

I LOVE YOU SO MUCH IT HURTS

Music: Charlie Schaffer

www.amazon.com/Some of Charlie's Favorites

Track #14 Time 2:18 Available from Choreographer

Rhythm: Waltz Phase: V+1 (Spin & Twist)

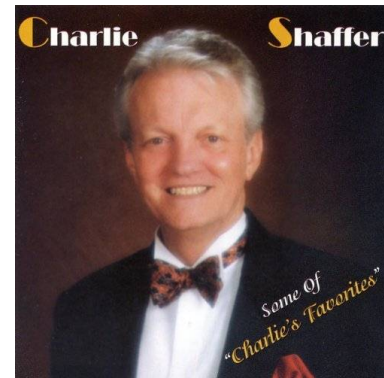
Footwork: Opposite except where (Noted)

Release Date: March 20

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Sequence: INTRO AA B END



INTRO

CP DLW LEAD FOOT FREE START IMMEDIATELY AFTER THE 3th NOTE

01-04 HOVER TELE ; NATURAL HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR ;

{Hover Tele} Fwd L, fwd R rising & lft-shldr lead, sd & fwd L to SCP LOD ; **{Natural Hover Fallaway}** Fwd R, fwd L risg & trng RF, rec R (*W fwd L, trng RF fwd R, rec L*) to SCP DRW ; **{Slip Pivot}** Bk L, bk R trng ¼ LF, fwd L (*W bk R stg LF pvt on ball of ft w/ thighs locked L leg extended, fwd L cont trn plc L near M's R ft, bk R*) to BJO DLW ; **{Cross Pivot to SCAR}** Fwd R comm RF trn, sd L cont RF trn, cont trn sd R (*W bk L comm RF trn, cl R [heel trn] w/ r-sd stretch, cont RF trn sd L*) to SCAR DLW ;

05-08 FORWARD SYNCOPATED TWISTY VINE TWICE ; ; CROSS HOVER to BJO ; FORWARD FACE CLOSE ;

{Fwd Syncopated Twisty Vine x 2} [QQQQ x 2] Fwd L comm LF trn, sd R cont trn to CP COH/XLib (*W XRif*) cont turn to BJO DRC, swivel RF on L fwd R to SCAR DLW ; Repeat meas 5 Intro ; **{Cross Hover to BJO}** XLif, sd R & fwd hvrg, rec L to BJO DLC ; **{Fwd Fc Cl}** Fwd R trng RF to DLW, sd L, cl R to CP DLW ;

PART A

01-04 WHISK ; WEAVE 6 to BJO ; ; UNDERTURNED MANEUVER ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; **{Weave 6 to BJO}** Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; **{Underturned Maneuver}** Fwd R stg RF trn, cont trn sd & bk L, bk R w/ r-sd ld (*W bk L trng RF, fwd R btwn M's feet, fwd L*) to CP DRW ;

05-08 OUTSIDE CHANGE to SCP ; IN & OUT RUNS ; ; WHIPLASH to CP DLW ;

{Outsd Chg to SCP} Comm LF trn bk L, bk & sd R cont LF trn, sd & fwd L (*W fwd R, L, R*) to SCP DLW ; **{In & Out Runs}** Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; **{Whiplash to CP}** [1,-,-] Thru R, trng bdy RF to ptr point L LOD (*W thru L, point R fwd, swivel slowly on L LF to fc ptr*) to CP DLW, - ;

09-12 HOVER TELE ; VIENNESE CROSS ; BACK & CHASSE to SCP ; CROSS HESITATION ;

{Hover Tele} Repeat meas 1 Intro ; **{Viennese Cross}** [1,2&3] Thru R, fwd L trng LF/sd R contg LF trn, XLif (*W thru L trng LF to CP, sd & bk R trng LF/sd L contg LF trn, cl R*) to CP RLOD ; **{Bk & Chasse to SCP}** [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to SCP LOD ; **{Cross Hesitation}** [1,-,-/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (*W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ;

13-16 SPIN & TWIST to DLW ; ; BOX FINISH ; DBL REVERSE SPIN to DLW ;

{Spin & Twist} Bk L pvtg RF, fwd R heel to ball cont turn, sd L twds DLW (*W fwd R betw M's Feet pivot RF, bk L cont turn, cl R*) ; [1,-,3/W 1,&2,3] M hook Rib w/partial wgt, unwind RF chng wgt to R, cont unwind stp sd & bk L (*W fwd L/R around M, fwd L trng RF, fwd R btwn M's ft*) to CP DLW ; **{Box Finish}** Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ; **{Dbl Reverse Spin to LOD}** [1,2-/W1&2,3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (*W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif*) to DLW ;

PART B

01-04 VIENNESE TURNS TWICE ; ; ; ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; Repeat meas 1,2 Part B ; ;

05-08 WHISK to ½ OP ; OP IN & OUT RUNS ; ; THRU FACE CLOSE ;

{Whisk to ½ OP} Repeat meas 1 Part A to ½ OP LOD ; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xifo M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; **{Thru Fc Cl}** Thru R, sd L turn to fc, cl R to CP DLW ;

09-12 HOVER TELE ; VIENNESE CROSS ; BACK & CHASSE to SCP ; CROSS HESITATION ;

{Hover Tele} Repeat meas 1 Intro ; **{Viennese Cross}** Repeat meas 10 Part A ; **{Bk & Chasse to SCP}** Repeat meas 11 Part A ; **{Cross Hesitation}** Repeat meas 12 Part A ;

ENDING

01-04 SPIN TURN ; BACK & SIDE to PROMENADE SWAY ; CHANGE to OVER SWAY ; RECOVER to HOVER SCP ;

{Spin Turn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; **{Bk & Sd to Promenade Sway}** [1,2-] Bk R (*W fwd L*), sd L twds DLC, stretch R sd gradually to look over the jnd ld-hnds usg full meas ; **{Chng to Oversway}** With no chg wgt relax L knee keepg R leg xtnd w/ slight LF upper bdy trn & stretch L sd both w/ head well to L (*W relax R knee & w/ LF upper bdy trn slowly change head from R to L usg full meas*) ; **{Rec to Hover to SCP}** Rec bk R, brush L to R, fwd L to SCP LOD ;

05-08 THRU SIDE BEHIND ; ROLL 3 to SCP ; THRU to PROMENADE SWAY & QUICK CHANGE to OVERSWAY ; ;

{Thru Sd Behind} Thru R, sd L to fc ptr, XLib (*W XLib*) ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Thru Prom Sway}** [12-] Thru R, sd & fwd L stretch left sd look over jnd ld-hnd, - ; **{Change to Oversway}** [Q] Repeat meas 3 Ending & Hold ;