (*WXRif*), swivel RF on L to DLC ; Sd & fwd R trng RF raising lead hands, -, fwd L, XRif to fc WALL (*W fwd L across LOD trng RF, -, roll RF under lead hands R, L to fc ptr*) ;

05-08 VINE 4 ; ROLL 3 to SCP ; OP NATURAL ; HESITATION CHANGE ;

{Vine 4} Repeat meas 5 Intro ; **{Roll 3 to SCP}** Repeat meas 6 Intro ; **{OP Natural}** Repeat meas 7 Intro ; **{Hesitation Chng}** Repeat meas 8 Intro ;

BRIDGE

01-02 WHISK ; THRU FACE CLOSE ;

{Whisk} Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP LOD ; **{Thru Fc Cl}** Repeat meas 8 Part B ;

ENDING

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & HOLD ;

{Diamond Turn 1/2} Repeat meas 1,2 Part B ; ; **{Qk Diamond 4}** Repeat meas 3 Part B ; **{Dip Bk & Hold}** Bk L w/ flexed knee, -, -, -;