

# I LOVE TO LOVE

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Record: Casa Musica CD "Best of SlowFox", Track 14 (Peggy Lee) "I Love to Love"  
Phase: Foxtrot IV + 2 (Nat'l Hover Cross, Lilt) (Medium)  
Footwork: Opposite, directions for man (woman as noted)  
Timing: SQQ, except where noted. Timing reflects actual weight changes.  
Sequence: Intro, A, B, A(1-8), C, Brdg, B, A(1-8), B, End Revised July 28, 2010

## - INTRO -

### 1 - 4 OPEN FACING POSITION TRAIL feet free WAIT 2;; SWAY RIGHT & LEFT; FEATHER FINISH to BJO DLC:

- SS 1-2 [WAIT 2] Left Open Position facing DLW trail feet free WAIT 2;;  
3 [SWAY RIGHT & LEFT] Sway R, -, sway L, -; (W sway L, -, sway R, -;  
4 [FEATHER FINISH to BJO DLC] Back R, -, trng lf sd L, fwd R outside W to CBMP DLC;  
(W fwd L, -, trng lf sd R, bk L to CBMP;)

### 5 - 8 TELEMARK to SCP; NAT'L HOVER FALLAWAY; SLIP PIVOT to SCP; FEATHER;

- 5 [TELEMARK to SCP] Fwd L, -, trng LF sd R, trng to SCP sd & fwd L to SCP DLW; (W bk R, -, bringing L to R w/o wt trng LF on R heel chng wt to L, sd & fwd R to SCP DLW;)  
6 [NAT'L HOVER FALLAWAY] Thru R, -, trng RF fwd L, rec R to SCP DRW; (W thru L, -, small fwd & side R, rec bk L to SCP DRW;  
7 [SLIP PIVOT to BJO] Bk L, -, bk R trng LF, sd & fwd L to SCP LOD; (W bk R, -, turning LF fwd L between M's ft, sd & fwd R to SCP LOD;)  
8 [FEATHER] Thru R, - fwd L, fwd R to CBMP DLC; (W thru L, -, trng lf sd R, bk L to CBMP DLC;)

## - A -

### 1 - 4 TELEMARK to SCP; NAT'L HOVER CROSS;; CURVING THREE STEP:

- SQQ 1 [TELEMARK to SCP] Repeat measure 5 of INTRO  
QQQQ 2-3 [NAT'L HOVER CROSS] Fwd R, -, trng rf sd L, cont trn sd R to SCAR LOD; check fwd L, rec R, sd L outside partner, fwd R to CBMP DLC (W fwd L, -, trng rf sd R, cont trn bk L to SCAR; check bk R, rec L, small sd R, bk L to CBMP;)  
4 [CURVING THREE STEP] Fwd L DLC, -, fwd R, trng lf fwd L to CP DRC; (W bk R, -, bk L, trng lf fc bk R to CP;)

### 5 - 8 DOUBLE BACK LILT; REVERSE WAVE ENDING; OUTSIDE CHANGE to BJO; NAT'L TURN a HALF;

- QQQQ 5 [DOUBLE BACK LILT] Bk R, -/L, bk R, -/L; (W fwd L, -/R, fwd L, -/R;)  
6 [REVERSE WAVE ENDING] Bk R w/bent knee, -, bk L, bk R in CP curving to fc RLOD; (W fwd L, -, fwd R, fwd L to CP;)  
7 [OUTSIDE CHANGE to BJO] bk L, -, bk R trng lf, sd & fwd L to CBMP DLW; (W fwd R, -, fwd L trng LF, sd & bk R to CBMP;)  
8 [NAT'L TURN a HALF] Fwd R, -, trng rf fwd & sd L, bk R to CP RLOD; (W bk L, -, trng rf sd R, fwd L to CP;)

**9 – 12 BACK FEATHER; FEATHER FINISH; HOVER TELEMARK; FEATHER;**

- 9 [BACK FEATHER] Bk L, -, with R shoulder lead bk R, bk L to CBMP RLOD; (W fwd R, -, with L shoulder lead fwd L, fwd R to CBMP;)
- 10 [FEATHER FINISH] Bk R trng lf, -, sd L shoulder lead, fwd R to CBMP DLW; (W fwd L, with slight R shoulder lead sd R, bk L to CBMP;)
- 11 [HOVER TELEMARK] Fwd L, -, fwd R trng rf to SCP, sd & fwd L to SCP LOD (W bk R, -, bk L trng rf, sd & fwd to SCP;)
- 12 [FEATHER] Fwd R, -, fwd L, fwd R with lf side leading to CBMP DLC; (W fwd L, -, fwd & sd R, bk L to CBMP;)

**13 – 16 REVERSE TURN;; THREE STEP; FWD, FACE, CLOSE;**

- 13-14 [REVERSE TURN] Fwd L trng lf, -, fwd & sd R trng lf, bk L to CP RLOD; bk R, -, trng lf fc sd L, cont trn fwd R to CBMP DLW; (W bk R, -, pull L to R w/o wt trng on R heel changing wt to L, fwd R; fwd L, -, trng lf fc sd R, cont trn bk L to CBMP;)
- 15 [THREE STEP] Fwd L, -, fwd R to CP, fwd L DLW; (W bk R, -, bk L, bk R to CP;)
- 16 [FWD, FACE, CLOSE] Fwd R, -, trng RF sd & fwd L to fc WALL, cl R; (W bk L, -, trng RF sd & bk R, cl L;)

**- B -**

**1 – 4 VINE FOUR; SIDE DRAW CLOSE; VINE FOUR; SIDE DRAW CLOSE;**

- |      |   |   |
|------|---|---|
| SSSS | 1 | [VINE FOUR] Sd L, -, XRIBL, -; sd L, -, XRIFL, -; (W sd R, -, XLIFR, -; sd R, -, XLIBR, -;)           |
| S S  | 2 | [SIDE DRAW CLOSE] Sd L, -, draw R to L & chng wt to R, -; (W sd R, -, draw L to R & chng wt to L, -;) |
|      | 3 | [VINE FOUR] Repeat measure 1 of Part B  |
|      | 4 | [SIDE DRAW CLOSE] Repeat measure 2 of Part B  |

**5 – 8 HOVER; FEATHER; THREE STEP; FEATHER;**

- 5 [HOVER] Fwd L, -, rotating slightly RF sd R rising, sd & fwd L to SCP LOD; (W bk R, sd L, sd & fwd R to SCP;)
- 6 [FEATHER] Repeat measure 12 of Part A to CBMP LOD
- 7 [THREE STEP] Repeat measure 15 of Part A
- 8 [FEATHER] Repeat measure 12 of Part A to CBMP DLC

**- C -**

**1 – 4 CLOSED IMPETUS; FEATHER FINISH; TELEMARK to SCP; OPEN NAT'L;**

- 1 [CLOSED IMPETUS] Bk L trng rf, -, bring R to L w/o wt trng on L taking wt on R cont trng on R, bk L; (W fwd R trng rf, -, fwd L around Man, - fwd R to CP;)
- 2 [FEATHER FINISH] Repeat measure 4 of INTRO to CBMP DLC
- 3 [TELEMARK to SCP] Repeat measure 5 of INTRO
- 4 [OPEN NAT'L] Thru R, -, swinging left side RF sd L, cont rotation with RT side leading bk R to BJO RLOD; (W thru L, -, trng RF sd R, with LF side leading fwd L to BJO;)

**5 – 8 BACK TWIST FOUR; IMPETUS to SCP; THRU VINE FOUR; FEATHER;;**

- |      |   |   |
|------|---|---|
| QQQQ | 5 | [BACK TWIST FOUR] XLIB trng rf, sd R trng rf, XLIF trng lf, sd R; (W XRIF trng rf, sd L trng rf, XLIB trng lf, sd L;)   |
|      | 6 | [IMPETUS] Bk L, -, drawing R to L w/o wt trng rf on L taking wt on R cont trn on R, sd & fwd L to SCP DLC; (W fwd R trng rf, -, fwd L around Man trng rf, sd & fwd R to SCP DLC;) |
| QQQQ | 7 | [THRU VINE FOUR] Thru R trng rf, sd L trng rf, XLIB trng lf, sd L; (W thru L trng lf, sd R trng lf, XLIB trng rf, sd R;)  |
|      | 8 | [FEATHER] Repeat measure 12 of Part A to CBMP LOD   |

**9 – 12 REVERSE WAVE;; BACK FEATHER; BACK THREE STEP;**

- 9-10 **[REVERSE WAVE]** Fwd L, - trng lf  $\frac{1}{4}$  sd R, bk L to CP DRC; bk R, - bk L trng lf, bk R to CP RLOD; (W bk R, -, pull L to R trng on R heel chng wt to L, fwd R; fwd L, -, fwd R, fwd L to CP;)
- 11 **[BACK FEATHER]** Repeat measure 9 of Part A
- 12 **[BACK THREE STEP]** Bk R, -, bk L, bk R to CP RLOD; (W fwd L, -, fwd R, fwd L;)

**- BRIDGE -**

**1 – 2 OUTSIDE CHANGE to SCP; THRU, FACE, CLOSE;**

- 1 **[OUTSIDE CHANGE to SCP]** Back L, -, bk R beginning to turn LF, sd & fwd L to SCP DLW: (W fwd R, -, fwd L, sd & fwd R to SCP DLW;)
- 2 **[THRU, FACE, CLOSE]** Fwd R, -, fwd L trng to fc WALL, cl R; (W fwd L, -, fwd R, cl L;)

**- ENDING -**

**1 – 4 SLOW HESITATION CHANGE to SCAR LOD;; HOVER CROSS ENDING; TELEMARK to SCP;**

- S- -S- - 1-2 **[SLOW HESITATION CHANGE]** Bk L, -, slowly turning RF, -; cont trn, -, sd R to a loose SCAR LOD, -; (W fwd R, -, slowly turning RF, -; cont trn, -, sd & bk L to SCAR, -;)
- QQQQ 3 **[HOVER CROSS ENDING]** Fwd L in SCAR, rec R, sd L, fwd R outside W in CBMP DLC; (W bk R, rec L, small sd R, bk L in CBMP;)
- 4 **[TELEMARK to SCP]** Repeat measure 5 of INTRO

**5 – 6 VINE FOUR; THRU PROMENADE SWAY & QUICK CHANGE OF SWAY;**

- SQ- 5 **[THRU VINE FOUR]** Repeat measure 7 of Part C to SCP DLW
- 6 **[THRU PROMENADE SWAY & QUICK CHANGE OF SWAY]** Thru R, -, sd L to a Promenade Sway, quick change sway; (W thru L, -, sd R, -;) Promenade sway is on the side step (**beat three**) with a quick change of sway on the fourth beat