

I LOOKED AT HEAVEN

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Music: I Looked At Heaven by Tommy Edwards
From the CD album The Best Of Tommy Edwards
Available from Wal-Mart Music Downloads

Rhythm/Phase: Foxtrot Phase V

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Intro A B Bridge C A (9-16) B Ending

..... INTRODUCTION (4 Measures)

OPN FCNG DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP; BOX
FINISH;

[1 & 2] In opn fcng pos DLW lead feet free wait 2 meas;; [3] Step tog L, -, tch R blnd clsd pos, -;
[4] Bk R w/ slight lf rotation, -, sd L, cl R;

..... PART A (16 Measures)

REVERSE TURN 1/2 – CHECK & WEAVE;;; CHNG OF DIRECTION; DOUBLE REVERSE
SPIN; HOVER TELEMAR; 1/2 NATURAL TURN; HEEL PULL; REVERSE TURN;;
THREE-STEP; NATURAL HOVER CROSS;; OPN TELEMAR; FWD HOVER BJO; BK
HOVER SEMI;

[1 – 3] Fwd L start lf body turn, -, sd R cont turn, bk L LOD to clsd pos; (W bk R start lf body turn, -, cl L to right [heel turn] cont turn, fwd R to clsd pos;) Slip R back under body w/ slight contra check action, -, fwd L commence to turn left, sd R approx 1/8 turn to the left w/ right side lead & slight right side stretch prepare to lead W outside ptrn; With right side stretch bk L in CBMP cont 1/8 turn, bk R to momentary clsd pos cont to turn left, sd & fwd L w/ left side stretch approx 1/4 turn, w/ left side stretch fwd R in CBMP outside ptrn; [4] Fwd L DLW, -, fwd R DLW right shoulder lead & turn lf, draw L to right & brush; [5] Fwd L commence to turn left, -, sd R approx 3/8 turn to left, spin lf up to 1/2 on ball of right bringing left foot under body beside right w/ no weight; (W bk R commence to turn left, -, cl L to right heel turn approx one-half/sd & slightly bk R cont left turn, XLIF of right;) [6] Fwd L, -, diag sd & fwd R rising slightly w/ body turn approx 1/8 to 1/4 rf, fwd L small step on toes to semi-clsd pos;
[7] Commence rf upper body turn fwd R heel to toe, -, sd L across LOD, bk R; (W commence rf upper body turn bk L, -, cl R [heel turn] cont turn, fwd L;) [8] Bk L start rf turn, -, cont turn on left heel pull right foot back to left & transfer weight to R at end of step ending side w/ feet slightly apart, -; (W fwd R trng rf, -, cont turn sd L, draw R to left;) [9 & 10] Fwd L start lf body turn, -, sd R cont turn, bk L LOD to clsd pos; Bk R cont lf turn, -, sd & slightly fwd L DLW, fwd R to CBMP; (W bk R start lf turn, -, cl L to right [heel turn] cont turn, fwd R to clsd pos; Fwd L cont lf turn, -, sd R to DLW, bk L to CBMP DLW;) [11] Fwd L, -, fwd R, fwd L blnd clsd pos; [12 & 13] Fwd R commence to turn right, -, sd L w/ left side stretch, cont right turn sd R approx 1/2 turn fc DLC; With right side stretch fwd L in CBMP outside ptrn on toe, rec R w/ slight left side lead, sd & fwd L, w/ left side stretch fwd R in CBMP outside ptrn; (W bk L commence to turn right, -, cl R to left [heel turn] w/ a right side stretch trng approx 3/8, cont right turn sd L approx 1/4 turn; With left side stretch bk R in CBMP on toe, rec L w/ slight right side lead, sd & bk R, w/ right side stretch bk L in CBMP;) [14] Fwd L commence to turn left, -, sd R cont turn, sd & slightly fwd L to loose semi-clsd pos; [15] Fwd R, -, fwd L w/ slight rise, rec R; (W fwd L, -, fwd R w/ slight rise, rec L trng to bjo pos;) [16] Bk L, -, sd & bk R w/ slight rise, rec fwd L semi-clsd pos; (W fwd R, -, sd & bk L w/ slight rise, rec fwd R semi-clsd pos;)

..... PART B (16 Measures)

PROMENADE WEAVE;; THREE-STEP; MANUV SD CL; BK FEATHER; BK FEATHER
FINISH; THREE-STEP; FWD & RUN 2; CURVING THREE-STEP; BK CURVING
THREE-STEP; THREE-STEP; NATURAL TELEMAR; HOVER CROSS ENDING; OPN
TELEMAR; FWD HOVER BJO; BK HOVER SEMI;

[1 & 2] Fwd R, -, fwd L trng lf to clsd pos, sd & slightly bk R to CBMP DLC; Bk L DLC still in CBMP, bk R trng body lf & trng W to clsd pos, sd & slightly fwd L, fwd R bjo pos DLW; [3] Fwd L, -, fwd R, fwd L blnd clsd pos; [4] Commencing rf turn fwd R, -, cont rf turn to fc ptrn sd L, cl R; [5] Bk L, -, bk R w/ right

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shoulder lead, bk L to CBMP; [6] Bk R trng lf, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP; [7] Fwd L, -, fwd R, fwd L blind clsd pos; [8] Fwd R, -, fwd L, fwd R; [9] Fwd L commence to turn left, -, fwd R passing well under the body w/ right side stretch cont left turn, w/ right side stretch banking into the curve fwd L well under the body; [10] Bk R commence to turn left, -, bk L passing well under the body w/ left side stretch cont left turn, w/ left side stretch banking into the curve bk R well under the body; [11] Fwd L, -, fwd R, fwd L blind clsd pos; [12] Fwd R commence to turn right, -, sd L w/ left side stretch approx 1/4 turn, cont right turn sd & fwd R small step approx 1/2 turn; (W bk L commence to turn right, -, cl R to left [heel turn] w/ right side stretch trng approx 3/8, stay well into M's right arm cont right turn sd & slightly bk L approx 3/8 turn;) [13] With right side stretch fwd L CBMP outside ptrn, rec R, sd & fwd L, fwd R CBMP outside ptrn; [14] Same as meas 14 of Part A; [15] Same as meas 15 of Part A; [16] Same as meas 16 of Part A;

..... BRIDGE (1 Measure)

PKUP SD CL; [1] Fwd R pkup W, -, sd L, cl R;

..... PART C (8 Measures)

DIAMOND TURN;;;; 2 LEFT TURNS WALL;; WHISK; PKUP SD CL;

[1 - 4] Fwd L trng on diag, -, cont left turn sd R, bk L bjo pos; Staying in bjo pos & trng lf step bk R, -, sd L, fwd R; Still in bjo pos step fwd L trng on diag, -, sd R, bk L; Bk R cont turn, -, sd L, fwd R;
[5 & 6] Fwd L commence lf turn, -, sd R cont turn, cl L; Bk R cont lf turn, -, sd L cont turn to fc wall, cl R clsd pos wall; [7] Fwd L, -, fwd & sd R commence rise to ball of foot, XLIB of right end tight semi-clsd pos; [8] Fwd R pkup W, -, sd L, cl R;

..... ENDING (4 Measures)

PROMENADE WEAVE;; FWD, RIGHT LUNGE & HOLD;;

[1 & 2] Same as meas 1 & 2 of Part B;; [3 & 4] Fwd L, -, sd & slightly fwd R commence lunging action keeping left side in twd ptrn & as weight is taken on right flex right knee & make slight body turn to left & look at ptrn, -; -, -, -, -;