

I'm in Heaven Foxtrot

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Footwork opposite except where noted. Timing: SQQ except where noted

Foxtrot VI Sequence: ABCC Int. A End

Intro

Wait; Lady roll in(two hands); Sway apart; To closed position;

1. Wait in apart point position M fc DLW
2. R tk wt L tch: two hands (L,, R, L,);
3. Bk L,, Pt R,, (Bk R,, Pt L,,)
4. Fwd R,, Tch L,,; (Fwd L,, Tch R,); CP DLW

Part A

Hover; Weave;; Hover Telemark;

1. Fwd L,, Fwd R, Sd L, (Bk R,,Bk L, Sd R,) Semi DLC
2. Thru R,, Fwd L, Sd R, (Thru L,, Bk R, Sd L,)
3. Bk L, Bk R, Sd L, Fwd R, (Fwd R, Fwd L, Sd R, Bk L,) 4 Q's
Bjo DLW
4. Fwd L,, Fwd R turning Semi DLW, Sd L,
(Bk R,, Bk L, Sd R,) Semi DLW

Open Nat; Bk Outside Twirl-Chasse; Fwd Chk Lady Develope; Rev Twirl 3

5. Thru R,, Sd L, Bk R, (Thru L,, Sd R, Fwd L,) Bjo RLOD
6. Bk L Leading Outside Twirl,, Sd R CI L to R, Sd R turning to fac
LOD, SQ&Q
(Fwd R twirling RP,, L/ R, L,) SCAR
7. Fwd L checking,,,(bk R,,Develop L,,)
8. Bk R Leading the Rev Twirl, Bk L, Fwd R, DLC
(Fwd L Turning LF,, R, L,)

Fwd Turning Chasse; Bk Outside Chg Half Open; Man Roll Across;

Lady Roll Across:

9. Fwd L turning LF,, Sd R/ Cl L to R, Sd & Bk R, BJO DRW
(Bk R,, Sd L/ Cl R to L, Fwd L, SQ&Q
10. Bk L,, Bk R Turning Semi, Sd L, Semi DLW
(Fwd R,, Fwd L, Sd R,
11. Fwd R in front turning RF,, Sd L around Lady, Fwd R
L Half Op LOD
(Fwd L,, R, L,)
12. Fwd L,, R, L, (Fwd R in front turning RF,, Sd L around Man,
Fwd R,) Half Op LOD

Running Open Nat; Bk tumble turn; Bk Hinge; Lady Turn Shadow:

13. Fwd R turning R in front, Sd L, Bk R, Bk L, QQQQ
(Fwd L, R, L, R,) Bjo DRW
14. Bk R turning LF, Keep turning Sd L, Fwd R, Fwd Chk L, COH
(Fwd L Turning LF, Sd R, Bk L, Bk Chk R,) QQQQ
15. Bk R Turning LF, Sd L, Chg Sway in Hingde Line,, SS
(Fwd L,, Sd R, Bk L & Point R thru,) SQQ
16. Starting to Lead a Rev Twirl SI & Bk R,, Rec L,, SS
(Fwd R,, Fwd L turning LF to fc wall, Tch R,) SQQ
Shadow/Skaters Wall

Part BBoth with the right Natural Turns 4 Measures;;;:

1. Fwd R Turning RF,, Sd L, Bk R, (Same;) Shadow DRC
2. Bk L turning RF,, Sd R, Fwd L, (Same;) Shadow DLW
3. See B1
4. See B2

Fwd Chasse; Hairpin; Bk Lady Rev. Twirl Ronde; Bk Shake Hands
Lady Develope;

5. Fwd R,, Fwd L/ Cl R to L, Fwd L, (Same;) SQ&Q Shadow DLW
6. Fwd R,, Start RF Turn Fwd L, Fwd R Checking, (Same;) DRW

7. Bk L Turning Lady Under LF; (Bk L Turning LF W/Ronde;)
8. Tk Wt R Shaking Hands, Lower to Lunge Line,,
(Cont' LF Turn to Fc & Bk R,, Develope L,,)

Lady Fwd & Sync Roll Right to Fc RLOD; Twinkle to Wall; Twinkle to Center; Hover;

9. Still on the Right Foot Lead Lady Fwd Then Spin Her RF as
You Turn RF to Fc LOD; (Fwd L, R Turning RF, L Cont'
Turn, R To Fc RLOD & Ptnr,) Fc Ptnr & LOD
No Wt Chg (QQQQ)
10. Still with the Left Foot Free XLIF,, Hover on R, Rec L,
(XRIB,, Hover L, Rec R,)
11. XRIF,, Hover on L, Rec R, (XLIB,, Hover on R, Rec L,)
12. Fwd L,, Fwd R, Sd L, (Bk R,, Bk L, Sd R,) Semi DLC

Quick weave; Top Spin; Bk Outside Chk; Impetus;

13. Thru R, Fwd L, SD R, Bk L, (Thru L, Bk R, Sd L, Fwd R,) 4Q
14. Bk R turning LF, Sd L, Sd R, XLIB, Keep Turning QQQQ
(Fwd L Turning LF, Sd R, Sd L, XRIF,)
15. XLIB Cont' LF Turn,, Sd L, XRIF,
(XRIF,, Sd L, XRIB,) BJO RLOD
16. Bk L Heel Turning RF,, Sd L,
(Fwd R,, Fwd L Turning RF, Sd R,) Semi DLC

Part C

Quick Weave; Feather Finish; 3 Stp; Nat Turn;

1. See Pt B 13
2. Bk R,, Sd L, XRIF, (Fwd L,, Sd R, XLIB)
3. Fwd L,, R, L, (Bk R,, L, R,)
4. Fwd R,, Sd L, Bk R, (Bk L,, Heel Turn, Fwd L,) CP RLOD

Running Spin; Bk Left P.U. Lock; Double Reverse; Hover;

5. Bk L Pivoting RF, Fwd R, Sd L, Bk R, QQQQ
(Fwd R, Bk L, Sd R, Fwd L,)
6. Bk L Turning LF, Bk R, Sd L, XRIB, QQQQ

- (Fwd R, Fwd L, Sd R, XLIF,)
7. Fwd L,, Fwd R Pivoting,, QQQQ
(Bk R Heel Turning,, Sd L Around the Man, XRIF,) DLW
 8. Fwd L,, Fwd R, Sd L, (Bk R, Bk L, Sd R,) Semi DLC

Interlude

Man Only Thru Left Whisk; Lady Fwd; Embrace & Slow Hinge;

1. Thru R,, Sd L, XRIB, (Wait) QQS
2. Wait, Sd L With Arms Twords Lady,, (Wait, Fwd L, R, L,)
3. Arms About Lady, & Start to Lead Hinge,,
(Arms about Man, & Start Hinge,,)
4. Place Lady into Hinge Line,, (Turn LF & Tk Wt on L,,)

Lady Rec & Prep; Same Foot Lunge; Quick P.U. Double Reverse;
Change of Direction;

5. Bring the Lady up and Rise to the Toes; (Fwd R Turning RF,,
Tk Wt L,,)
6. Lunge R; (XRIB Lunge;)
7. P.U. on "And" Count then See Pt C 7 CP DRW
8. Fwd L,, Sd R,, (Bk R,, Sd L,,) CP DLW

Repeat Part A

End

Shadow Turns 2 Meas;; Hairpin; Bk Lady Rev twirl Ronde;
Shake Hands Develope; Lady roll in Left to Cheek to Cheek;

1. See B1
2. See B2
3. See B5
4. See B6
5. See B7
6. Lead Lady to Roll in LF {It's different from Prt B},, Catch Her
And Step Side L,, (Fwd L Rolling LF, Bk R, Sd L, Fwd R
To Cheek to Cheek;)