

Title: I'm So Excited

April 2010

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Music: I'm So Excited, Pointer Sisters, Available at Walmart.com, iTunes

Footwork: Opposite, directions for Man

Speed: Slow speed for comfort

Level: Phase II + 2 (Strolling Vine & Fishtail)

Sequence: INTRO, A, B, C, A, C, D, B, C, D, C, END

INTRO

(1-4) WAIT;; APART POINT; TOG OPEN;

Wait;; Apt L, -, Point R twd ptr, -; Fwd R, -, tch L OP/LOD;

(5-8) CIRCLE AWAY 2 TWO STEP;; STRUT TOG 4;;

Trng LF fwd L, cl R, fwd L twd COH, -; fwd R, cl L, fwd R, -; trng to fc ptr fwd L, -, fwd R, -; fwd L, -, fwd R, - to CP/WALL;

(9-12) STROLLING VINE;;;;

Sd L, - xib R (xif L), -; sd L, cl R, trn L fc COH, -; Sd R, - xib L (xif R), -; sd R, cl L, trn R fc WALL, -;

(13-16) TRAVELING BOX;;;;

Sd L, cl R, fwd L, -; trn & fwd R twd RLOD, -, fwd L, -; trnd to fc prtnr R, cl L, bk R, -; trn & fwd L twd LOD, -, fwd R, -;

(17-20) HITCH 6;; TWIRL 2; WALK 2;

Fwd L, cl R, bk L, -; bk R, cl L, fwd R, -; sd L, -, xib R, -; (W twrl under M L hand R, -, L, -;) fwd R, -, fwd L to scp/LOD, -;

PART A

(1-4) TWO FWD 2 STEP;; STRUT 4;;

(SCP/LOD) Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; fwd L, -, fwd R, -; fwd L, -, fwd R, -;

(5-8) 2 TURNING 2 STEP;; TWIRL 2; WALK 2;

Fc prtnr Sd L, cl R, turn R fc COH, -; Sd R, cl L, trng R fc WALL, -; sd L, -, xib R, -; (W twrl under M L hand R, -, L, -;) fwd R, -, fwd L to scp/lod, -;

(9-16) REPEAT 1-8 ;;;;;;;;;;

PART B

(1-4) CIRCLE AWAY 2 TWO STEP;; STRUT TOG 4;;

Trng LF fwd L, cl R, fwd L twd COH, -; fwd R, cl L, fwd R, -; trng to fc ptr fwd L, -, fwd R, -; fwd L, -, fwd R, - to CP/WALL;

(5-8) SCIS TO SIDECAR; SCIS TO BANJO; FISHAIL; WALK & FACE;

Sd L, cl R, xif L, -; (W Sd R, cl L, xib R, -;) sd R, cl L, xif R, -; (W sd L, cl R, xib L, -;) xib L, sd R, fwd L, lk R; (W xif R, sd L, bk R, lk L;) fwd R, -, fwd L trn to fc prtnr -;

(9-12) 2 TURNING TWO STEP;; TWIRL 2; WALK & FACE;

Fc prtnr Sd L, cl R, turn R fc COH, -; Sd R, cl L, trng R fc WALL, -; sd L, -, xib R, -; (W twrl under M L hand R, -, L, -;) fwd R, -, fwd L to scp/lod, -;

PART C

(1-4) SOLO LEFT TURNING BOX;::;

(NO TOUCH) sd L, cl R, fwd trn left _ L fc lod, -; sd R, cl L, fwd trn left _ R fc coh, -; sd L, cl R, fwd trn left _ L fc rlod, -; sd R, cl L, fwd trn left _ L fc prtnr in btfy, -;

(5-8) VINE 3; WRAP; UNWRAP; CHANGE SIDES;

Sd L, xib R, sl L, tch R; sl R, xLibR, sl R, tch L (W trn LF und join lead hnds, L,R,L) end in wrapped pos fcg LOD with join hnds in front at chest height & join trail hnds at W's waist, -; release lead hnds & retain trail hnds step in place L,R,L tch R (W trn RF R,L,R) to end fc prtnr; fwd R,L,R, trng _ (W L,R,L trng und M's R & W's L hnds) to end fcg prtnr COH;

REPEAT 1-8;::;

PART D

(1-4) LACE ACROSS; FWD 2 STEP; LACE BACK; FWD 2 STEP

M's L & W's R hnds joined moving beh W diag across line of progression fwd L, cl R, fwd L LOP LOD, -; fwd R, cl L, fwd R, -; M's R & W's L hnds joined moving beh W diag across line of progression fwd L, cl R, fwd L LOP LOD, -; fwd R, cl L, fwd R fc to btfy, -;

(5-8) FACE TO FACE; BACK TO BACK; BASKETBALL TURN

Sd L, cl R, sl L trng LF, -; sd R, cl L, sd R trng _ RF to btfy; fwd L trng RF, -, rec R cont trn to LOP RLOD, -; fwd L RLOD cont trn, -, rec R cont trn to OP LOD, -;

(9-12) VINE APART; VINE TOGETHER; HITCH 6;;

Sd L, xib R, sd L tch R, (clap)-; sd R, xib L sd R to OP LOD, -; fwd L, cl r, bk L, -; bk R, cl L, fwd R to fc
ptrnr, -;

(13-16) TRAVELING DOORS;;; (1st time Semi, 2nd time to Open)

BTFY sd L, - rec R,-; xLif L, sd R, xLif L, -; sd R, -, rec L, -; xRif R, sd L, xRif R, -;

ENDING

1-2) TWIRL 2, APART POINT;

sd L, -, xib R, - ;(W twrl under M L hand R, -, L, -;) Apt L, -, Point R twd ptr, -;