# I Knew I Loved You

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Music: "I Knew I Loved You" by Vio Friedmann

CD: The Most Beautiful Songs For Dancing - 2000 or as single download @ Amazon.com

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Rhythm: Rumba Phase: V + 1 (Rope Spin)
Original Length of Music: 3:04 Music Modification: None

Sequence: Intro AB ABC B End

Footwork: Opposite for Woman unless otherwise noted

#### INTRO (6 Measures)

# 1-4 TANDEM BOTH FCING WALL / LADY IN FRONT / LEAD FEET FREE WAIT 2 MEASURES;; CUCARACHA; MAN CUCARACHA ~ LADY HIP RK 3;

- 1-2 (Wait; Wait) Hold intro position above for 2 measures;;
- **3** (Cucaracha) Sd L with partial weight, rec R, clo L, -;
- 4 (Man Cucaracha ~ Lady Hip Rk 3) Sd R with partial weight, rec L, clo R, -;

(Lady rk L rolling hip sd & bk, rk R rolling hip sd & bk, rk L rolling hip sd & bk, -,)

## 5-6 FINISH THE CHASE to CPW;;

**5-6** (Finish the Chase) Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -;

(Fwd R commence LF turn 1/2, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -;)

(Full Nat'l Top) XRIB of L commence RF trn, sd L continue trn, XRIB of L continuing the trn, -;

#### PART A (12 Measures)

## 1-4 HALF BASIC; TO A FULL NAT'L TOP TO CUDDLE CP FCING WALL;;;

- 1 (Half Basic) Fwd L, rec R commencing RF trn 1/4, bk L finishing 1/4 RF trn to fc RLOD, -;
- Sd L continue the trn, XRIB of L continue trn, sd L continue trn, -; XRIB of L continue trn, sd L continue trn, clo R completing 1 & 3/4 trn to fc wall placing arms around ptr

w/ hnds at ptrs shidr blades, -; (Sd L commence RF trn, XRIF of L continue trn, sd L continue trn, -; XRIF of L continue trn, sd L continue trn, XRIF of L continue trn, -; sd L continue trn, XRIF of L continue trn, sd L placing arms around ptr with hnds resting on top of the ptrs shoulders, -;)

#### 5-8 <u>CUDDLE 3X TO BFLY;;; AIDA ~ CKING;</u>

5-7 (Cuddle 3 X to Bfly) Sd L with inside edge pressure lowering the lead hnds & releasing the tension in & extending the right arm as well as turning the upper body RF to lead ptr's opening, recover R with tension in right arm to lead ptr's return to fc straightening

body, clo L to Cuddle CP, -; Sd R with inside edge pressure lowering the trailing hnds & releasing the tension in & extending the left arm as well as turning the upper body LF to lead ptr's opening, rec L with tension in left arm to lead ptr's

return to fc straightening body, clo R to Cuddle CP, -; Repeat measure 5

to end in Bfly; (Swiveling 1/2 RF on L ft & with right sd stretch step sd R to approximately Half Open, rec L with left sd stretch starting LF trn, fwd & sd R placing right hnd on ptr's

left shldr, -; Swiveling 1/2 LF on R ft & with left sd stretch step sd L to approximately

Half Open, rec R with left sd stretch starting RF trn, fwd & sd L placing left hnd on ptr's

right shldr, -; Repeat measure 5 to end in Bfly;)

(Aida ~ Cking) Thru R trning RF, sd L coninuing RF trn, bk R cking, -;

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- 9-12 <u>HIP RK 3 BOTH SWIVELING TO FC ~ FLARING IN TO;</u> THRU SERPIENTE;; THRU TO FNC LN ~ SHK HER HND;
  - 9 (Hip Rk 2 Both Swiveling to Fc ~ Flaring in to) Fwd L, rec R, fwd L flaring CCW to fc ptr, -;
  - 10-11 (Thru Serpiente) Thru R, sd L, behind R, fan L CCW; behind L, sd R, thru L, fan R CCW;
  - (Fnc Ln) X lunge thru R with bent knee looking to LOD, rec L trning to fc ptr, sd R shk ptrs right hnd, -;

#### PART B (8 Measures)

#### 1-4 OP HIP TWIST; FAN;

## START HOCKEY STICK TO TANDEM FCING WALL ~ NO HNDS; SWEETHEART;

- 1 (Op Hip Twist) From hndshake ck fwd L, rec R, clo L to R, -; (Bk R, rec L, fwd R twd ptr with tension in right arm then swivel 1/4 RF on "and" count, -;
- **2** (Fan) Bk R, rec L, sd R, -; (Fwd L, fwd R trning LF 1/2, bk L leaving R extended fwd with no weight, -;)
- 3 (Start Hockey Stick to Tandem Fcing Wall ~ No Hnds) Fwd L, rec R, clo L dropping handhold & bringing arms to waist level crossing hnds at the wrist with palms fcing body, -;
  (Clo R, fwd L, fwd R trning 1/4 to fc wall dropping handhold and bringing arms to waist level crossing hands at the wrist with palms fcing body, -;)
- **4 (Sweetheart)** Ck fwd R with left sd lead into contra ck like action while extending arms to the sd, rec L bringing arms back to center & straightening body, sd R, -; (Bk L with right sd lead into a contra ck like action while extending arms to the sd, rec R bringing arms bk to center & straightening body, sd L, -;)

## 5-8 <u>SWEETHEART AGAIN ~ JOIN LEAD HNDS & LADY SWIVEL TO FC;</u> UA TRN TO HIS RIGHT SHDLR; ROPE SPIN TO CPW\*\*\*;

# \*\*\*2ND TIME THRU TO BFLY \*\*\*3RD TIME THRU TO HND SHK;;

- (Sweetheart) Ck fwd L with right sd lead into contra ck like action while extending arms to the sd, rec R leaving arms extended & straightening body, sd L taking ptrs lead hnd leading her to swivel to fc, -; (Bk R with left sd lead into a contra ck like action while extending arms to the sd, rec L straightening body & leaving arms extended, sd & fwd R taking ptr's lead hnd & swiveling sharply RF to fc ptr, -;)
- **6-8** (UA Trn to a Rope Spin) Raising joined lead hnds trn body slightly RF & XRIB,

rec L squaring body to fc ptr, clo R prepping for Rope Spin by shaping to ptr with left sd stretch & slight RF body trn, -; Sd L, rec R, clo L, -; Sd R, rec L, clo R to CPW, -; (XLIF under joined lead hnds commence 1/2 RF trn, rec R completing RF trn to fc ptr, prepping for Rope Spin sd & fwd L twd right sd of ptr spiraling RF, -; Moving clockwise around ptr fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd & sd L to end fcing ptr in CPW, -;)

"I	<b>Knew</b>	H	_oved	You"	-	Pq	3
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#### PART C (9 Measures)

# 1-4 <u>1/2 BASIC; WHIP TO TANDEM COH; CUCARACHA;</u> MAN CUCARACHA ~ LADY HIP RK 3;

- 1 (1/2 Basic) Fwd L, rec R, sd L, -;
- 2 (Whip to Tandem Fcing COH) Bk R crossing right forearm over L commencing 1/4 LF trn LOD,

continue trn 1/4 rec fwd L letting go of ptr's hnds to fc COH & ptr's back,

sd R, -; (Fwd L stepping L ft directly in front of standing R ft,

fwd R letting go of ptr's hnds commencing one full trn LF to fc COH, sd L, -;)

- **3** (Cucaracha) Sd L with partial weight, rec R, clo L, -;
- 4 (Man Cucaracha ~ Lady Hip Rk 3) Sd R with partial weight, rec L, clo R, -;

(Lady rk L rolling hip sd & bk, rk R rolling hip sd & bk, rk L rolling hip sd & bk, -,)

## 5-8 FINISH THE CHASE TO X BODY ENDING;; LATIN WHISK; THRU FC CLO;

**5-6 (Finish the Chase to X Body Ending)** Fwd L bringing ptr to CP, rec R, sd L trning LF [ft trned about 1/4 and body trned 1/8] to L-shaped position, -; Bk R continue LF trn, small fwd L, sd & fwd R to CPW, -; (Fwd R commence LF turn 1/2 to CP, rec fwd L, fwd R to L-shaped position, -: Fwd L commencing to trn L, fwd R trning 1/2 LF end with right ft bk, sd & bk L, -;)

- **7** (Latin Whisk) XLIB of R, rec R, sd L, -;
- **8** (Thru Fc Clo) Thru R commencing RF trn, sd L to fc, clo R, -;
- 9 MERENGUE 4 ~ SHK HER HND;
  - **9** (Merengue 4) Sd L, clo R, sd L, clo R;

#### **END (6 Measures)**

- 1-4 <u>OP HIP TWIST; FAN;</u>
  - START HOCKEY STICK TO TANDEM FCING WALL ~ NO HNDS; SWEETHEART;
  - **1-4** Repeat Part B Measures 1-4;;;;
- 5-6 SWEETHEART AGAIN; X LUNGE, EXTEND THE ARMS & LOOK AT PTR;
  - (Sweetheart) Ck fwd L with right sd lead into contra ck like action while extending the arms to the sd, rec R bringing arms bk to center & straightening body, sd L, -; (Bk R with left sd lead into a contra ck like action while extending arms to the sd, rec L bringing arms bk to center & straightening body, sd R, -;)
  - 6 (X Lunge Slowly Extend the Arms & Look at Ptr ) XRIF of L with soft knee, beginning to slowly extend the arms, continue extending the arms while looking at ptr;

See Pg 4 for Quick Cues

## "I Knew I Loved You" Pg - 4 - Quick Cues

Sequence: Intro AB ABC B End

Wait; Wait; Cucaracha; Man Cucaracha ~ Lady Hip Rk 3; Intro:

Finish the Chase to CPW;;

1/2 Basic ~; to a Full Nat'l Top to Cuddle CP;;; A:

Cuddle 3X to Bfly;;; Aida ~ Cking;

Hip Rk 3 Both Swiveling to Fc ~ Flaring in to; Thru Serpiente;; Thru to Fnc Ln ~ Shk Her Hnd;

B: Op Hip Twist; Fan;

Start Hockeystick to Tandem Fcing Wall ~ No Hnds; Sweetheart;

Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;

UA Trn to His Rt Shldr; Rope Spin to CPW;;

A: 1/2 Basic ~; to a Full Nat'l Top to Cuddle CP;;;

Cuddle 3X to Bfly;;; Aida ~ Cking;

Hip Rk 3 Both Swiveling to Fc ~ Flaring in to; Thru Serpiente;; Thru to Fnc Ln ~ Shk Her Hnd;

B: Op Hip Twist; Fan;

Start Hockeystick to Tandem Fcing Wall ~ No Hnds; Sweetheart;

Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;

UA Trn to His Rt Shldr; Rope Spin to Bfly;;

C: 1/2 Basic; Whip to Tandem Fcing COH;

Cucaracha; Man Cucaracha ~ Lady Hip Rk 3;

Finish the Chase to a X Body Ending;; Latin Whisk; Thru Fc Clo;

Merengue 4;

B: Op Hip Twist: Fan:

Start Hockeystick to Tandem Fcing Wall ~ No Hnds; Sweetheart;

Sweetheart Again ~ Join Lead Hnds ~ Lady Swivels to Fc;

UA Trn to His Rt Shldr; Rope Spin ~ Shk Her Hnd;;

End: Op Hip Twist; Fan;

Start the Hockeytstick to Tandem Fcing Wall ~ No Hnds; Sweetheart;

Sweetheart Again; X Lunge, Slowly Extend the Arms & Look @ Your Ptr;