

ISN'T THIS A LOVELY DAY

DANCE BY NANCY & DEWAYNE BALDWIN

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RECORD CD ONLY CDE 4001 ARTIST BLACKPOOL LEGENDS

FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45

RHYTHM CHA CHA PH IV +2 [DBL CUBANS + OPN HIP TWIST] DATE 10-05

SEQUENCE A B C A [1-10] END

INTRO

1-4 BFLY;; SPOT TRN 2X;;

BFLY WAIT; WAIT; XLIF trn, rec R trn, sd L/cl R, sd L; XRIF trn, rec L trn, sd R/cl L, sd R;

PART A

1-4 OPN HIP TWIST; FAN; HOCKEY STICK;;

HD SHK Fwd L, rec R, bl L/cl R, bk L; Bk R, rec L, sd R/cl L sd R;
Fwd L, rec R, stp L/stp R, stp L; Bk R, rec L, fwd R/cl L, fwd R;

5-8 NYR; CRAB WLKS;; SPT TRN;

Thru L, rec R, sd L/stp R, stp L; XRIF, sd L, XRIF/sd L, XRIF;
Sd L, XRIF, sd L/XRIF, sd L; XRIF trn, rec L trn, sd R/cl L, sd R;

9-12 FNC LINE; AIDA; SWITCH X; SD WLK;

X lun L, rec R, sd L/cl R, sd L; Fwd R trn, sd L trn, bk R/lk L, bk R;
Trn L sd, rec R, XLIF/sd R, XLIF; Sd R, cl L, sd R/cl L, sd R;

13-16 SHLDR TO SHLDR 2X;; HD TO HD 2X;;

BFLY Rk fwd L SCAR, rec R FC/PTR, sd L/cl R, sd L; Rk fwd R BJO, rec L FC/PTR,
sd R/cl L, sd R; Bhd L, rec R, sd L/cl R, sd L; Bhd R, rec L, sd R/cl L, sd R;

PART B

1-4 ALEMANA;; FNC LINE; SPT TRN W TRAN;

Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
X lun L, rec R, sd L/cl R, sd L; XRIF trn, rec L trn, sd R/cl L, sd R
(W XRIF trn, rec R trn, XLIF trn, re R trn L/VARS);

5-8 PARALLEL CHASE;; L LARIOT W TRAN;;

Rk sd L, rec R, XLIF/sd R, XLIF; Rk sd R, rec L, XRIF/sd L, XRIF;
Sd L, rec R, cl L/stp R, stp L; Sd R, rec L, cl R/stp L, stp R
(W Fwd R, fwd L, fwd R, fwd L);

9-12 FWD BASIC; FC FAN; RK FWD REC, BK TRIPLE CHA;;

BFLY Fwd L, rec R, bl L/cl R, bk L; Bk R, rec L, sd R/cl L, sd R trn FC/LOD;
Fwd L, rec R, bk L/lk R, bk L; Bk R/lk L, bk R, bk L/lk R, bk L;

13-16 RK BK REC, FWD TRIPLE CHA;; ALEMANA;;

Bk R, rec L, fwd R/lk L, fwd R; Fwd L/lk R, fwd L, fwd R/lk L, fwd R;
Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R trn BFLY/WL;

PART C

- 1-4 VINE 2 FC TO FC; VINE 2, BK TO BK; CIRCLE AWAY & TOG;;
Sd L, XLIB, sd L/cl R, sd L trn/COH; Sd R, XLIB, sd R/cl L, sd R trn OPN/LOD;
Fwd L trn, cl R, fwd L/cl R, fwd L; Fwd R trn, cl L, fwd R/cl L, fwd R FC/RLOD;
- 5-8 UMB TRNS:::
L hd star Fwd L, rec R, bl L/cl R, bl L; Bk R, rec L, fwd R/cl L, fwd R;
Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L trn, sd R/cl L, sd R FC/PTR;
- 9-12 OPN BRK; WHIP; DBL CUBANS;;
Bk L, rec R, stp L/stp R, stp L; Bk R trn, rec L, sd R/cl L, sd R;
XLIF/ rec R, sd L/rec R, XLIF/ rec R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;
- 13-16 OPN BRK; WHIP; SHLDR TO SHLDR 2X;;
REPEAT 9-10 PART C;; REPEAT 13-14 PART A;;

END

- 1-4 SWCH RK; HOLD; CRAB WLK; SD WLK;
Trn sd L, rec R, sd L/cl R, sd L; ,-, -, -; XRIF, sd L, XRIF/sd L, XRIF;
Sd L, cl R, sd L/cl R, sd L;
- 5-6 SPT TRN; DIP BK HOLD;
XRIF trn, rec L trn, sd R/cl L, sd R (W OVERTURNS FC/WL); Bk L, -, -, -;