

I'VE GOT YOU UNDER MY SKIN

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I've Got You Under My Skin
Foxtrot, Phase V+2

CD: Moonlight Serenade Track 2 Carly Simon
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INTRO, A, A, B, C, B, ENDING Speed: 43

INTRO

1-4 WAIT;; FRONT BALANCES; VINE 3 & BRUSH;

1-2 {Wait} Wait 2 meas in escort fc wall both L ft free;;
Q&QQ&Q 3-4 {Front Balances} With a light bounce sd L/ XRIF of L, recov L,
QQQ- sd R/ XLIF of R, recov R; {Vine 3 brush} Sd L, XRIB of L, sd L,
brush RIF of L DW;

5-8 FRONT BALANCES; VINE 3 & BRUSH; CIRCLE SNAPS LADY TRANS;;

Q&QQ&Q 5-6 {Front Balances} With a light bounce sd R/ XLIF of R, recov R,
QQQ- sd L/ XRIF of L, recov L; {Vine 3 brush} Sd R, XLIB of R, sd R,
brush LIF of R DRW;

SS 7-8 {Circle Snaps Trans to Fc} Both circle LF M a complete circle
SS (W S-) fwd L, snap R fingers, fwd R, snap R fingers; fwd L, snap R
fingers, fwd R to fc ptr connect lead hnds (W tch R to L and circle
only ½ to fc DRC),-;

PART A

1-4 CLOSED HOVER; FEATH FIN; ZIG ZAG HOVER CROSS ENDING;;

SQQ 1-2 {Closed Hover} Fwd L,-, fwd R with rise blend to CP, bk L;
SQQ {Feath Fin} Bk R start LF trn,-, sd L cont LF trn, fwd R in BJO
DC;

QQQQ 3-4 {Zig Zag Hover Cross} Fwd L start LF trn, sd R fc DRC, bk L
QQQQ start RF trn, fwd R end SCAR DC with R sd stretch (W sd L with
open head); XLIF of R twd DW, recov R, sd & fwd L, fwd R in
BJO DC;

5-8 REVERSE WAVE CHECK & WEAWE;;; CHG OF DIRECTION;

SQQ 5-7 {Rev Wave Check & Weave} Fwd L start LF body trn,-, sd R fc
SQQ DRC, bk L (W bk R start LF trn,-, cl L to R heel trn, fwd R in
QQQQ CP); slip R foot bk under body with slgt contra check action,-,
fwd L start LF trn, sd R 1/8 of a LF trn with R sd lead; bk L in
CBMP cont LF trn 1/8, bk R to momentary CP cont LF trn, sd &
fwd L with L sd stretch trn ¼ LF body trns less, fwd R in CBMP
DW;

SQ- 8 {Chg of Direction} Fwd L DW,-, fwd R with R shoulder lead &
trn LF, draw L to R fc DC;

9-12 TRNING WHISK; JETE PT; FALLAWAY RONDE & SLIP; DBL REV;

- SQQ 9-10 **{Trning Whisk}** Fwd L comm LF body trn,-, cont body trn sd R, XLIB of R fc DRW SCP (W bk R comm LF body trn,-, sd L, XRIB of L); **{Jete pt}** Fwd R roll body LF to pick-up W, fwd onto ball of L then lowering to flat of foot with springing action, pt R to sd fcng approx wall with L sd stretch,-;
- SQQ 11-12 **{Fallaway Ronde & Slip}** Push sd onto R ft look twd LOD as SS ronde L ft CCW,-, XLIB of R with rise, slip bk R under body to (W SQ&Q) CP DC (W trn LF to slip fwd L); **{Dbl Rev}** Fwd L start LF trn,-, sd R 3/8 of a trn to the L btwn 1 & 2, spin LF 1/2 btwn 2 & 3 on ball of R bring L under body beside R no wgt (W bk R start LF trn,-, cl L to R heel trn/ sd & slght bk R cont LF trn, XLIF of R);
- 13-16 REV WAVE;; BK FEATH; FEATH FIN;**
- SQQ 13-14 **{Rev Wave}** Fwd L start LF body trn,-, sd R fc DRC, bk L (W bk R,-, cl L to R heel trn, fwd R); bk R start LF trn,-, cont LF trn bk L fc RLOD, bk R in CP;
- SQQ 15-16 **{Bk Feath}** Bk L blend to BJO,-, bk R, bk L; **{Feath Fin}** Bk R trn LF,-, sd & fwd L, fwd R to BJO DW;
- REPEAT A**

PART B

- 1-4 HOVER; PROMENADE WEAVE;; 3-STEP;**
- SQQ 1-3 **{Hover}** Fwd L to CP,-, fwd & sd R rising to ball of ft, recov L to SCP DC; **{Promenade Weave}** Fwd R,-, fwd L trn LF to CP, sd & slgt bk on R to CBMP DC; bk L DC still in CBMP, bk R trn body LF & trn W to CP, sd & slgt fwd L, fwd R to BJO DW (W fwd L,-, fwd R fold to CP, cont trn on R until fc LOD then fwd L DC; fwd R to CBMP, fwd L DC trn LF to COH, sd & slgt bk R, bk L);
- SQQ 4 **{3-Step}** Fwd L to CP,-, fwd R heel lead R sd lead, fwd L;
- 5-8 NATURAL WEAVE;; TOP SPIN TWICE;;**
- SQQ 5-6 **{Natural Weave}** Fwd R start RF trn,-, sd L with L sd stretch under 1/4 RF trn, R sd lead bk R DC prepare to lead W to BJO; QQQQ with R sd stretch bk L in CBMP, bk R start LF trn passing thru CP, with L sd stretch sd & fwd L prepare to step outside ptr trn 1/4 btwn 5 & 6 body trns less, L sd stretch fwd R in CBMP outside ptr DW (W bk L start RF trn,-, R ft cl to L heel trn, fwd L; fwd R in BJO, fwd L start LF trn thru CP, sd R 1/8 trn btwn 5 & 6, R sd stretch bk L 1/8 trn btwn 6 & 7 body trns less) spin LF on the ball of R ft to start top spin;
- QQQQ 7-8 **{Top Spin Twice}** After spin with L ft extended bk step bk L in QQQQ CBMP, bk R trn 1/8 LF, with L sd stretch sd & slght fwd L trn 1/8 LF, with L sd stretch fwd R in BJO DRC/spin LF on the ball of R to start second top spin; After spin with L ft extended bk step bk L in CBMP, bk R trn 1/8 LF, with L sd stretch sd & slght fwd L trn 1/8 LF, with L sd stretch fwd R in BJO DW;

- 9-12 HOVER TELEMAR; OPEN NAT; OUTSIDE SPIN OVERTURN; RUDOLPH & SLIP;**
- SQQ 9-10 {Hover Telemark} Fwd L to CP,-, fwd & sd R rising to ball of ft
 SQQ trn 1/8 RF, fwd L to SCP DW; {Open Nat} Fwd R start RF trn,-, sd & fwd L trn RF to CP, sd & slgt bk on R to CBMP DRC (W fwd L,-, fwd R, fwd L);
- SQQ 11-12 {Outside Spin} Prepare W to step outside by trning body RF
 SQQ bring L ft bk while trn 3/8 to R,-, fwd R in BJO cont RF trn, bk L cont trn RF to end almost fc LOD (W start RF body trn fwd R in BJO,-, cl L to R for toe pivot, fwd R in CP cont trn RF);
 {Rudolph & Slip} Fwd R btwn W's ft start RF pivot but stop action by flexing R knee while keeping L ft bk cont body trn allow L sd to remain twd W,-, bk L under body with rise, bk R cont LF trn (W bk L trn RF to SCP allow R leg to ronde CW keep R sd twd ptr XRIB of L at end of ronde,-, bk R start a LF pivot on ball of R ft, fwd L slip cont LF trn plcing L ft near M's R);
- 13-16 TELEMAR SEMI; OPEN NAT; IMPETUS SEMI; CHAIR RECOV LADY ROLL TRANS TO OPEN;**
- SQQ 13-14 {Telemark Semi} Fwd L comm LF trn,-, sd R cont trn, sd & fwd
 SQQ L SCP (W bk R,-, cl L to R heel trn, sd & fwd R); {Open Nat} Fwd R start RF trn,-, sd & fwd L trn RF to CP, sd & slgt bk on R to CBMP DRC (W fwd L,-, fwd R, fwd L);
- SQQ 15-16 {Impetus Semi} Bk L,-, cl R to L heel trn, fwd L in SCP LOD
 SS (W fwd R,-, fwd L arnd M, fwd R in SCP); {Chair Recov Lady
 (W SQQ) Roll Trans to Open} Lunge thru on R,-, recov L fc wall allow W to roll to OP fc wall,-(W thru L trn LF,-, cont to move LOD roll LF bk R, sd L to fc wall);
- 17-20 FRONT VINE 8;; CROSS CHECK & UNWIND; SWAY L & R;**
- QQQQ 17-18 {Front Vine 8} Same ft work XRIF of L, sd L, XRIB of L, sd L;
 QQQQ XRIF of L, sd L, XRIB of L, sd L cross arms IF of chest;
- S- 19-20 {Cross Ck & Unwind} Same ft work on the word "stop" XRIF
 SS of L sharply bring the arms down & out to sd,-, solo unwind LF to fc wall L ft free arms drift down to sds,-; {Sway L & R} Rk sd L with upper body sway and both arms move twd LOD,-, rk sd R with upper body sway and both arms move twd RLOD,-;
- 21-24 ROLL 3; BOTA FOGO ARM SWEEP; LADY REV UNDERARM TRN; FWD HOVER LADY TRN TO FC;**
- SQQ 21-22 {Roll 3} Same ft work roll LOD fwd L with LF trn to fc COH,-,
 SQQ sd & bk R cont LF trn to fc wall, sd L fc wall; {Bota Fogo Armsweep} Both thru R connect lead hnds,-, pl L sd on inside edge of ft with some rise, recov R trn body to DRW (W's same ft work sweep arm CCW down IF of body on thru,-, up IF of fc on sd, down then up in front of body on recov);
- 23-24 {Lady Rev Underarm Trn} Hold lead W to trn LF under lead
 (W SQQ) arms (W chg sds with M as dance rev underarm fwd L start trn LF
 SQQ shaping L,-, fwd & sd R trail arm swept down stomach contracts

look at ptr, sd & fwd L stretch L sd trail arm up twd RLOD) W's body action causes a ripple effect; **{Fwd Hover Lady Trn to Fc}** Fwd L with W,-, small fwd R trn W to fc, recov L lead hnds joined fc ptr & DRW (W fwd R away from M,-, fwd L hover & trn twd M, recov R twd M);

PART C

1-4 FEATH FIN; 3-STEP; NAT TRN; CLOSED IMPETUS;

SQQ 1-2 **{Feath Fin}** Bk R blending to CP start LF trn,-, sd & fwd L, fwd R in BJO DW; **{3-Step}** Fwd L,-, fwd R with heel lead, fwd L;
 SQQ 3-4 **{Nat Trn}** Start RF upper body trn fwd R,-, sd L across LOD, bk R (W bk L,-, cl R to L heel trn, fwd L in CP); **{Closed Impetus}** Start RF upper body trn bk L,-, cl R to L heel trn, sd & bk L to CP (W fwd R btwn M's feet pivot ½ RF,-, sd & fwd L arnd M, fwd R btwn M's feet to CP);

5-8 FEATH FIN; REV TRN;; WHISK;

SQQ 5-7 **{Feath Fin}** Bk R start LF trn,-, sd & fwd L, fwd R in BJO DC;
 SQQ **{Rev Trn}** Fwd L start LF body trn,-, sd R cont trn, bk L CP; bk R cont LF trn,-, sd & fwd L DW, fwd R BJO (W bk R,-, cl L to R heel trn, fwd R; fwd L,-, sd & bk R, bk L);
 SQQ 8 **{Whisk}** Fwd L blend to CP,-, fwd & sd R, XLIB of R SCP DC;

9-12 LILT PIVOT; OUTSIDE CHK; OUTSIDE CHG SEMI; IN & OUT RUNS;

S-Q 9-10 **{Lilt Pivot}** Fwd R with lilt action body trn LF pick-up W,-,-, fwd L lower & pivot slgt LF; **{Outside Chk}** Bk R trn LF,-, sd & fwd L, fwd R in BJO DRW;
 SQQ 11-12 **{Outside Chg}** Bk L,-, bk R trn LF, sd & fwd L to SCP DW (W fwd R,-, fwd L, fwd R to SCP); **{In & Out Runs}** Fwd R start RF trn,-, sd & bk wall & LOD on L to CP, bk R to BJO (W fwd L,-, fwd R btwn M's ft, fwd L);

13-16 FIN IN & OUT RUNS; PICK-UP LK; OPEN REV; OPEN FIN;

SQQ 13-14 **{In & Out Runs}** Bk L trn RF,-, sd & fwd R btwn W's ft cont RF trn, fwd L to SCP DC (W fwd R start RF trn,-, fwd & sd L cont trn, fwd R to SCP); **{Pick-Up Lock}** Fwd R,-, fwd & sd L trn body LF to pick-up W, lk RIB of L (W fwd L,-, fwd R pick-up, lk LIF of R);
 SQQ 15-16 **{Open Rev}** Fwd L start LF trn,-, sd R, bk L to BJO; **{Open Fin}** bk R cont LF trn,-, sd & fwd L, fwd R in BJO DW;

REPEAT B

ENDING

- 1-4 FEATH FIN; 3-STEP; NAT TRN; CLOSED IMPETUS;**
 SQQ 1-2 {**Feath Fin**} Bk R blending to CP start LF trn,-, sd & fwd L, fwd R in BJO DW; {**3-Step**} Fwd L,-, fwd R with heel lead, fwd L;
 SQQ 3-4 {**Nat Trn**} Start RF upper body trn fwd R,-, sd L across LOD, bk R (W bk L,-, cl R to L heel trn, fwd L in CP); {**Closed Impetus**} Start RF upper body trn bk L,-, cl R to L heel trn, sd & bk L to CP (W fwd R btwn M's feet pivot ½ RF,-, sd & fwd L arnd M, fwd R btwn M's feet to CP);
- 5-8 FEATH FIN; REV TRN HALF; BK TO PROM SWAY & CHG OF SWAY OK SD;;**
 SQQ 5-6 {**Feath Fin**} Bk R start LF trn,-, sd & fwd L, fwd R in BJO DC;
 SQQ {**Rev Trn ½**} Fwd L start LF body trn,-, sd R cont trn, bk L CP;
 SQ- 7-8 {**Bk to Prom Sway**} Bk R start LF trn,-, sd & fwd L in SCP, start chg of sway described in next meas; {**Chg Sway to Start Fallaway Ronde**} Chg sway to look RLOD with L sd stretch,,, but on the strong note that comes as ct 4 of the meas push off onto R foot & look LOD as start fallaway ronde;
- 9-11+ FALLAWAY RONDE & SLIP; QK L PIVOT TO HINGE;,, RISE TO SM FOOT LUNGE LINE;,,**
 -QQ 9-10 {**Fin Fallaway Ronde & Slip**} Take the full slow ct to ronde the L ft CCW,-, bk L under body to rise, slip R ft bk under body to CP DC (W trn LF to slip fwd L); {**Qk L Pivot to Hinge**} Fwd L start LF trn, sd R arnd W, bk L cont to trn body twd LOD (W bk R, cl L to R heel trn, fwd R to trn LF),-;
 --S 11-+ {**Fin Hinge**} Lower in L knee (W steps bk on L to hinge),-,{**Rise to Same Ft Lunge Line**} Rise in L leg trn body to the wall (W recov fwd on R & trns to fc M),-; cl R to L & lower (W pt L thru & lower) into sm ft lunge line,-,