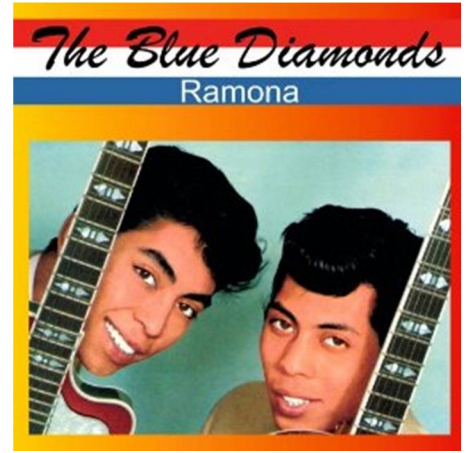


ISLE OF CAPRI

Music : Blue Diamonds
www.amazone.com/Ramona
Track # 9 Time 2:53 Slow Down w/ -5%
Available from choreographer

Rhythm: Cha Cha / Foxtrot / Rumba
Phase: V
Footwork: Opposite except where (Noted)
Release Date: Nov 15
Choreo: Jos Dierickx Beverlosestwg 14B2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO ABC D B D(9-16) A(1-8) C END



INTRO

01-04 R-HANDSHAKE WALL LEAD FOOT FREE WAIT 4 MEASURES ; ;

{Wait} R-Hndshk WALL Id free wt 4 meas ; ; ; ;

PART A CHA CHA CHA

01-04 FLIRT to VARS ; ; SWEETHEART TWICE / W to a FAN ; ;

{Flirt to VARS} [w/ r-hndshk] Fwd L, rec R, side & bk L/cl R, sd & bk L to VARS WALL (W bk R, rec L trng LF, cont trn to VARS sd R/cl L, sd R) ; Bk R, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd L moving in frt of M to L-VARS) ; {Sweetheart x 2/W to a FAN} Ck fwd L w/ R sd Id, rec R straighteng bdy, sd L/cl R, sd L slidg bhd W (W bk R w/ L sd Id, rec L straighteng bdy, sd R/cl L, sd R slidg acrs in frt of M) ; Ck fwd R w/ L sd Id, rec L straighteng bdy, sd R/cl L, sd R slidg bhd W (W bk L w/ R sd Id, rec R straighteng bdy, sd L/cl R slidg acrs in frt of M, trng to fc RLOD sd & bk L leavg R ft extended fwd) ;

05-08 STOP & GO HOCKEY STICK ; ; HOCKEY STICK [2^{de} Time: r-hndshk] ; ;

{Stop & Go Hockey Stick} Fwd L, rec R, sd L/cl R, sd L lead W trn LF under Id hnds (W cl R, fwd L, fwd R/XLib, fwd R quick LF trng under Id hnds fc LOD) ; Soften L knee X lunge RIF to LOD R hand on W back, rec L trng W RF under Id hnds, sd R/cl L, sd R (W sit lunge bk L, rec R trn RF under lead hands, bk L/XRif, bk L to fan pos) ; {Hockey Stick} Fwd L, rec R, sip L/R, L brg jnd Id hnds in front of forehead (W cl R, fwd L, fwd R/lk L, fwd R) ; Sm bk R maintaining fwd poise, rec L, fwd R/cl L, fwd R trng body RF to LOP RLOD (W fwd L, fwd R to BFLY twd DRW, swvlg on R toe in sprl action sharply trn 3/4 LF bk L/lk R, bk L trng bdy twd RLOD) to LOP DRW [2^{de} Time: r-hndshk] ;

09-12 NEW YORKER TWICE ; ; REVERSE UNDERARM TURN ; SPOT TURN ;

{New Yorker} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R ; {Reverse Underarm Turn} Raisg jnd Id hnds XLif w/ slight RF bdy trn, rec R, sd L/cl R, sd L (W full LF trn undr jnd hnds XRif, rec L, fwd & sd R/cl L, sd R) to BFLY ; {Spot Turn} XRif (W XLif) trng 1/2 LF, rec L contg to trn to fc ptr, sd R/cl L, sd R ;

13-16 START CHASE ; TRAVELING DOORS ; ; FINISH CHASE/M TURN to FC ;

{Start Chase} Fwd L trng ½ RF, rec R trng, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R) ; {Traveling Doors} Rk sd L, rec R, XLif (W Xif)/sd R, XLif (W Xif) ; Rk sd R, rec L, XRif (W Xif)/sd L, XRif (W Xif) to tandem COH ; {Finish Chase/M Turn to Fc} Fwd R trng ½ LF, rec L trng, fwd R/cl L, fwd R (W fwd L trng ½ RF, rec R), fwd R/cl L, fwd R to BFLY WALL ;

PART B CHA CHA CHA

01-04 BACK BREAK to OP ; WALK 2 & CHA ; SLIDE THE DOOR BOTH WAYS ; ;

{Bk Break to OP} XLib (W XRib) trng to OP, rec R, twd LOD fwd L/lk Rib, fwd ; {Walk 2 & Cha} Fwd L, fwd R, fwd L/lk Rib, fwd L ; {Slide the Door Both Ways} Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif (W chg sd in frnt of M Rif/sd L, XRif) to LOP LOD ; Sd apt R, rec L, chg sd bhd W XRif/sd L, XRif (W chg sd in frnt of M XLif/sd R, XLif) to OP LOD ;

05-08 CIRCLE AWAY & TOGETHER to BFLY ; ; SHOULDER to SHOULDER TWICE [2^{de} Time : to CP WALL] ; ;

{Circle Away & Together} Circ awy M CCW (W CW) L, R, L/R, L ; Circ tog R, L, R/L, R to BFLY WALL ; {Shoulder to shoulder x 2} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R to r-hndshk WALL ; [2^{de} Time : to CP WALL] ;

PART C CHA CHA CHA

01-04 SHADOW NEW YORKER ; UNDERARM TURN ; SHADOW BACK BREAK to OP ; START PARALLEL BREAKS :

{Shadow New Yorker} [w/ r-hndshk] Thru L (*W thru R*) to LOP RLOD w/ M's L-arm xtnd bhd W's bk, rec R to fc ptr, sd L/cl R, sd L ; **{Underarm Turn}** Raisg trail hnds palm to palm XRib, rec L, sd R/cl L, sd R (*W XLif comm RF trn under trail hnd, cont RF trn rec R fc COH, sd L/cl R, sd L*) keep r-hndshk WALL, - ; **{Shadow Break to OP}** XLib (*W XRib*) trng both to LOD w/ W's L-arm xtnd bhd M's bk, fwd R, fwd L/Ik Rib (*W Ik Lib*), fwd L to OP LOD, - ; **{Start Parallel Breaks}** w/ r-hndshk Rk bk R leading W across in front, rec L, fwd R to fc Line /Ik Lib, fwd R (*W fwd L trng ¼ LF in front of M, fwd R trng ½ LF to fc Wall, sd & fwd L/Ik Rib, fwd L to fc line*) [similar to W whip action] to LOP LOD, - ;

05-08 FINISH PARALLEL BREAKS to OP ; SEND W to a FAN ; ALEMANA & CLOSE UP [2^{de} TIME: to BFLY] ; :

{Finish Parallel Breaks to OP} w/ r-hndshk Fwd L trng ¼ Lf in front of W, fwd R trng ½ Lf to fc Wall, sd & fwd L/Ik Rib, fwd L to fc line (*W rk bk R allowing M to pass across in front, rec L, fwd R to fcg LOD/Ik Lib, fwd R*) [similar to M whip action] to OP LOD, - ; **{Send W to a FAN}** Fwd R, cl L to Fcg Ptr, to RLOD sd R/cl L, sd R (*W Fwd L comm LF turn, sd R cont LF trn, bk L/XRif, bk L*) to Fan Pos ; **{Alemana & Close Up}** Fwd L, rec R, small sd L/cl R, sd L (*W cl R, fwd L, fwd R/Ik Lib, fwd R trng RF to fc M*); Raisg jnd ld hnds Xrib, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L & swvl RF, fwd R & swvl RF, fwd & sd L/cl R, sd L*) to CP WALL [2^{de} Time: to BFLY]

PART D FOXTROT

01-04 HOVER ; THRU HOVER to BJO ; BACK HOVER to SCP ; CROSS PIVOT to SCAR ;

{Hover} Fwd L, -, sd & fwd R risg to ball of ft & allowg W to brush R, fwd L to SCP LOD ; **{Thru Hover to BJO}** Thru R, -, fwd L risg sltly, rec R (*W thru L, -, fwd & sd R trng LF risg & brushg L to R, contg LF trn fwd L*) to BJO LOD ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP LOD ; **{Cross Pivot to SCAR}** Manuv R comm strong RF turn, -, sd L arnd ptr cont RF turn, sd & fwd R (*W sm fwd L comm strong RF trn, -, fwd R between ptr's ft contg RF trn, sd & bk L*) to SCAR DLW ;

05-08 CROSS HOVER to SCP ; THRU VINE 4 ; PROMENADE WEAVE ; :

{Cross Hover to SCP} XLif, -, sd R hvrg, rec L (*W XRib, -, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Thru Vine 4}** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ; **{Promenade Weave}** [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ;

09-12 WHISK ; THRU SIDE BEHIND ; ROLL 3 to SCP ; START IN & OUT RUNS ;

{Whisk} Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ; **{Thru Sd Behind}** Thru R, -, sd L, XRib to mom LOP RLOD ; **{Roll 3 to SCP}** Bk & sd L stg LF roll twd LOD, -, cont trn on ball of L ft & cl R, cont roll sd & fwd L to OP slight V LOD ; **{Start In & Out Runs}** Trng RF fwd R, -, sd & bk L, bk R (*W fwd L, -, fwd R between M's ft, fwd L*) to BJO RLOD ;

13-16 FINISH IN & OUT RUNS ; OP NATURAL ; OVER SPIN TURN ; BOX FINISH to WALL [2^{de} Time: r-hndshk] ;

{Finish In & Out Runs} Trng RF bk L, -, contg trn fwd R between W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R*) to SCP DLC ; **{OP Natural}** Repeat meas 12 Part D ; **{Over Spin Turn}** Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, -, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (*W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, -, bk L contg trn & brush R to L, contg RF trn sd & fwd R*) to CP DRW ; **{Box Finish to WALL}** Bk R, -, sd & bk L trng 1/4 LF, cl R to CP WALL [2^{de} Time: r-hndshk];

ENDING RUMBA

01-02 THRU VINE 4 to RLOD ; RUMBA AIDA ;

{Thru Vine 4 to RLOD} Thru L (*W Thru R*), sd R, XLib (*W XRib*), sd R ; **{Rumba Aida to RLOD}** [QQQ-] Thru L (*W thru R*) to RLOD comm LF trn, sd R rel ld hnds cont trn, bk L & extend ld arms up to V BK-TO-BK, - ;