

I'M A ONE-WOMAN MAN

Rhythm/Phase: Two-Step, Phase II
Choreographers.: Amy McKinley, 3408 Brookhaven Club Dr., Farmers Branch, TX 75234
e-mail: amymckinley2000@yahoo.com
Release Date: August 11, 2016
Music: I'm A One Woman Man - Album: George Jones - "One Woman Man", Track 1
Download: Amazon.com
Time/Speed: Downloaded file: 2:14 Play at about +5.5% (47.5 "rpm") or to suit.
Footwork: Opposite throughout (*Lady as noted in parentheses*).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Easy
Sequence: INTRO, A, B, C, A, B, C, A, B, ENDING

INTRODUCTION

1-4 **WAIT 2 MEASURES;; STEP APART & POINT; PICKUP & TOUCH;**
1-2 {Wait} M fc prtnr & Wall with lead ft free in BFLY pos wait 2 measures ;;
S 3 {Apart-Point} step Apart L, -, point R twd DLW, - ;
S 4 {Pickup-Tch} Rec R trng to fc LOD leading W to pickup, -, tch L blending to CP-LOD, - ;
(*Rec fwd L trng to fc RLOD, -, tch R blending to CP, - ;*)

PART A.

1-4 **FWD 2-STEPS 2X;; SCISSOR TO SCAR; SCISSOR TO BJO;**
1-2 {Fwd 2-Steps} Twd LOD Fwd L, cl R, fwd L, - ; Fwd R, cl L, fwd R, - ;
3 {Sciss SCAR} Sd & fwd L, with sl RF body rotation cl R, fwd L crossing in front to SCAR, - ;
4 {Sciss BJO} Sd & fwd R, with sl LF body rotation cl L, fwd R crossing in front to Bjo, - ;
5-8 **FWD LOCK FWD 2X;; HITCH 3; HITCH-SCISSOR TO BFLY;**
5-6 {Fwd-Lk-Fwd 2X} Fwd L, Lk RIB, Fwd L, - ; Fwd R, Lk LIB, Fwd R, - ;
7 {Hitch 3} Fwd L, cl R, bk L, - ;
8 {Hitch-Sciss-BFLY} Bk R, cl L, fwd R trng RF blending to BFLY-Wall, - ;
(*Sd L, cl R, sm fwd L trng RF blending to BFLY, - ;*)

PART B.

1-4 **VINE 8;; 1/2 BOX; SCISSOR THRU TO SCP;**
QQQQ 1-2 {Vine 8} Twd LOD Sd L, XRIB, sd L, XRIF ; Sd L, XRIB, sd L, XRIF ;
QQQQ
3 {Half Box} Sd L blending to CP, cl R, fwd L, - ;
4 {Sciss Thru} Sd R, cl L, Fwd R twd LOD blending to SCP-LOD, - ;
5-8 **FWD 2-STEPS 2X;; BASKETBALL TURN (TO OPEN);;**
5-6 {Fwd 2-Steps} Twd LOD in SCP Fwd L, cl R, fwd L, - ; Fwd R, cl L, fwd R, - ;
SS 7-8 {Basketball Turn} Rel hands Fwd L comm RF turn, - , rec R cont turn, - ;
SS Fwd L cont turn, - , rec R finishing turn blending to Open Pos-LOD, - ;

PART C.

1-4 FWD 2-STEPS 2X;; SCOOT 4; WALK 2 TO FACE;

1-2 {Fwd 2-Steps} Twd LOD in Op Pos Fwd L, cl R, fwd L, - ; Fwd R, cl L, fwd R, - ;
QQQQ 3 {Scoot 4} Still in Op Pos Fwd L, cl R, fwd L, cl R ;
SS 4 {Walk & Face} Fwd L, - , fwd R trng RF blending to BFLY-Wall, - ;

5-8 TRAVELING BOX (FINISH IN PICKUP);;;

QQS; SS 5-8 {Trav Box to PU} Sd L, cl R, Fwd L, - ; Sd R, - , cl L, - ;
QQS; SS Sd R, cl L, bk R, - ; Sd & fwd L twd LOD, - , sm fwd R trng LF to fc LOD leading W to CP, - ;
QQS; SS (Sd R, cl L, bk R, - ; Sd L, - , cl R, - ; Sd L, cl R, fwd L, - ;
QQS; SS Sd & Fwd R twd LOD, - , fwd L trng LF in front of M blending to CP, - ;)

Option: Measure 6 may be executed as a LF twirl 2 for the lady.

REPEAT PARTS A, B, C, A, B :

PART A.

**1-8 FWD 2-STEPS 2X;; SCISSOR TO SCAR; SCISSOR TO BJO; FWD LOCK FWD 2X;;
HITCH 3; HITCH-SCISSOR TO BFLY;**

PART B.

**1-8 VINE 8;; 1/2 BOX; SCISSOR THRU TO SCP; FWD 2-STEPS 2X;;
BASKETBALL TURN (TO OPEN);;**

PART C.

1-8 FWD 2-STEPS 2X;; SCOOT 4; WALK 2 TO FACE; TRAVELING BOX (FINISH IN PICKUP);;;

PART A.

**1-8 FWD 2-STEPS 2X;; SCISSOR TO SCAR; SCISSOR TO BJO; FWD LOCK FWD 2X;;
HITCH 3; HITCH-SCISSOR TO BFLY;**

PART B.

**1-8 VINE 8;; 1/2 BOX; SCISSOR THRU TO SCP; FWD 2-STEPS 2X;;
BASKETBALL TURN (TO OPEN);;**

ENDING

1-4 FWD 2-STEPS 2X; TO BFLY; SLOW OPEN VINE 3; POINT THRU;

1-2 {Fwd 2-Steps} Repeat Part C meas 1 ; Repeat Part C meas 2 blending to BFLY-Wall ;
SS 3-4 {Slow Op Vine 3-Point} Sd L rel tr hands opening out RF, - , XRIB blending to BFLY-Wall, - ;
S - Sd L rotating LF rel lead hands opening out, - , point R ft thru twd DLW, - ;

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Quick Cues

Two-Step - Phase 2 Choreo.: Amy McKinley Sequence: Intro-ABC-ABC-AB-Ending

Music: George Jones: "One Woman Man" , Track 1 Download: Amazon.com

Speed: +5.5% (47.5 "rpm") or to suit. (Original downloaded time 2:14)

INTRO: WAIT 2X (Lead hands joined, M fc partner & Wall, Lead Ft. Free);
APART & POINT; PICKUP & TOUCH;

PART A: 2 FWD 2-STEPS;; SCISSOR TO SCAR; SCISSOR TO BJO; FWD-LOCK-FWD 2X;;
HITCH 3; HITCH-SCISSOR TO B'FLY;

PART B: VINE 8;; 1/2 BOX; SCISSOR-THRU TO SEMI; 2 FWD 2-STEPS;;
BASKETBALL TURN; (TO OPEN);

PART C: 2 FWD 2-STEPS;; SCOOT 4; WALK 2 TO FACE;
TRAVELING BOX;;; FINISH WITH A PICKUP;

PART A: 2 FWD 2-STEPS;; SCISSOR TO SCAR; SCISSOR TO BJO; FWD-LOCK-FWD 2X;;
HITCH 3; HITCH-SCISSOR TO B'FLY;

PART B: VINE 8;; 1/2 BOX; SCISSOR-THRU TO SEMI; 2 FWD 2-STEPS;;
BASKETBALL TURN; (TO OPEN);

PART C: 2 FWD 2-STEPS;; SCOOT 4; WALK 2 TO FACE;
TRAVELING BOX;;; FINISH WITH A PICKUP;

PART A: 2 FWD 2-STEPS;; SCISSOR TO SCAR; SCISSOR TO BJO; FWD-LOCK-FWD 2X;;
HITCH 3; HITCH-SCISSOR TO B'FLY;

PART B: VINE 8;; 1/2 BOX; SCISSOR-THRU TO SEMI; 2 FWD 2-STEPS;;
BASKETBALL TURN; (TO OPEN);

ENDING: 2 FWD 2-STEPS; TO B'FLY; SLOW OPEN VINE 3 & POINT THRU;;