

I WROTE A SONG

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CD : 2005 CAP-Sounds, CD Title "The Most Beautiful Songs For Dancing, Vol. 1" (Artist: Vio Friedmann) Song Title "I Wrote A Song" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 2.41

RHYTHM: Quickstep RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A-B-A-B-A-B(1-15)-ENDING

MEAS:

INTRODUCTION

1-4 OP-FCG DLW WAIT 2 MEAS;; APART POINT; PICKUP TOUCH;

- 1-2 Wait in OP- FCG DLW w/ ld ft free;;
- 3 {**Apert Point**} OP-FCG DLW Apt L, -, pt R twd ptr, -;
- 4 {**Pickup Touch**} Tog R, -, tch L to CP LOD;

PART A

1-3 WALK 2; 2 LEFT TURNS TO FC WALL;;

- 1 {**Walk 2**} CP LOD Fwd L, -, fwd R, -;
- 2-3 {**2 Left Turns fc WALL**} CP LOD Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

4-9 WHISK ~ THRU CHASSE TO SCP;;; THRU HOVER TO BJO ~ BACK HOVER TO SCP;;;

- 4-6 {**Whisk**} CP WALL Fwd L, -, fwd & sd R stg rise to ball of ft, -; XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, -, bk & sd L stg to rise to ball of ft, -; XRib cont to full rise to ball of ft), -, {**Thru Chasse to SCP**} SCP LOD fwd R trn to fc, -; Sd L, cl R, sd L to SCP LOD, -;
- 7-9 {**Thru Hover to BJO**} SCP LOD Thru R, -, fwd L w/ slight rise, -; rec R to BJO LOD (W thru L, -, fwd R w/ slight rise trn LF & brush L to R, -; Rec L to fc RLOD)-, {**Back Hover to SCP**} BJO LOD bk L, -; Sd & bk R w/ slight rise, -, rec L to SCP LOD (W fwd R, -; Sd & fwd L w/ slight rise trn RF & brush R to L, -, rec R), -;

10-12 THRU CHASSE TO BJO ~ FWD FWD LOCK WD;;;

- 10-12 {**Thru Chasse to BJO**} SCP LOD Fwd R trn to fc, -, sd L, cl R; Sd L to BJO DLW, -, {**Fwd Fwd Lock Fwd**} BJO DLW fwd R, -; Fwd L, lk Rib (W lk Lif), fwd L, -;

13-16 FWD FWD LOCK FWD ~ MANEUVER SIDE CLOSE ~ SPIN TURN;;;;

- 13-16 {**Fwd Fwd Lock Fwd**} BJO DLW Fwd R, -, fwd L, lk Rib (W lk Lif); Fwd L, -, {**Maneuver Side Close**} BJO DLW stg RF trn fwd R heel to toe, -; Sd L acrs LOD, cl R to CP RLOD (W stg RF trn bk L, -; Sd R acrs LOD, cl L), {**Spin Turn**} CP RLOD stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, -; Fwd R between W's ft heel to toe cont trn leave L leg extended bk & sd, -, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -; Bk L toe cont trn brush R to L, -, fwd R), -;

PART B

1-4 BOX FINISH FC DLC; WALK & CHECK BJO; WHALETAIL;;

- 1 {**Box Finish fc DLC**} CP DLW Bk R trn 1/4 LF, -, sd L, cl R to CP DLC;
- 2 {**Walk & Check BJO**} CP DLC Fwd L, -, ck fwd R to BJO DLC, -; [if you prefer not to cue a check before a fishtail this measure can be cued Walk 2 to BJO]
- 3-4 {**Whaletail**} BJO DLC XLib but not tightly, as bdy starts RF trn sm sd R comp 1/4 RF bdy trn, fwd L w/ L shldr ld, lk Rib but not tightly (W XRif but not tightly, as bdy starts RF trn sm sd L comp 1/4 RF bdy trn, bk R w/ R shldr ld, lk Lif but not tightly); Sd L stg LF bdy trn, cl R comp 1/4 LF bdy trn, XLib stg RF bdy trn, sd R comp 1/4 RF bdy trn (W sd R stg LF bdy trn, cl L comp 1/4 LF bdy trn, XRif stg RF bdy trn, sd L comp 1/4 RF bdy trn);

PART B (cont.)

5-8 WALK 2 FC DLC; TURN LEFT & RIGHT CHASSE TO BJO ~ BACK BACK LOCK BACK;;;

5 {Walk 2 fc DLC} Fwd L, -, fwd R to fc DLC, -;

6-8 {Turn Left & Right Chasse to BJO} CP DLC Fwd L trn LF, -, sd R,cl L; Sd & slightly bk R to BJO RLOD (W bk R trn LF, -, sd L,cl R; Sd & slightly fwd L), -, {Back Back Lock Back} BJO RLOD bk L, -; Bk R, lk Lif (W lk Rib), bk R, -;

9-12 IMPETUS TO SCP ~ THRU FACE CLOSE ~ FWD HOVER TO CP;;;:

9-12 {Impetus to SCP} BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, -; Fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, -; Fwd R), -, {Thru Face Close} SCP DLC thru R trn RF (W thru L trn LF) -; Sd L, cl R to CP DLW, {Forward Hover to CP} CP DLW fwd L, -; Sd & fwd R w/ slight rise, -, rec L to CP DLW (W bk R, -; Sd & bk L w/ slight rise, -, rec R), -;

13-16 BOX FINISH FC DLC; 2 LEFT TURNS FC DLW;; WALK 2 FC LOD;

13 {Box Finish fc DLC} CP DLW Bk R trn 1/4 LF, -, sd L, cl R to CP DLC;

14-15 {2 Left Turns fc DLW} CP DLC Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP DLW (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

16 {Walk 2 fc LOD} CP DLW Fwd L, -, fwd R to CP LOD, -; [the 4th time leave out the walk 2 & go to the ending]

ENDING

1 APART POINT;

1 {Apart Point} CP DLW Apt L, -, pt R twd ptr, -;

AB AB AB AB(1-15)

WAIT
APART POINT

WAIT
PICKUP TOUCH

A WALK 2

THRU HOVER TO BJO

2 LEFT TURNS FC WALL
WHISK
<THRU CHASSE TO SCP

.....
<BACK HOVER TO SCP

THRU CHASSE TO BJO

FWD FWD LOCK FWD

<FWD FWD LOCK FWD

<MANEUVER SIDE CLOSE

<SPIN TURN

B BOX FINISH FC DLC
WHALETAIL
WALK 2

WALK & CHECK BJO

TURN LEFT & CHASSE TO BJO
<BACK BACK LOCK BACK

.....
IMPETUS TO SCP
<THRU FACE CLOSE
BOX FINISH FC DLC

<FWD HOVER TO CP
2 LEFT TURNS FC DLW
WALK 2 FC LOD (1 2 3)
APART & POINT (4)

3-3 I WROTE A SONG (ROSS) 5700
(STANDARD INTRO TO CP LOD)