

I'll Do It All Over Again

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Album: Crystal Gayle: The Hits Track 6 - I'll Do It All Over Again
Artist/Source: Crystal Gayle Download from Itunes or Amazon
Footwork/Difficulty: Opposite unless noted Difficulty: Average
Speed/Released: SPEED: slowed 7% MP3 Timing at -7% = 3:09 RELEASED: August-30-2014
Rhythm/Level: Slow Two Step / Foxtrot Phase IV

Sequence: INTRO A B C A B B Bri C ENDING

INTRO slow2stp

{6 FT APRT FCG WALL} **WAIT 2 meas** ;; **LUNGE BASIC 2X** ;; **TRAVLG CROSS CHASSES TOG** ;; **BASIC** ;; {BFLY WALL}
1-8 6 ft aprt Fcg Ptr & Wall lead foot free Wait 2 meas;; [LUNGE BASIC 2X] Sd L with slight lunge action ,-, rec R , XLIF;
Sd R with slight lunge action ,-, rec L , XRIF; [TRVLG CROSS CHASSES TOG] Sd & fwd L trng LF DLW (W sd & fwd R trng LF
DLC) twds ptr blend to R shldr lead with hnds & arms low & out to sd ,-, sd & fwd R DRW (W sd & fwd L DRC)
twds ptr, XLIF (W XRIF) ; Sd & fwd R trng RF DRW (W sd & fwd L DRC) twds ptr blend to L shldr lead with hnds & arms low
& out to sd ,-, sd & fwd L DLW (W sd & fwd L DLC) twds ptr, XRIF (W XLIF) end in BFLY WALL;
[BASIC] Sd L,-, XRIB, rec L ; Sd R,-, XLIB, rec R end in BFLY WALL;

PART A slow2stp

{BFLY WALL} **TWISTY BASIC** ;; **SOLO TRNS to LOP WALL** ;; **UNDERARM TRN** ; **REV UNDERARM TRN** ; **BASIC** ;;
1-16 [TWISTY BASIC] BFLY WALL Sd L,-, XRIB, rec L (W Sd R,-, XLIF, rec R) ; Sd R,-, XLIB, rec R (W Sd L,-, XRIF, rec L) ;
[SOLO TRNS to LOP WALL] Trn ¼ LF (W trn ¼ RF) fwd L,-, sd R trng to fc COH, cont trng LF bk L to fc RLOD;
Bk R,-, trn ¼ LF sd L to fc ptr, cls R to end in LOP WALL;
[UNDERARM TRN] In LOP WALL Sd L blending palm to palm,-, XRIB, rec L (W Sd R start RF trn undr lead hnds,-, XL over R
in line of progression trng 1/2, rec R cont trn to fc ptr) ; [REV UNDERARM TRN] In LOP WALL Sd R,-, bring lead hnds thru
XLIF, rec R (W Sd L start LF trn undr jnd lead hnds,-, XRIF trng ½ , rec fwd L cont trn to fc ptr) end in BFLY WALL;
[BASIC] Sd L,-, XRIB, rec L ; Sd R,-, XLIB, rec R end in BFLY WALL ;
{BFLY WALL} **TWISTY BASIC** ;; **SOLO TRNS to LOP WALL** ;; **UNDERARM TRN** ; **REV WRAP to LOD** ; {WRAP LOD}
[TWISTY BASIC] BFLY WALL Repeat action of meas 1-2 of PART A;; [SOLO TRNS] Repeat action of meas 3-4 of PART A ;;
[UNDERARM TRN] Repeat action of meas 5 of PART A ; [REV WRAP to LOD] In LOP WALL Sd R,-, XLIF trng LF ¼ on L
while bringing lead hnds thru to lead W into LF trn, rec R ending in wrapped pos fcg LOD (W Sd L,-, start LF trn fwd R,
cont LF trn rec fwd L to fc LOD in wrapped pos);
{WRAP LOD} **SWEETHEART RUN** ; **PKUP SD CLS** ;
[SWEETHEART RUN] In wrapped pos fcg LOD Fwd L,-, fwd R, fwd L; [PKUP SD CLS] Releasing both hnds Fwd R,-, sd L, cls R
(W Fwd L,-, trng LF sd R, cont trng LF to fc prt & RLOD cls L) end in CLS POS LOD;

PART B foxtrot

{CP LOD} **DIAMOND TRNS** ;;; **2 LEFT TRNS** ;; **WHISK** ; **PKUP** **;
1-8 [DIAMOND TRNS] FCG LOD fwd L blending to BJO DLC trng LF,-, sd R , bk L in CBMP ; In CBMP trn LF bk R , sd L ,
Fwd R in CBMP ; Fwd L cont LF trn , sd R , bk L in CBMP ; Bk R cont LF trn,-, sd L, fwd R to end in BJO DLC ;
[2 LEFT TRNS] Fwd L trng LF ¼ ,-, cont LF trn sd R , cls L; Bk R trng LF ¼,-, cont LF trn sd L , cont LF trn sd R end CP fcg WALL ;
[WHISK] CP WALL Fwd L ,-, fwd & sd R start rise on ball of ft , XLIB to end in SCP LOD;
[PKUP**]
****NOTE: 1st time thru PART B PKUP JND HNS LOW** ;
[PKUP JND HNS LOW] In SCP LOD Fwd R,-, sd L, cls R (W Fwd L,-, trng LF sd R, cont trng LF to fc prt & RLOD cls L) end
with jnd hnds close tog & low about hip level fcg LOD;
2nd time thru PART B PKUP CP LOD ;
[PKUP CP LOD] In SCP LOD Fwd R,-, sd L, cls R (W Fwd L,-, trng LF sd R, cont trng LF to fc prt & RLOD cls L) end in CP LOD;
3rd time thru PART B meas 8 substitute:
THRU FC CLS ;
[THRU FC CLS] In SCP LOD Fwd R,-, sd L , cls R to end in CP WALL ;

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PART C slow2stp

{HNDS LOW FCG LOD} TRAVELING CROSS CHASSES 2X ;; FC WALL ; SD BASIC ; REV WRAP to LOD ;
1-8 [TRAVELING CROSS CHASSES 2X] JND HNDS LOW Sd & fwd L trng LF DLC blend to R shldr lead jnd hnds close tog at hip level,-, Sd & fwd R DLW, XLIF (W Sd & bk R blend to L shldr lead,-, bk & sd L DLW, XLIF) end JND HNDS LOW; Repeat meas 3-4 of PART C to end BFLY WALL;; [SD BASIC] Sd L,-, XRIB, rec L end BFLY WALL;
[REV WRAP to LOD] Sd R,-, XLIF trng LF ¼ on L while bringing lead hnds thru to lead W into LF trn, rec R ending in wrapped pos fcg LOD (W Sd L,-, start LF trn fwd R, cont LF trn rec fwd L to fc LOD in wrapped pos);
SWEETHEART RUN ; THRU FC CLS ; {BFLY WALL}
[SWEETHEART RUN] In wrapped pos Fwd L,-, fwd R, fwd L end in wrapped pos;
[THRU FC CLS] Releasing hnds Fwd R,-, sd L , cls R to end in BFLY WALL ;

BRIDGE foxtrot

{CP WALL} HOVER ; PKUP with JND HNDS LOW; {HNDS LOW LOD}
1-2 [HOVER] Fwd L,-, fwd & sd R rising on ball of ft , rec L to SCP LOD ;
[PKUP JND HNDS LOW] In SCP LOD Fwd R,-, sd L, cls R (W Fwd L,-, trng LF sd R, cont trng LF to fc prt & RLOD cls L) end with jnd hnds low & close tog about hip level;

ENDING slow2stp

{BFLY WALL} TWISTY BASIC ;; SOLO TRNS to BFLY WALL ;; BASIC ;; APART PT ;
1-7 [TWISTY BASIC] BFLY WALL Sd L,-, XRIB, rec L (W Sd R,-, XLIF, rec R) ; Sd R,-, XLIB, rec R (W Sd L,-, XRIF, rec L) ;
[SOLO TRNS to BFLY WALL] BFLY WALL Trn ¼ LF (W trn ¼ RF) fwd L,-, sd R trng to fc COH, cont trng LF bk L to fc RLOD;
Bk R,-, trn ¼ LF sd L to fc prt, cls R to end in BFLY WALL; [BASIC] Sd L,-, XRIB, rec L ; Sd R,-, XLIB, rec R end BFLY WALL ;
[APART PT] Bk L,-, pt R twds prt,-;

Intro A B C A B B Bri C End

(6 ft aprt) WAIT 2;; LUNGE BASICS;; TRVLG CROSS CHASSES TOG;; (bfly) BASIC;;

"A"slo2stp
TWISTY BASICS;;
SOLO TRNS;; (lop)
UNDRARM TRN;
REV UNDRARM TRN;
BASIC;;
TWISTY BASICS;;
SOLO TRNS;; (lop)
UNDRARM TRN;
REV WRAP TO LOD;
SWEETHEART RUN;
PKUP SD CLS; (B) (B)

"B"fxtrt
DIA-TRNS;;;
2 LEFT TRNS;;
WHISK;
PKUP to JND HNDS; (C)
PKUP SD CLS; (B)
THRU FC CLS (BRI)

"BRI"fxtrt
HVR;
PKUP to JND HNDS; (C)

"C"slo2 stp
2 TRVLG CROS CHASSES;;
FC WALL in BFLY;
SD BASIC;
REV WRAP to LOD;
SWEETHEART RUN;
THRU FC CLS to BFLY; (A) (END)

"END"slo2stp
TWISTY BASICS;;
SOLO TRNS;; (bfly)
BASIC;;
APRT PT;