

INSPIRATION WALTZ

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Record: Windsor 4658 "Inspiration Waltz"
Artist: George Poole Orchestra Flip Side: "Silk and Satin" Cell: 847-910-2880
Footwork: Opposite Unless Noted 2:42 @ 43 RPM
Rhythm: Waltz RAL Phase: II
Sequence: Intro – A – B – C – A – B – End Released: Mar 2012

INTRODUCTION

- 1-4 BFLY WALL wt 2 meas ; ;**
1-2 BFLY WALL wait ; ;
BOX ; ;
3-4 [BFLY WALL – **BOX**] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ;

PART A

- 1-16 WZ AWY ; TRN IN to LOP ; BKUP WZ ; BK DR TCH ;**
1-2 [BFLY WALL – **WZ AWY & TRN IN to LOP**] Fwd L trng awy from ptr , Fwd R to fc LOD , CI L ;
Fwd R trng RF (W LF) , Sd R cont RF trn joining ld hnds & releasing trlg hnds , Bk R fin trn LOP ;
3-4 [LOP RLOD – **BKUP WZ & BK DR TCH**] Bk L , Bk R , CI L ; Bk R , Draw L to R , Tch L ;
OP BOX ; ; THRU TWKL TWICE to BFLY ; ;
5-6 [LOP RLOD – **OP BOX**] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ;
7-8 [OP RLOD – **THRU TWKL TWICE**] Thru L , Sd R trng to fc ptr , CI L ; Thru R , Sd L trng to fc ptr ,
CI L Blend to BFLY WALL ;
2 SOLO WZ TRNS in 6 to CP ; ; CANTER TWICE ; ;
9-10 [BFLY WALL – **2 SOLO WZ TRNS**] Sd & Fwd L trng LF (W RF) , Sd R cont trn ,
CI L to fin ¾ trn fcg RLOD ; Bk R trng LF (W RF) , Sd L fin trn to fc ptr , CI R Blend to CP ;
11-12 [CP WALL – **CANTER TWICE**] Sd L , Draw R to L , CI R ; Sd L , Draw R to L , CI R ;
VIN 3 ; MANUV ; 2 R TRNS to WALL ; ;
13-14 [CP WALL – **VIN 3 & MANUV**] Sd L , XRIB , Sd L ; Fwd R trng RF , Fwd & Sd L fin trn end CP RLOD , CI R (W
Small Fwd L , Small Sd R , CI L) ;
15-16 [CP RLOD – **2 R TRNS to WALL**] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ; Fwd R start RF trn ,
Sd L twd LOD cont RF trn , CI L ;

PART B

- 1-16 LC ACRS ; FWD WZ ; LC ACRS ; FWD FC CL to CP ;**
1-2 [BFLY WALL – **LC ACRS & FWD WZ**] Sd Chg sds Fwd L , Fwd R , CI L ; Fwd R , Fwd L , CI R end in LOP ;
3-4 [LOP LOD – **LC ACRS & FWD FC CL**] Chg sds Fwd L , Fwd R , CI L ; Fwd R , Sd L , CI R Blend to CP ;
SD DR TCH L ; SD DR TCH R ; BOX to BFLY ; ;
5-6 [CP WALL – **SD DR TCH L & SD DR TCH R**] Sd L , Draw R to L , Tch R ; Sd R , Draw L to R , Tch L ;
7-8 [CP WALL – **BOX**] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R Blend to BFLY ;
BAL L & R ; ; TWRL VIN 3 ; THRU FC CL ;
9-10 [BFLY WALL – **BAL L & R**] Chg Sd L , XRIB , In plc L ; Sd R , XLIB , In plc R ;
11-12 [BFLY WALL – **TWRL VIN 3 & THRU FC CL**] Sd L , XRIB , Sd L (W Undr joined ld hnds Sd & Fwd R trng RF ,
Sd & Bk L cont trn , Sd R end fcg ptr) ; Thru R , Sd L to fc ptr , CI R ;
WZ AWY ; THRU TWKL TWICE ; ; THRU FC CL to CP {2ND Time – “THRU FC CL to BFLY”} ;
13-15 [BFLY WALL – **WZ AWY & THRU TWKL TWICE**] Fwd L trng awy from ptr , Fwd R to fc LOD , CI L ;
Thru R , Sd L trng to fc ptr , CI L ; Thru L , Sd R trng to fc ptr , CI L ;
16 [CP WALL – **THRU FC CL**] Thru R , Sd L to fc ptr , CI R Blend to CP ;

PART C

- 1-16 L TRNG BOX ; ; ; ;**
1-4 [CP WALL – **L TRNG BOX**] Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ;
Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ; Fwd L start LF upper body trn ,
Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ;
VIN 3 ; MANUV ; 2 R TRNS to WALL ; ;
5-6 [CP WALL – **VIN 3 & MANUV**] Bk L , XRIB , Sd L (W Sd R , XLIF , Sd R) ; Fwd R trng RF , Fwd & Sd L fin trn
end CP RLOD , CI R (W Small Fwd L , Small Sd R , CI L) ;

7-8 [CP RLOD – **2 R TRNS to WALL**] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ; Fwd R start RF trn , Sd L twd LOD cont RF trn , CI L ;

L TRNG BOX ; ; ; ;

9-12 [CP WALL – **L TRNG BOX**] Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ; Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ;

VIN 3 ; MANUV ; 2 R TRNS to BFLY WALL ; ;

13-14 [CP WALL – **VIN 3 & MANUV**] Bk L , XRIB , Sd L (W Sd R , XLIF , Sd R) ; Fwd R trng RF , Fwd & Sd L fin trn end CP RLOD , CI R (W Small Fwd L , Small Sd R , CI L) ;

15-16 [CP RLOD – **2 R TRNS**] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ; Fwd R start RF trn , Sd L twd LOD cont RF trn , CI L Blend to BFLY WALL ;

ENDING**1-16 WZ AWY ; TRN IN to LOP ; BKUP WZ ; BK DR TCH ;**

1-2 [BFLY WALL – **WZ AWY & TRN IN to LOP**] Fwd L trng awy from ptr , Fwd R to fc LOD , CI L ; Fwd R trng RF (W LF) , Sd R cont RF trn joining ld hnds & releasing trlg hnds , Bk R fin trn LOP ;

3-4 [LOP RLOD – **BKUP WZ & BK DR TCH**] Bk L , Bk R , CI L ; Bk R , Draw L to R , Tch L ;

OP BOX ; ; THRU TWKL TWICE to BFLY ; ;

5-6 [LOP RLOD – **OP BOX**] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ;

7-8 [OP RLOD – **THRU TWKL TWICE**] Thru L , Sd R trng to fc ptr , CI L ; Thru R , Sd L trng to fc ptr , CI L Blend to BFLY WALL ;

2 SOLO WZ TRNS in 6 to BFLY ; ; CANTER TWICE ; ;

9-10 [BFLY WALL – **2 SOLO WZ TRNS**] Sd & Fwd L trng LF (W RF) , Sd R cont trn , CI L to fin ¾ trn fcg RLOD ; Bk R trng LF (W RF) , Sd L fin trn to fc ptr , CI R Blend to BFLY WALL ;

11-12 [CP WALL – **CANTER TWICE**] Sd L , Draw R to L , CI R ; Sd L , Draw R to L , CI R ;

TWRL VIN 3 ; THRU FC CL to CP ; CANTER ; APT PT ;

13-14 [CP WALL – **VIN 3 & THRU FC CL**] Sd L , XRIB , Sd L (W Undr joined ld hnds Sd & Fwd R trng RF , Sd & Bk L cont trn , Sd R end fcg ptr) ; Thru R , Sd L to fc ptr , CI R Blend to CP ;

15-16 [CP WALL – **CANTER & APT PT**] Sd L , Draw R to L , CI R ; Apt L , Pt R twd ptr , - ;

INSPIRATION WALTZ**QUICK CUES**

**Intro: BFLY WALL wt 2 meas ; ;
BOX ; ;**

**Pt A: WZ AWY ; TRN IN to LOP ; BKUP WZ ; BK DR TCH ;
OP BOX ; ; THRU TWKL TWICE to BFLY ; ;
2 SOLO WZ TRNS in 6 to CP ; ; CANTER TWICE ; ;
VIN 3 ; MANUV ; 2 R TRNS to WALL ; ;**

**Pt B: LC ACRS ; FWD WZ ; LC ACRS ; FWD FC CL to CP ;
SD DR TCH L ; SD DR TCH R ; BOX to BFLY ; ;
BAL L & R ; ; TWRL VIN 3 ; THRU FC CL ;
WZ AWY ; THRU TWKL TWICE ; ; THRU FC CL to CP ;**

**Pt C: L TRNG BOX ; ; ; ;
VIN 3 ; MANUV ; 2 R TRNS to WALL ; ;
L TRNG BOX ; ; ; ;
VIN 3 ; MANUV ; 2 R TRNS to BFLY WALL ; ;**

**Pt A: WZ AWY ; TRN IN to LOP ; BKUP WZ ; BK DR TCH ;
OP BOX ; ; THRU TWKL TWICE to BFLY ; ;
2 SOLO WZ TRNS in 6 to CP ; ; CANTER TWICE ; ;
VIN 3 ; MANUV ; 2 R TRNS to WALL ; ;**

**Pt B: LC ACRS ; FWD WZ ; LC ACRS ; FWD FC CL to CP ;
SD DR TCH L ; SD DR TCH R ; BOX to BFLY ; ;
BAL L & R ; ; TWRL VIN 3 ; THRU FC CL ;
WZ AWY ; THRU TWKL TWICE ; ; THRU FC CL to BFLY ;**

**End: WZ AWY ; TRN IN to LOP ; BKUP WZ ; BK DR TCH ;
OP BOX ; ; THRU TWKL TWICE to BFLY ; ;
2 SOLO WZ TRNS in 6 to BFLY ; ; CANTER TWICE ; ;
TWRL VIN 3 ; THRU FC CL to CP ; CANTER ; APT PT ;**