

PART C**1-4 FLIRT TO FAN;; HKY STK OVRTRN TO FC;;**

- 1-2 {FLIRT TO FAN}Fwd L, rec R, sd L, -; bk R, rec L, sd R, -(Bk R, fwd L, fwd R trng LF to VARS, -; bk L, rec R, sd L mvg to W L in frnt of the M to end in FAN, -);
- 3-4 {HKY STK}Fwd L, rec R, cl L, -(Cl R, fwd L, fwd R,-); bk R trng 1/8 RF, fwd L following W, fwd and sd R to fc wall and ptr, -(Fwd L trng 1/8 LF twd DRW, fwd R trng LF to fc ptr, sd L, -);

5-8 REV UNDRM TRN; BK SHLDR - SHLDR; SHLDR - SHLDR TWICE;;

- 5 {REV UNDRM TRN}Raising ld hnds to ld W in 3-stp trn XLif of R, rec R to fc, sd L, -(Swvlg 1/4 LF on ball of L ft stp fwd R trng 1/2 LF, rec L trng 1/4 LF to fc ptr, sd R, -);
- 6 {BK SHLDR – SHLDR} BFLY bk R to BFLY SCAR, rec L to fc, sd R, -;
- 7-8 {SHLDR – SHLDR TWICE}BFLY fwd L to BFLY SCAR, rec R to fc, sd L, -; Fwd R to BFLY BJO, rec L to fc, sd R, -;

REPEAT PART A MEAS 1-8**PART D****1-4 THRU SERP;; CRB WLK 1/2; CUCA IN 4;**

- 1-2 {THRU SERP}Thru L, sd R, bhd L, fan R CW; bhd R, sd L, thru R, fan L CW;
- 3 {CRB WLK 1/2}XLif of R, sd R, XLif of R, -;
- 4 {CUCA IN 4} Sd R, rec L, cl R, cl L;

5-8 FENCE LINE; CHASE w/UNDRM PASS;; CUCA;

- 5 {FNC LINE} BFLY X R lun thru w/bent knee looking in the dir of lun, rec L trng to fc ptr, sd R, -;
- 6-7 {CHASE w/UNDRM PASS} Fwd L comm 1/2 RF trn keeping ld hnds jnd, rec fwd R, fwd L, -; bk R raising jnd ld hds, rec L, sd R, -(Bk R keeping ld hds jnd, rec L, fwd R twd M L sd, -; fwd L, fwd R trng 1/2 LF undr jnd ld hds to fc ptr, sd L, -);
- 8 {CUCA} Sd L, rec R, cl L, -;

9-12 TO RLOD THRU SERP;; CRB WLK 1/2; CUCA;

- 9-11 {THRU SERP} Twd RLOD thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CCW;
- 11 {CRB WLK 1/2} XRif of L, sd L, XRif of L, -;
- 12 {CUCA} Sd L, rec R, cl L, -;

13-16 FENCE LINE; CHASE w/UNDRM PASS;; CUCA IN 4 TO HNDSHK;

- 13-15 Rpt meas 5-7 part D;;;
- 16 {CUCA IN 4}Sd L, rec R, cl L, cl R to HNDSHK;

REPEAT PART C**END****1-4 HND TO HND TO OPN; PROG WLK 3; SLIDING DR; CUCA TO FC;**

- 1-4 Rpt meas 9-12 part A;;;;

5-8 HND TO HND TO OPN; PROG WLK 3 TO CP; CUCA IN 4; DP BK & HOLD;

- 5 {HND TO HND TO OP}Swvlg sharply 1/4 LF (RF) on ld ft stp bk to OP RLOD, rec fwd, fwd, -;
- 6 {PROG WLK 3 TO CP} Fwd R, fwd L, fwd R trng 1/4 RF to CP,-;
- 7 {CUCA IN 4} Sd L, rec R, cl L, cl R;
- 8 {DP BK & HOLD}Stp bk L flexing L knee while R leg remains extnd w/the knee and ankle forming a straight line from the hip and the toe remaining on the floor, -, -, -(stp fwd R flexing R knee while L leg remains extnd w/knee and ankle forming a straight line from the hip and the toe remaining on the floor, -, -, -);