

IT HURTS FOR A WHILE

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Music: Special Press "For A Little While" [Flip...." Make Love To Me"]

Sequ: Intro AA B A Int. C B A End

Rhythm & Phase: Waltz Phase IV [Woman's Footwork In Parentheses]

INTRO

1-4 WAIT IN LEFT OPEN FACING DLW;; TOGETHER & TOUCH; BOX FINISH; [DLC]

- 1-2 *[In Left Open Mans Left/Ladies Right Foot Free]* Wait 2 Measures;;
3 *[Together & Touch]* Fwd L, Drw R to L & Tch to CP;
4 *[Box Finish]* Bk R, Sd L, Cl R DLC;

PART A

1-4 TELEMARK TO SEMI; MANEUVER; BACK BACK/LOCK BACK; IMPETUS TO SEMI

- 1 *[Telemark To Semi]* Fwd L comm. to trn lft, sd R cont. trn, sd & slightly fwd left to SCP;
(W Heel Turn)
2 *[Maneuver]* Fwd R, fwd & sd L comm. RF trn, cl R end fcng RLOD (W fwd L, sd R, cl L);
3 *[Back Back/Lock Back]* Bk L; Bk R Lk LIF (W Lk RIB), Bk R In BJO;
4 *[Impetus To Semi]* Bk L in CBJO comm. RF trn, cl R to L [Heel Turn] cont. to fc DC fwd L;
(W fwd R outside Man, Sd L trng RF, brush R to L, Sd & fwd R cont. trn to SCP;)

5-8 WEAVE TO SEMI;; SEMI CHASSE; PICK UP SIDE CLOSE;

- 5-6 *[Weave To Semi]* Fwd R, Fwd L trng LF picking W up to CP, Sd & slightly Bk R, to DLC; Bk L
DLC trng W to CBJO, Bk R trng LF to CP, Sd & Fwd L DLW trng Woman to CBJO;
7 *[Semi Chasse]* Thru R, Sd L/Cl R, Fwd L to SCP;
8 *[Pick Up Side Close]* Fwd R, Sd L, Cl R To CP DLC;

REPEAT A

PART B

1-4 1 x LEFT TURN; BACK CHASSE TO SEMI; HOVER FALLAWAY; BACK CHASSE TO SCAR;

- 1 *[1 Left Turn]* Fwd L comm. trng LF, Cont LF trn Sd R, Cl L R To CP DRC;
2 *[Back Chasse Semi]* Bk R trng LF, cont. trn Sd L, Cl R to L, Sd & Fwd L To SCP;
3 *[Hover Fallaway]* Thru R, Fwd L with rise, rec R In SCP;
4 *[Back Chasse SCAR]* Bk L, comm. RF trn Sd R/Cl L, Sd & Fwd R to SCAR DRW; (W Bk R, trng
slightly LF, Sd L, Cl R, Sd & Bk L to Scar);

5-8 CROSS CHECK RECOVER TURN TO BJO; MANEUVER; SPIN TURN; BOX FINISH;

- 5 *[Cross Check Recover Turn To Bjo]* XLIR, Rec R start LF Trn, Sd & Fwd L To BJO DLW;
6 *[Maneuver]* Fwd R, fwd & sd L comm. RF trn, Cl R end fcng RLOD ;
7 *[Spin Turn]* Bk L pvt ½ RF, fwd R between W feet heel to toe cont trn leaving L bk & sd, rec
sd & bk L; (W comm. RF upper body trn fwd R between Man's feet heel to toe pvt ½ RF. bk L
toe cont. brush R to L fwd R between Man's feet);
8 *[Box Finish]* Bk R trng LF, sd L, cl R DLC;

PART A

INTERLUDE

1-4 2 LEFT TURNS;; WHISK; PICK UP SIDE CLOSE;

- 1-2 *[2 Left Turns]* Fwd L trng LF, Sd R, Cl L; Bk R Trng LF, Sd L Cl R; *[Wall]*
3 *[Whisk]* Fwd L, Sd & slightly Fwd R, XLIB to SCP DLW;
4 *[Pick Up Side Close]* Thru R, Sd L, Cl R To DLC;

PART C

1-4 DIAMOND TURN $\frac{3}{4}$;;; BACK HALF BOX;

- 1-3 *[Diamond Turn 3/4]* Fwd L trng LF, Cont. trn Sd R, Bk L to BJO; Bk R trng LF In BJO, Sd L, Fwd R in CBMP, Fwd L trng LF in BJO, Sd R, Bk L; *[In BJO DLW]*
4 *[Back Half Box]* Bk R; Sd L, Cl R; [DLW]

5-8 HOVER TO SEMI; SEMI CHASSE; SEMI CHASSE; PICK UP SIDE CLOSE;

- 9 *[Hover To Semi]* Fwd L, Fwd & Sd R rising to ball of foot, Rec Sd & Fwd L to SCP LOD;
10 *[Semi Chasse]* Thru R trng to face ptnr, Sd L/Cl R, Sd L to SCP LOD;
11 *[Semi Chasse]* Thru R trng to face ptnr, Sd L/Cl R, Sd L to SCP LOD;
12 *[Pick Up Side Close]* Thru R, Sd L, Cl R To DLC;

PART B

PART A

END

1-5 TELEMARK TO SEMI; NATURAL HOVER FALLWAY; SLIP PIVOT TO BJO; FORWARD TO A PROMENADE SWAY; CHANGE THE SWAY;

- 1 *[Telemark To Semi]* Repeat measures 1 of Part A
2 *[Natural Hover Fallaway]* Thru R comm. RF Trn, Fwd L cont. RF Trn rise to ball of foot, Rec Bk R to SCP fc DRW;
3 *[Slip Pivot To Bjo]* Bk L well under body, Bk R comm. LF trn, Fwd L to CBJO DLW; (W Bk R well under body, pivot LF $\frac{1}{2}$ keeping left extended rec L, rec Bk & Sd R):
4 *[Forward To Promenade Sway]* Fwd R (W Bk L), Sd L trng W to SCP stretch body upward to Promenade Sway;
5 *[Change Sway]* Compress into left knee & Change to Oversway look at Woman; (W look Lf)