

## IT'S FOUR IN THE MORNING

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Music: Faron Young – Mercury CC-35036  
Footwork: Opposite, directions for man except as noted (W's in parentheses)  
Rhythm: Waltz Phase: Easy IV+ 1 unph [Canter Twirl]  
Sequence: INTRO A B A B INT AB END Speed: 37 [on DM]

### INTRODUCTION

**1 – 4** WAIT;; FWD WALTZ; MANUV;

1-4 [CP – fc LOD – lead ft free] Wait;; Fwd L, fwd & sd R, cl L; Fwd R bet W's feet comm. RF trn, sd & fwd L to fc ptrn & RLOD, cl R;

**5 – 8** SPIN TRN; BOX FIN; OP TELEMAR; THRU FC CL [BFLY];

5-8 Comm RF upper body trn bk L pivot ½ RF, fwd R bet W's feet heel to toe cont trn Leave L leg ext bk & sd, rec sd & bk L (W fwd R bet M's feet heel to toe pivot ½ RF, bk L toe cont trn brush R to L, sd & fwd R) end CP fc LOD; Bk R trng LF, sd L, cl R end CP fc DLC; Fwd L comm trn L, sd R cont trn, sd & slightly fwd L (W bk R comm trn L bring L beside R with no wt, trn LF on R heel & chg wt to L, step sd & slightly fwd R) end SCP DLW; Thru R, fwd & sd L, cl R end BFLY WALL;

### PART A

**1 – 4** BALANCE L; REV TWIRL; TWINKLE; MANUV;

1-4 In BFLY sd L, X RIBOL, rec L; Lead hnd jnd sd & fwd R to RLOD, fwd L, cl R (W sd & fwd L trng ½ LF, sd & bk R trng ½ LF, sd L) end LOP fc RLOD; Fwd L, fwd R rising & trn LF to fc LOD, rec L join trng hnds; Fwd R comm RF trn to fc ptrn & RLOD, sd & fwd L to fc ptrn & RLOD, cl R (W small steps fwd L, R, L);

**5 – 8** OP IMPETUS; WEAVE 6;; STEP & PT (W DEVELOPE);

5-8 Comm RF upper body trn bk L, cl R cont trn, fwd L (W comm RF upper body trn fwd R bet M's feet heel to toe pivot ½ RF, sd & fwd L cont trn brush R to L, fwd R) end SCP fc DLC; Fwd R, fwd L trng LF to CP, sd & slightly bk R to DLC (W fwd L, trng LF sd R to CP, cont trng on R fc LOD fwd L DLC); Bk L DLC trn W to CBP, bk R trng body LF to CP, sd & fwd L DLW trn W to CBP (W fwd R to CBP, fwd L to DLC trng body LF to CP, sd & bk R to CBP); Fwd R outsd W ck,- (W bk L, bring R foot up L leg to outsd L knee, ext R foot fwd);

**9 – 12** SL OUTSD SWIVEL; PICKUP; 2 LFT TRNS [WALL];;

9-12 In BJO bk L, XR IFOL with no wt,- (W fwd R, swivel RF on ball of R ft,-) end SCP; Fwd R small step lead W IF, small fwd L, cl R end CP fc DLC; Fwd L trng LF, sd R trng LF, cl L; bk on R trng LF, sd L trng LF, cl R end CP fc wall;

**13 – 16** HOVER; SCP CHASSE [2];; FWD FC CL [BFLY];

13-16 Fwd L, fwd & sd R rising to ball of ft, rec fwd L to SCP; Thru R trng to fc, sd L/cl R, sd L to SCP; repeat Part A meas 14; Fwd R, sd & fwd L to fc; cl R blend to BFLY;

### PART B

**1 – 4** CANTER TWIRL; SD TCH; REV CANTER TWIRL; SD TCH TO CP;

[Note: Thru next 4 meas take small steps & be sure W does not outstep M]

With lead hnds jnd & leading W to RF twirl sd L, draw R to L, cl R (W sd & fwd L, draw R to L as trn RF under lead hnds, cl L to R); Sd L, draw R to L;; With lead hnds still jnd & leading W to LF twirl sd R, draw L to R, cl L (W sd & fwd R, draw L to R as trn LF under lead hnds, cl R to L); sd R, draw L to R blend to CP;;

**5 – 8 WHISK; PICKUP; START LFT TRNG BOX;;**

5-8 Fwd L, fwd & sd R comm rise to ball of ft, XLIB of R cont full rise to SCP; Fwd R, sd & fwd L pickup up W, cl R end CP fc LOD; Fwd L trng ¼ LF, sd on R, cl L; Bk on R trng ¼ LF, sd on L, cl R;

**9 – 12 FINISH LFT TRNG BOX;; FWD WALTZ; DRIFT APT;**

9-12 Fwd L trng ¼ LF, sd on R, cl L; Bk on R trng ¼ LF, sd on L, cl R end CP LOD; Repeat INTRO meas 3; Maintain lead hnd hold release W & slight fwd R, L, R (W bk L, R, L) end in LOP fcg;

**13 – 16 TWINKLE OUT; TWINKLE to P/U; 2 LFT TRNS [WALL];;**

13-16 XLOR (W XROL), sd R, cl L; X ROL (W XLOR), sd L, cl R blend to CP fc LOD; Fwd L trng LF, sd R cont LF trn, cl L; Bk R trng LF, sd R cont LF trn, cl R end fc WALL; [1<sup>st</sup> time blend to BFLY – 2<sup>nd</sup> & 3<sup>rd</sup> times end in CP]

**REPEAT PARTS A & B**

**INTERLUDE**

**1 – 4 WHISK; PICKUP; START DIAMOND TRNS;;**

1-4 Repeat meas 5 & 6 Part B end CP fc DLC;; Fwd L on diag, cont L trn sd R, bk L to BJO pos; stay in BJO & trn LF step bk R, sd L, fwd R;

**5 – 8 FINISH DIAMOND TRNS;; OP TELEMARK; THRU FC CL [BFLY];**

5-8 In BJO fwd L trng on the diag, sd R, bk L; Bk R cont trn, sd L, fwd R end BJO fc DLC; Fwd L comm trn L, sd R cont trn, sd & slight fwd L (W bk R comm trn L bring L beside R with no wt, trn LF on R heel & chg wt to L, step sd & slightly fwd R) end SCP fc DLW; Fwd R, sd & fwd L, cl R blend to BFLY fc WALL;

**REPEAT PARTS A & B**

**ENDING**

**1 – 4 WHISK; PICKUP; START DIAMOND TRNS;;**

1-4 Repeat meas 1 – 4 of INTERLUDE;;;

**5 – 8 FINISH DIAMOND TRNS;; OP TELEMARK; THRU FC CL;**

5-8 Repeat meas 5 – 8 of INTERLUDE but end in CP fc WALL;;;

**9 – 10 DIP CENTER [HOLD]; TWIST;**

9-10 Bk L,hold, hold; Rotating upper body LF no wt change twist, hold, hold;