

ITALIAN TREASURES

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Music: Ballad Medley by Al Caiola
(The medley includes Al Di La, Angela Mia, and O Sole Mio.)
From the CD album Italian Gold Treasured Collection – Oro Italiana
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase V

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction Dance A Bridge Dance B Dance C Ending

Rather than parts, this dance is broken into three separate dances – Dance A, B, & C representing the medley shown above. Dance A is Phase III, Dance B is Phase IV, and Dance C is Phase V. Each dance is 32 measures in length.

INTRODUCTION (4 measures)

BFLY POS FCNG PTNR & WALL W/ LEAD FEET FREE WAIT 4 MEAS;;;;

[1-4] In bfly pos fcng partner & wall w/ lead feet free wait 4 meas;;;;

DANCE A – PHASE III

(Al Di La)

1/2 BASIC; TO LOD, CRABWALKS;; SPOT TURN BFLY; TO RLOD, THRU SERPIENTE;;
FENCE LINE REV; SPOT TURN BFLY; SHLDR TO SHLDR TWICE;; BRK BK TO OP FC LOD;
PROGR WALK 9;;; CIR AWAY & TOG BFLY;; CHASE W/ DBL PEEK-A-BOO BFLY;;;; ;;;;
SIDE WALKS;; CUCARACHA CROSS TWICE;; 1 SIDE WALK; SPOT TURN BFLY; NEW
YKR REV; THRU FC CL (NO HANDS);

[1] In bfly pos fwd L, rec R, sd L, -; [2 & 3] Toward LOD XRIF, sd L, XRIF, -; Sd L, XRIF, sd L, -;
[4] Swiveling 1/4 lf on ball of supporting foot step fwd R turning approx 1/2, rec L turning to fc partner, sd R, -;
[5 & 6] Toward RLOD thru L, sd R, bhnd L, fan R clockwise; Bhnd R, sd L, thru R, fan L clockwise; [7] In bfly
cross lunge thru L with bent knee looking in direction of lunge, rec R turning to fc partner, step sd L, -; [8] Same
as measure 4 Dance A; [9 & 10] From bfly pos fwd L to bfly sdcar pos, rec R to fc, sd L, -; Fwd R to bfly bjo pos,
rec L to fc, sd R, -; [11] Swiveling sharply on right foot step bk L to OP fc LOD, rec R, fwd L, -; [12 – 14] Fwd R,
fwd L, fwd R, -; Fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R, -; [15 & 16] Circling away from partner toward
COH (W toward wall) fwd L, fwd R, fwd L, -; Circling back to fc partner & wall bfly pos fwd R, fwd L, fwd R, -;
[17 – 24] Fwd L turning 1/2 rf, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr,
rec R, cl L, -; Fwd R turning 1/2 lf, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec R, bk L, -;
Bk R, rec L, cl R, rec L, cl R, -; (W bk R, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L turning
1/2 rf, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R
turning 1/2 lf, rec L, cl R, -; Fwd L, rec R, cl L, rec L, rec R, -;) [25 & 26] Sd L, cl R, sd L, -; Cl R, sd L, cl R, -;
[27 & 28] Rk sd L, rec R, XLIF of right, -; Rk sd R, rec L, XRIF of left, -; [29] Sd L, cl R, sd L, -; [30] Same
as measure 4 Dance A; [31] Swiveling on weighted foot bring L thru with straight leg to a side by side pos,
rec R swiveling to fc partner, sd L, -; [32] Toward LOD thru R, sd L turning to fc partner, cl R [no hands], -;

BRIDGE (4 measures)

SOLO LEFT TURNING BOX BLND BFLY;;;;

[1 – 4] Using/following rumba rhythm sd L, cl R, fwd L turn 1/4 lf, - [partners are now right shldr to right shldr];
Sd R, cl L, bk R turn 1/4 lf, - [partners are now back to back]; Sd L, cl R, fwd L turn 1/4 lf, - [partners are now
left shldr to left shldr]; Sd R, cl L, bk R turn 1/4 lf, - [partners are now fcng in bfly pos];

DANCE B – PHASE IV

(Angela Mia)

1/2 BASIC; TO A FAN; HOCKEY STICK;; REV UNDERARM TURN; UNDERARM TURN BLND
SDCAR; FWD CHK/LADY DEVELOPE; BK BOX FINISH FC WALL BFLY; ALEMANA;; LARIAT
6 CP WALL;; CROSS BODY FC COH;; LATIN WHISK; THRU FC CL COH; FULL CHASE BLND

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BFLY;;; 1/2 BASIC; AIDA REV; SWITCH ROCK FALL REV; SPOT TURN CP COH; CROSS BODY FC WALL;; LATIN WHISK; THRU FC CL; CHASE W/ PEEK-A-BOO TO HANDSHAKE;;;;

[1] In bfly pos fwd L, rec R, sd L, -; [2] Bk R, rec L, sd R, -; (W fwd L, turning lf step sd & bk R making 1/4 turn to left, bk L leaving right extended forward with no weight, -;) [3 & 4] Fwd L, rec R, cl L, -; Bk R, rec L, fwd R following the W, -; (W cl R, fwd L, fwd R, -; Fwd L, fwd R turning lf to fc partner, sd & bk L, -;) [5] XLIF, rec R, sd L, -; (W swivel 1/4 lf on ball of supporting foot step fwd R turning 1/2 lf, rec L turning to fc partner, sd R, -;) [6] Raising joined lead hands turn body slightly rf bk R, rec L to fc partner, sd R blnd sdcar pos, -; (W swivel 1/4 rf on supporting foot step fwd L turning 1/2 rf, rec R turning to fc partner, sd L blnd sdcar pos, -;) [7] Fwd L outside partner checking, -, -, -; (W bk R, -, bring left foot up right leg to inside of right knee, extend left foot forward;) [8] Bk R, sd L turning slightly to fc partner & wall bfly pos, cl R, -; [9 & 10] Fwd L, rec R, cl L lead W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L, -;) [11 & 12] Step in plc L, R, L, -; Step in plc R, L, R, -; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, sd L end fcng M, -;) [13 & 14] Fwd L, rec R, sd L turning lf, -; Bk R continue lf turn, small fwd L, sd & fwd R clsd pos COH, -; (W bk R, rec L, fwd R toward M staying on right side ending in an L-shaped pos, -; Fwd L commencing to turn left, fwd R turning 1/2 lf end with right foot back, sd & bk L, -;) [15] XLIF of right, rec R, sd L, -; [16] Toward RLOD thru R, sd L turning to fc partner, cl R, -; [17 - 20] Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, blnd bfly pos, -; (W bk R with no turn, rec L, fwd R, -; Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L with no turn, rec R, bk L blnd bfly pos, -;) [21] Fwd L, rec R, sd L, -; [22] Toward RLOD fwd R turning rf, sd L continue rf turn, bk R ending in a "V" back-to-back pos, -; [23] Turning lf to fc partner sd L checking bringing joined hands thru, rec R, sd L, -; [24] Swiveling approx 1/4 lf on supporting foot step fwd R turning 1/2, rec L turning to fc partner, sd R blnd clsd pos COH, -; [25 & 26] Same as measures 13 & 14 Dance B end clsd pos fcng wall;; [27] Same as measure 15 Dance B; [28] Toward LOD thru R, sd L turning to fc partner, cl R, -; [29 - 32] Fwd L turning 1/2 to tandem [M in front], rec fwd R, fwd L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R turning 1/2 lf, rec fwd L, fwd R blnd to handshake, -; (W bk R, rec L, fwd R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec R, bk L to handshake, -;)

DANCE C – PHASE V (O Sole Mio)

OPN HIP TWIST; TO A FAN; STOP & GO HOCKEY STICK;; HOCKEY STICK;; NEW YKR REV; AIDA LOD; SWITCH CROSS REV; SD WALK 3; CRAB WALK 3; SD WALK 3; OPN BREAK; FULL NATURAL TOP FC WALL CP;;; CUDDLE TWICE;; TO AN ALEMANA;; BRK BK OP FC LOD; PROGR WALK 3; SLIDE THE DOOR TWICE;; FWD & BK BASIC;; CIR AWAY & TOG BFLY;; HAND TO HAND TWICE;; TIME STEPS BLND BFLY;;

[1] Chk fwd L, rec R, cl L, -; (W bk R, rec L, fwd R toward M with tension in right arm which causes W to swivel 1/4 rf on right on count of "and", -;) [2] Bk R, rec L, sd R, -; (W fwd L, turning lf step sd & bk R making approx 1/2 lf turn, bk L leaving right extended forward with no weight, -;) [3 & 4] Chk fwd L, rec R raising left arm to lead W to a lf underarm turn, cl L to right, -; Chk fwd R with left side stretch shaping to partner placing right hand on W's left shldr blade to check her movement, rec L raising left arm to lead W to a rf underarm turn, cl R, -; (W cl R, fwd L, fwd R turning 1/2 lf under joined hands to end at M's right side, -; Chk bk L [M catches W with right hand on W's left shldr blade at end of step to chk her movement], rec R, fwd L turning 1/2 rf under joined hands to end back in fan pos fcng M, -;) [5 & 6] Same as measures 3 & 4 Dance B; [7] Same as measure 31 Dance A; [8] Toward LOD fwd R turning rf, sd L continue rf turn, bk R ending in a "V" back-to-back pos, -; [9] Turning lf to fc partner sd L checking bringing joined hands thru, rec R, XLIF of right turning lf to fc partner, -; [10] Toward RLOD sd R, cl L, sd R, -; [11] XLIF of right, sd R, XLIF of right, -; [12] Sd R, cl L, sd R, -; [13] Rk apart L while extending free arm up with palm out, rec fwd R lowering free arm, fwd L to bjo pos, -; [14 - 16] XRIB of left commence rf turn, sd L continue turn, XRIB of left, -; Sd L continue turn, XRIB of left continue turn, sd L, -; XRIB of left, sd L, cl R clsd pos wall, -; (W sd L commence rf turn, XRIF of left continue turn, sd L, -; XRIF of left, sd L continue rf turn, XRIF of left, -; Sd L continue turn, XRIF of left, cl L, -;) [17 & 18] Give W a slight left side lead to open her out sd L, rec R, cl L lead W to clsd pos, -; Give W a slight right side lead to open her out sd R, rec L, cl R lead W to loose clsd pos, -; (W turning 1/2 rf bk R, rec L, fwd R turning 1/2 to clsd pos, -; Turning 1/2 lf bk L, rec R, fwd L turning 1/2 to loose clsd pos, -;) [19 & 20] Fwd L, rec R, cl L lead W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L, -;) [21] Same as measure 11 Dance A; [22] Fwd R, fwd L, fwd R, -; [23 & 24] Rk apart L, rec R releasing hands, XLIF of right changing sides fcng same direction as W crosses in front of M, -; Rk apart R, rec L releasing hands, XRIF of left changing sides fcng same direction as W crosses in front of M, -; [25 & 26] Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; [27 & 28] Same as measures 15 & 16 Dance A; [29 & 30] Swiveling sharply 1/4 on weighted foot step bk L to opn pos, rec R turning to fc partner, sd L, -; Swiveling sharply 1/4 on weighted foot step bk R to left opn pos, rec L turning to fc partner,

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sd R, -; [31 & 32] XLIB of right, rec R, sd L, -; XRIB of left, rec L, sd R blnd bfly pos, -;

ENDING (2 measures)

1/2 BASIC; SLOW AIDA & FREEZE;

[1] Fwd L, rec R, sd L, -; [2] Toward LOD fwd R turning rf, sd L continue rf turn, bk R ending in a "V" back-to-back pos, -;