



## I Can't Dance

**Choreographer:** Peter & Chama Gomez      **Frederick, CO 80530**      **Date:** 12/31/2015 v1  
**Web Site:** <http://www.InSyncDancers.org> **E-mail:** [peterandchama@insyncdancers.org](mailto:peterandchama@insyncdancers.org)  
**Artist:** Boppin' B      **Record/CD:** Rock 'n' Roll Radio      **Track:** 10  
**Merchant:** 1. [Amazon](#)      **Time:** 3:17      **Dance:** 3:28      **Tempo:** -5.0%  
2. iTunes      **Time:** 3:17      **Dance:** 3:28      **Tempo:** -5.0%  
**Footwork:** Opposite unless noted (Woman's footwork in parenthesis)  
**Rhythm:** Roundalab (Slow) Foxtrot Phase 3+2+1 (Diam Trn, Hes Chg) + (Bk Run 8)  
**Sequence:** Intro – A – B – C – D – Ending

### Meas

### Intro

#### 1-4 WAIT ;; WSK ; WING :

1-4 OP FCG DLOD/WALL, 4 ft apt, waiting & moving to CP/WALL during first 2 meas. ;; [WSK] Fwd L, -, fwd & sd R comm rise to ball of foot, XLIB of R cont rise to ball of foot ending in SCP ; [Wing] Fwd R, -, draw L twd R, tch L to R trng upper body LF with L sd stretch to SDCAR DLOD/COH (Fwd L beg to XIF of M comm trn slightly LF, -, fwd R arnd M cont. trn slightly LF, fwd L arnd M comp slight LF trn to tight SDCAR) ;

### Part A

#### 1-8 2 LF TRNS ;; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; SPIN TRN ; BOX FIN :

1-4 [2 LF Trns] Fwd L comm LF trn, -, cont trn up to 3/8 to fc RLOD sd & bk R, cl L ; Bk R comm LF trn, -, cont trn to fc DLOD/WALL sd & fwd L, comp trn cl R ; [WSk] Fwd L, -, fwd & sd R comm rise to ball of ft, XLIB of R cont rise to ball of ft ending in SCP DLOD/COH ; [Chasse SCP] Thru R comm RF turn to fc, -, sd L/cl R, sd L to SCP ;

5-8 [Chasse BJO] Thru R comm RF trn to fc, -, sd L/cl R, sd L to BJO DLOD/WALL ; [Manuv] Fwd R comm RF trn, -, cont RF trn sd L, cl R to CP ; [Spin Trn] Comm RF trn with toe lead bk L, -, fwd R btwn W's ft with slight rise cont trn, comp RF trn bk L to fc DLOD/Wall (Comm. RF trn fwd R btwn M's feet heel to toe pivoting ½ RF, -, bk L toe cont trn brush R to L, comp trn sd & fwd R) ; [Box Fin] Bk R comm LF trn, -, sd L cont. trn to fc DLOD/COH, cl R ;

#### 9-16 DIAM TRN ;;; FWD R CHASSE ; IMP ; CHASSE SCP ; WING :

9-12 [Diam Trn] Fwd L trng LF on the DLOD/COH, -, cont trn sd R, bk L otsd prtr in BJO ; trng LF bk R, -, sd L, fwd R otsd prtr in BJO ; fwd L trng LF on the DRLOD/WALL, -, cont trn sd R, bk L otsd prtr in BJO ; trng LF bk R, -, sd L, fwd R otsd prtr in BJO fcg DLOD/COH ;

13-16 [Fwd R Chasse] Fwd L comm LF trn, -, sd R/cl L, sd R to BJO ; [Imp] Comm RF trn bk L, -, cl R [heel trn] cont RF trn, comp trn fwd L to SCP fcg DLOD/COH (Comm RF trn fwd R otsd ptr piv RF, -, sd & fwd L cont RF trn arnd M brush R to L, comp trn fwd R SCP) ; [Chasse SCP] Repeat meas. 4 ; [Wing] Fwd R, -, draw L twd R, tch L to R trng upper body LF with L sd stretch to SDCAR DLOD/COH (Fwd L beg to XIF of M comm trn slightly LF, -, fwd R arnd M cont. trn slightly LF, fwd L arnd M comp slight LF trn to tight SDCAR) ;

#### 17-20 LF TRN ; BK & CHASSE BJO ; MANUV ; HES CHG :

17-20 [LF Trn] Fwd L comm LF trn, -, cont trn up to 3/8 to fc RLOD sd & bk R, cl L to CP ; [Bk & Chasse BJO] Bk R comm LF trn, -, sd L/cl R, cont trn sd L to BJO DLOD/WALL ; [Manuv] Repeat meas 6 ; [Hes Chg] Comm RF upper body trn bk L, -, sd R cont. RF trn beg drawing L to R, cont. drawing L to R, - ;

### Part B

#### 1-8 2 LF TRNS ;; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; SPIN TRN ; BOX FIN :

1-8 Repeat meas. 1-8 of Part A ;;;;;;

#### 9-15 2 LF TRNS ;; FWD R CHASSE ; IMP ; CHASSE BJO ; MANUV ; HES CHG :

9-12 Repeat meas. 1-2 of Part A to fc DLOD/WALL ;; Repeat meas. 13-14 of Part A to fc DLOD/COH ;;

13-15 Repeat meas. 5-6 of Part A to fc DLOD/WALL ;; Repeat meas. 20 of Part A to fc DLOD/COH ;;



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- 16-24 **LF TRN ; BK RUN 8 ;; LF TRN ; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; HES CHG ;**  
16-19 [LF Trn] Fwd L comm LF trn, -, cont trn up to 3/8 to fc RLOD sd & bk R moving into BJO, cl L ; [Bk Run 8] With R sd lead in BJO bk R, bk L, bk R, bk L ; bk R, bk L, bk R, bk L ; [LF Trn] Bk R comm LF trn, -, cont trn up to 3/8 to fc DLOD/WALL sd & fwd L, comp trn cl R ;  
20-24 Repeat meas. 3-6 of Part A ;;;; Repeat meas. 20 of Part A ;

### Part C

- 1-8 **2 LF TRNS ;; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; SPIN TRN ; BOX FIN ;**  
1-8 Repeat meas. 1-8 of Part A ;;;;;;  
9-15 **DIAM TRN 1/2 ;; (TRNG) WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; HES CHG ;**  
9-15 [Diam Trn 1/2] Fwd L trng LF on the DLOD/COH, -, cont trn sd R, bk L otsd ptrr in BJO ; Trng LF bk R, -, sd L, fwd R otsd ptrr in BJO ; [Wsk] Fwd L comm slight LF trn, -, cont slight trn fwd & sd R comm rise to ball of foot, XLIB of R cont rise to ball of foot ending in SCP DLOD/COH ; Repeat meas. 4-6 of Part A ;;; Repeat meas. 20 of Part A ;  
16-24 **LF TRN ; BK RUN 8 ;; LF TRN ; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; HES CHG ;**  
16-24 Repeat meas. 16-24 of Part B ;;;;;;  
25-28 **LF TRN ; BK CHASSE to BJO ; MANUV ; HES CHG ;**  
25-28 Repeat meas. 16-25 of Part A ;;;;

### Part D

- 1-8 **DIAM TRN 1/2 ;; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; SPIN TRN ; BOX FIN ;**  
1-8 Repeat meas. 9-14 of Part C ;;;;; Repeat meas. 7-8 of Part A ;;  
9-16 **DIAM TRN 1/2 ;; WSK ; CHASSE SCP ; CHASSE BJO ; MANUV ; SPIN TRN ; BOX FIN ;**  
9-16 Repeat meas. 9-14 of Part C ;;;;; Repeat meas. 7-8 of Part A ;;

### Ending

- 1-4 **2 LF TRNS ;; WSK ; FWD SD CORTE ;**  
1-4 [2 LF Trns] Fwd L comm LF trn, -, cont trn up to 3/8 to fc RLOD sd & bk R, close L ; Bk R comm LF trn, -, cont trn up to 3/8 to fc DLOD/WALL sd & fwd L, comp trn cl R ; [Wsk] Fwd L, -, fwd & sd R comm rise to ball of foot, XLIB of R cont rise to ball of foot ending in SCP DLOD/COH ; [Fwd & Sd Corte (SQQ)] Fwd R trn RF to fc ptr, -, sd L, flexing L knee with no trn to RSCP leaving R leg extended with toe pointing to floor ;