

I TOLD YOU BOLERO

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MUSIC: CD: Carnival Ride (Carrie Underwood) Track 10 *I Told You So*, available for download as mp3 from Amazon, etc.

FOOTWORK: Opposite unless noted (*Woman's footwork in parentheses*) Time: 3:50 at 50 rpm

RHYTHM: Bolero RAL Phase IV+2 (riff turn, hinge line) Degree of Difficulty: AVERAGE

SEQUENCE: INTRO A B BRIDGE A B END

MEAS:**INTRO****1-4 CP/WALL LEAD FT FREE WAIT 2 MEAS;; HIP LIFT 2X;;**

1-2 CP/WALL M's L W's R foot free wait 2 Meas ; ;

3-4 {Hip lift} Sd L rising, bring R toward L & touch, w/ slight pressure on R ft straighten R leg, relax R knee ;
{Hip lift} Sd R rising, bring L toward R & touch, w/ slight pressure on L ft straighten L leg, relax L knee ;

PART A**1-4 BASIC;; HAND TO HAND 2X;;**

1-2 {Basic} CP Sd L w/ rise, -, bk R lower with slip action, fwd L ; Sd R w/ rise, -, fwd L lower with slip action, bk R ;

3 {Hand to Hand} Sd L w/ rise, -, trng RF to fc RLOD bk R w/ bent knee (W trng LF bk L) to LOP w/ trailing arms out to sd, fwd L trng LF (W fwd R trng RF) to fc ptr & Wall in BFLY ;

4 {Hand to Hand} Sd R w/ rise, -, trng LF to fc LOD bk L w/ bent knee (W trng RF bk R) to OP w/lead arms out to sd, fwd R trng RF (W fwd L trng LF) to fc ptr & Wall in BFLY ;

5-8 UNDERARM TURN; REVERSE UNDERARM TURN; TIME STEP 2X (CP);;

5 {Underarm Turn} Release trail hnds sd L w/ rise, -, XRIBL bent knee, fwd L (W sd R w/ body rise commence RF trn under jnd ld hnds, -, XLIFR lowering and continue trng RF ½, fwd R complete the RF trn to fc ptr) end fcg WALL ;

6 {Rev U/A Turn} Sd R w/ body rise, -, XLIFR bent knee, bk R (W sd L w/ body rise commencing LF turn under jnd ld hands,-, XRIFL bent knee trng ½ LF , fwd L cont LF trn to fc ptr) end fcg Wall ;

7-8 {Time Step} Sd L rising w/ arms out to side, -, XRIBL (W XLIBR), fwd L (W fwd R) bringing hands together ;
{Time Step} Sd R rising w/ arms out to side, -, XLIBR (W XRIBL), fwd R (W fwd L) to CP/Wall ;

9-12 BASIC;; NEW YORKER 2X;;

9-10 Repeat PART A Meas 1-2 ; ;

11 {New Yorker} Release ld hnds sd & slightly bk L (W sd & slightly bk R) rising, -, trng LF (W RF) to OP/LOD fwd R (W fwd L) with slipping action lowering & trail arms extended fwd, bk L trng to fc ptr in BFLY ;

12 {New Yorker} Sd R rising releasing trl hnds, -, trng RF (W LF) to LOP/RLOD fwd L (W fwd R) with slipping action lowering & ld arms extended fwd, bk R trng to fc ptr ld hnds jnd ;

13-16 CROSS BODY (DC); FORWARD BREAK; SPOT TURN 2X to CP/COH;;

13-14 {Cross Body} Sd & bk L trn LF with rise (W Sd & fwd R), -, bk R lower with slipping action (W fwd L crossing in front of M trng LF), fwd L trng LF (W sd & bk R) to end fcg DC ; {Fwd Brk} Sd R rising to LOP fcg DC, -, fwd L with lower to contra chk like action, bk R with soft knee to end BFLY pos fcg DC;

15-16 {Spot Trn} Sd & slightly bk L to fc COH (W sd & slightly fwd R), -, XRIFL trng LF (W XLIFR trng RF), fwd L (W fwd R) cont trn to fc ; Sd R,-, XLIFR trng RF (W XRIFL trng LF), fwd R (W fwd L) cont trn to CP/COH ;

PART B**1-4 TURNING BASIC (WALL);; TURNING BASIC (COH);;**

1-2 {Turning Basic} Sd L with slight body trn RF rising (W Sd R trn RF Look R), -, trn LF slip piv action bk R lowering, sd and fwd L trn LF to fc Wall ; Sd R with rise, -, fwd L lowering with contra ck action, bk R with soft knee to CP fcg Wall ;

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PART B (CONT)

3-4 {Turning Basic} Sd L with slight body trn RF rising (W Sd R trn RF Look R), -, trn LF slip piv action bk R lowering, sd and fwd L trn LF to fc COH ; Sd R with rise, -, fwd L lowering with contra ck action, bk R with soft knee to CP fcg COH ;

5-8 RIFF TURN; SHOULDER to SHOULDER 2X;; SYNC. HIP ROCKS (SQ&Q);;

5 {Riff trn} Sd L raising lead hnds start W into RF spin, cl R to L as W completes spin, sd L keep lead
 QQQQ hnds high, cl R to L (W sd & fwd R commence RF spin, cl L to R spinning RF completing 1 full trn under lead hnds, fwd R commence RF spin, cl L to R completing 2nd full spin under lead hnds) to BFLY ;
 6-7 {Shldr-to-Shldr} Sd L with rise, -, XRIFL (W XLIBR) lowering, bk L to fc ; {Shldr-to-Shldr} Sd R with rise, -, XLIFR (W XRIBL) lowering, bk R trng to fc ptr in BFLY/COH ;
 8 {Sync Hip Rocks} BFLY Sd L w/ hip roll, -, w/ hip rolls Sd R/Sd L, Sd R w/ hip roll ;
 SQ&Q

9-12 AIDA W/HIP RKS;; SWITCH RK (CP); FWD 1/2 BASIC;

9 {Prep Aida} Sd L rise to modified slight open V shape twd ptr, -, thru R (W thru L), trng RF (W LF) step sd L ;
 10 {Aida Line w/ Hip Rks} Releasing trail hnds cont trng RF to fc LOD bk R (W LF bk L) to bk to bk V shape twd ptr, -, rk in place L, R ;
 11-12 {Switch Rk} Bk & sd L bringing ld hnds between to fc COH (W bk & sd R to fc ptr), Sd R w/hip roll, Sd L w/ hip roll blending to CP/COH ; {Fwd ½ Basic} Sd R w/ rise, -, fwd L lower with slip action, bk R CP/COH ;

13-16 SIDE STAIRS 8;; NEW YORKER; OPEN BREAK (CP);

13-14 {Sd Stairs 8} Sd L, cl R, fwd L, cl R ; Sd L cl R, fwd L, cl R ;
 QQQQ
 QQQQ
 15-16 {New Yorker} Repeat PART A Meas 11; {Op Brk} Sd R with body rise to LOP fcg free arms extended to sd, -, bk L (W bk R) lowering, fwd R (W fwd L) to CP/COH ;

BRIDGE

1-2 HIP LIFT 2X;;

1-2 Repeat INTRO Meas 3-4 fcg COH ; ;

REPEAT A Facing Opposite Direction (COH to Start)

REPEAT B Facing Opposite Direction (WALL to Start)

END

1-4 SIDE STAIRS 8;; NEW YORKER; OPEN BREAK (CP);

1-2 Repeat PART B Meas 13-14 fcg Wall ; ;
 3-4 {New Yorker} Repeat PART A Meas 11; {Op Brk} Repeat PART B Meas 16 fcg Wall ;

5-8 HIP LIFT 2X;; SIDE to SLOW HINGE;;

5-6 Repeat INTRO Meas 3-4 ; ;
 7-8 {Sd to Slo Hinge line} Sd L rising, -, slowly trng upper body LF (W swiveling LF on R ft hook L in bk of R),
 S- - relax L knee lowering w/R leg straight & pointed to RLOD (W lowering on L w/ R leg straight & pointed
 (SQ-) to RLOD head well to the L) ; - ;

NOTE: Dance progresses about 4-6 ft toward wall (Sd Stairs 8), have dancers leave space when beginning.