

IT'S TRUE

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Music: True, True, True Artist: UB40 Album: Labour of Love IV (Track 10 - 2:55) iTunes, Amazon.com
Footwork: Opposite unless noted (Woman's footwork in Parentheses) Time: 2:55 @ download speed
Rhythm: Two Step RAL Phase II AVG
Sequence: INTRO A B C B D Amod B C B B END

INTRODUCTION

SCP FCG LOD WAIT "OOOH" & DRUM BEATS - START ON "TRUE"

1-4 LACE ACRS ; WALK 2 ; LACE BK ; WALK 2 ;

- 1 SCP fcg LOD moving diag bhd W w/lead hnds joined (W Xif of M) [begin moving on "It's" so first step is on "True"] Fwd L, cl R, fwd L,-;
- 2 LOP LOD Fwd R,-, fwd L,-;
- 3 Under joined trailing hnds M Xing bhd W Fwd R, cl L, fwd R,-;
- 4 OP LOD Fwd L,-, fwd R,-;

5-8 HITCH FWD 3 ; BK 2 SLOW ; HITCH BK 3 ; WALK 2 TO BFLY ;

- 5-6 Fwd L, cl R, bk L,-; Bk R,-, bk L,-;
- 7-8 Bk R, cl L, fwd R,-; Fwd L,-, fwd R to BFLY WALL,-;

PART A

1-4 SCIS THRU ; WALK 2 ; SCIS THRU ; WALK 2 ;

- 1-2 Sd L comm slight RF trn (W trn LF), cl R, XLif of R,-; in LOP RLOD Fwd R,-, fwd L,-;
- 3-4 BFLY WALL Sd R comm slight LF trn (W trn RF), cl L, XRif of L,-; in OP LOD Fwd L,-, fwd R,-;

5-8 CIRC AWY TWO STP ; WALK AWY 2 ; CIRC TOG 2 STP ; WALK 2 TO CP ;

- 5-6 Moving awy fm ptr in a circular pattern Fwd L, cl R, fwd L,-; Cont circ Fwd R,-, fwd L to fc RLOD,-;
- 7-8 Cont circling pattern twds ptr Fwd R, cl L, fwd R,-; Fwd L,-, fwd R to CP WALL,-;

9-12 BROKEN BOX ; ; ; ;

- 9-10 Sd L, cl R, fwd L,-; Rk fwd R,-, rec L,-;
- 11-12 Sd R, cl L, bk R,-; Rk bk L,-, rec R,-;

13-16 2 SD CL ; SD THRU ; SCOOT ; WALK 2 TO BFLY ;

- 13-14 Sd L, cl R, sd L, cl R; Sd L,-, XRif of L,-;
- 15-16 OP LOD Fwd L, cl R, fwd L, cl R; Fwd L,-, fwd R comm to fc to BFLY,-;

PART B

1-4 FC-FC & BK-BK ; ; BBALL TRN ; ;

- 1-2 BFLY WALL Sd L, cl R, sd L trng LF (W trn RF) to BK-BK pos,-; Sd R, cl L, sd R trng RF (W trn LF),-;
- 3-4 Sd L & check trng 1/4 RF,-, rec R cont trn to LOP RLOD,-; fwd L & check trng 1/4 RF,-, rec R cont trn to BFLY WALL,-;

5-8 FC-FC & BK-BK ; ; OP VINE 4 ; ;

- 5-6 Repeat meas 1-2 of Part B ; ;
- 7-8 Sd L comm trng to LOP RLOD,-, XRif of L,-; Sd L comm trng to OP LOD,-, XRif of L,-;

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IN SCP FCG LOD Wait “Oooh” & Drum beats – Begin moving on “It's” so first step is on “True”

- Intro Lace Acrs ; Walk 2 ; Lace Bk ; Walk 2 ;
Hitch Fwd 3 ; Bk 2 Slow ; Hitch Bk 3 ; Walk 2 to BFLY ;
- Part A Scis Thru ; Walk 2 ; Scis Thru ; Walk 2 ;
Circ Awy 1 Two Stp ; Walk Awy 2 ; Circ Tog 1 Two Stp ; Walk 2 to CP ;
Broken Box ; ; ;
2 Sd Cl ; Sd Thru ; Scoot ; Walk 2 to BFLY ;
- Part B Fc-Fc & Bk-Bk ; ; BBall Trn ; ;
Fc-Fc & Bk-Bk ; ; OP Vine 4 ; ;
- Part C Sd 2 Stp L ; Lunge Thru Rec ; Sd 2 Stp R ; Lunge Thru Rec ;
Trav Box ; ; ; ;
- Part B Fc-Fc & Bk-Bk ; ; BBall Trn ; ;
Fc-Fc & Bk-Bk ; ; OP Vine 4 ; ;
- Part D Circ Awy 2 Two Stps ; ; Scoot Tog ; Walk 2 to OP ;
2 Fwd 2 Stps ; ; Hitch 4 ; Walk 2 to BFLY ;
- Part Amod Scis Thru ; Walk 2 ; Scis Thru ; Walk 2 ;
Circ Awy 1 Two Stp ; Walk Awy 2 ; Circ Tog 1 Two Stp ; Walk 2 to CP ;
Broken Box ; ; ; ;
2 Sd Cl ; Sd Thru ; Sd Draw Cl ; Sd Thru ;
- Part B Fc-Fc & Bk-Bk ; ; BBall Trn ; ;
Fc-Fc & Bk-Bk ; ; OP Vine 4 ; ;
- Part C Sd 2 Stp L ; Lunge Thru Rec ; Sd 2 Stp R ; Lunge Thru Rec ;
Trav Box ; ; ; ;
- Part B Fc-Fc & Bk-Bk ; ; BBall Trn ; ;
Fc-Fc & Bk-Bk ; ; OP Vine 4 ; ;
- Part B Fc-Fc & Bk-Bk ; ; BBall Trn ; ;
Fc-Fc & Bk-Bk ; ; OP Vine 4 ; ;
- END Lace Acrs ; Walk 2 ; Lace Bk ; Walk 2 ;
Hitch Fwd 3 ; Bk 2 Slow ; Hitch Bk 3 ; Walk 2 ; Apt Pt ;