

IL MISTERO DELLA VITA

Music: I Baraonda
<https://music.amazon.com/albums/B077PWXWWB>
Time 3:19 Available from choreographer

Rhythm: Waltz Phase: IV+2 (DBL Reverse Spin + Natural Weave)

Footwork: Opposite except where (Noted)

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Sequence: INTRO AB AB B END



INTRO

01-04 SCAR POS DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} SCAR Pos DLW ld ft free wt 4 meas ; ; ; ;

05-08 CROSS CHECK to SCAR DLW/W DEVELOPE ; OP FINISH ; VIENNESE TURNS ; ;

{Cross Check to SCAR DLW/W Developpe} [1--] Fwd L outsd W's lft sd chkg, -, - (W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd) to SCAR DLW ; {OP Finish} Bk R trng LF, sd L cont trn to fc DLC, fwd R to BJO DLC ; {Viennese Trns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ;

PART A

01-04 HOVER TELE ; UNDERTURNED MANEUVER ; BACK CROSS HOVERS to SCAR & BJO ; ;

{Hover Tele} Fwd L, fwd R risg & lft shldr lead, sd & fwd L to SCP LOD ; {Underturned Maneuver} Trng RF fwd R ifo W, sd L cont trn to DRW, cl R (W fwd L, R, L) to CP DRW ; {Bk Cross Hover to SCAR & BJO} XLib (WXRif), sd & bk R rise, bk L to SCAR DLW ; XRib (WXLif), sd & bk L rise, bk R BJO DLC ;

05-08 BACK CROSS HOVER to SCAR ; OP FINISH to DLW ; WHISK ; THRU CHASSE to SCP ;

{Bk Cross Hover to SCAR} Repeat meas 3 Part A ; {OP Finish} Bk R, bk & sd L comm trng LF, fwd R cont LF trn to BJO DLW ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise ; {Thru Chasse to SCP} 1,2&3] Thru R, sd to fc prt L/cl R, sd & fwd L (W trng LF, sd R/cl L, sd & bk R) to SCP DLC ;

09-12 WEAVE 6 to BJO ; ; FWD FWD/LOCK FWD ; CROSS HESITATION ;

{Weave 6 to SCP} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsd ptr, fwd L, fwd R) to BJO DLW ; {Fwd Fwd/Lock Fwd} [1,2&3] Fwd R, fwd L/lk Rib, fwd L ; {Cross Hesitation} [1,-,-/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L) to BJO DRC ;

13-16 BACK SYNCOPATED TWISTY VINE ; SPIN TURN ; BACK & CHASSE to SCP ; CHAIR & SLIP ;

{Bk Syncopated Twisty Vine 4} (1,2&3) Bk L trng slightly RF, sd R/XLif, sd & bk R to fc DLW (W fwd R trng RF, sd & bk L/cont trng XRib, sd & fwd L to BJO) ; {Spin Trn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DLW ; {Bk & Chasse to SCP} [1,2&3] Bk R trng RF to fc ptr, sd L/cl R, sd & fwd L to SCP LOD ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

PART B

01-04 DIAMOND TURN/W INSIDE TURNS ; ; ; ;

{Diamond Trn/ W Insd Trns} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg ld hnds, compg ¼ LF trn sd L, fwd R (W fwd L comm LF trn under jnd ld hnds fc RDC, small sd R cont LF trn, small sd L compg LF trn) to BJO DRW ; Repeat meas 1,2 Part B to BJO DLW & DLC ; ;

05-08 TELEMARK to SCP ; NATURAL WEAVE to SCP ; ; THRU & CHASSE to SCP ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; {Natural Weave SCP} Fwd R trng RF, sd L, bk R (W fwd L, R btwn M's ft, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to SCP DLW ; {Thru Chasse to SCP} Repeat meas 8 Part A ;

9-12 IN & OUT RUNS ; ; OP NATURAL ; BACK & CHASSE to SCAR DLW ;

{In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; **{OP Natural}** Thru R stg RF trn, contg RF trn sd L ifo W, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; **{Bk & Chasse to SCAR DLW}** [1,2&3] Bk R trng RF to fc ptr, sd L/cl R, sd & fwd L to SCAR DLW ;

13-16 CROSS CHECK to SCAR DLW/W DEVELOPE DLW ; OP FINISH ; VIENNESE TURNS [2^{de} Time: to LOD] ; ;

{Cross Check to SCAR/W Developpe} Repeat meas 5 Intro to SCAR DRW ; **{OP Finish}** Bk R trng LF, sd L cont trn to fc DLW, fwd R to BJO DLW ; **{Viennese Trns}** Repeat meas 7,8 Intro [2^{de} Time: to LOD] ; ;

ENDING

01-04 HOVER TELE ; UNDERTURNED MANEUVER ; BACK CROSS HOVER to SCAR ; OP FINISH to DLW ;

{Hover Tele} Repeat meas 1 Part A ; **{Underturned Maneuver}** Repeat meas 2 Part A ; **{Bk Cross Hover to SCAR }** Repeat meas 3 Part A ; **{OP Finish}** Repeat meas 6 Part A ;

05-08 FWD to SCAR DLW/W DEVELOPE ; FWD SYNCOPATED VINE ; SLOW SIDE LOCK ; DBL REVERSE SPIN to DLW ;

{Fwd to SCAR DLW/W Developpe} Repeat meas 5 Intro ; **{Fwd Syncopated Vine}** [1,2&3] Fwd R trng RF to fc ptr, sd L/XRib (*W XLib*), sd L to SCP LOD ; **{Slow Sd Lock}** Thru R, fwd & sd L risg trng LF, cl R (*W thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ; **{Dbl Reverse Spin to DLW}** [1,2-/W1&2,3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (*W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif*) to BJO DLW ;

09-12 HOVER TELE to ½ OP LOD ; OP IN & OUT RUNS ; ; THRU & HIGH to CHAIR ;

{Hover Tele to ½ OP LOD} Repeat meas 1 Part A to ½ OP LOD ; **{OP In & Out Runs}** Fwd R start RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; **{Thru & High to Chair}** [1&2] Fwd R/small fwd L w/ rise, strong fwd R lunge action bendg knee, -;