

## JOE KNOWS HOW TO LIVE

**CHOREOGRAPHERS:** Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: [rounds-by-russ@comcast.net](mailto:rounds-by-russ@comcast.net)  
**MUSIC:** MP3 Download Amazon.com "Joe Knows How To Live" Artist: Eddie Raven  
**FOOTWORK:** Opposite For Woman Except Where Noted  
**RHYTHM:** RUMBA  
**DANCE LEVEL:** Phase IV+2 (Opn Hip Twist & Stop N' Go Hckystik)  
**SPEED:** 45 RPM  
**RELEASED:** OCT 2010

**SEQUENCE:** INTRO – A – B – A – B (MOD) – C – D - END

## INTRO

1 – 4      **BTFY FCNG WALL WAIT;; N-YRKR; SPT TRN – HND SHK;**  
**(N-Yrkr** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn – Hnd Shk)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to HND SHK/WALL, sd R-;

## PART A

1 – 9      **OPN HIP TWST; FAN; STOP N' GO HCKYSTIK;; ALEMANA FRM FAN;; OPN BRK; WHIP – CTR; N-YRKR;**  
**(Opn Hip Twst)** Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, in clo R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)**  
**(Stop N' Go Hckystik)** In Fan Position fwd L, rcvr R, clo L-; catch Woman on her back with rt hnd cross R in frnt, rcvr L, clo R to Fan Position-; **(Woman clo R, fwd L, trng ½ lft fc undr lead hnds bk R-; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L-;)** **(Alemana Frm Fan)** Fwd L, rcvr R, sd L-; bk R, rcvr L, sd R to BTFY/WALL-; **(Woman clo R to L, fwd L, trng ¼ rt fc fwd R to fc Man-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Whip – Ctr)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(N-Yrkr** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-;

10 – 16      **SPT TRN; ALEMANA;; FNCLINE; WHIP – WALL; OPN BRK; UNDRARM TRN – HND SHK;**  
**(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/COH, sd R-; **(Alemana)** Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R-; **(Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Fncline)** Staying in BTFY/COH thru-lunge L, rcvr R, sd L-; **(Whip – Wall)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/WALL, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn – Hnd Shk)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R to HND SHK/WALL-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L;)**

## PART B

1 – 11      **OPN HIP TWST; FAN; HCKYSTIK;; N-YRKR; SPT TRN; ALEMANA;; OPN BRK; CRABWLK – TWICE;;**  
**(Opn Hip Twst)** Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, clo R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R-; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)** **(N-Yrkr** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R; **(Alemana)** Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R-; **(Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R-; sd L, clo R, sd L-;

12 – 16      **SPT TRN; SHLDR TO SHLDR – TWICE – HND SHK;;**  
**(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;  
**(Shldr To Shldr – Twice – Hnd Shk)** Staying in BTFY/WALL cross L in frnt (**Woman cross R bhnd**), rcvr R, sd L-; cross in R frnt (**Woman cross L bhnd**), rcvr L, sd R to HND SHK/WALL-;

**REPEAT PART "A"**

## PART B (MOD)

1 – 11

**OPN HIP TWST; FAN; HCKYSTIK;; N-YRKR; SPT TRN; ALEMANA;; OPN BRK; CRABWLK – TWICE;;**  
**(Opn Hip Twst)** Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, clo R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R; **(Alemana)** Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R-; **(Woman bk R, rcvr L, sd R; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R-; sd L, clo R, sd L-;

12

**SPT TRN;**  
**(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;

## PART C

1 – 8

**PEEK-A-BOO CHASE;;;; N-YRKR IN -4 – BTFY;**  
**(Peek-A-Boo Chase)** In BTFY/WALL rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L-; sd R look ovr lft shldr at Woman, rcvr L, clo R-; sd L look ovr rt shldr at Woman, rcvr R, clo L-; trng ½ lft fc sd R, rcvr L to BTFY, fwd R-; **(Woman bk R, rcvr L, fwd R-; sd L, rcvr R, clo L-; sd R, rcvr L, clo R-; fwd L, rcvr R, bk L-;)** **(N-Yrkr in -4 - Btfy)** Rlsng trail hnds & trng ¼ rt fc cross L in frnt, rcvr R to BTFY/WALL, sd L, clo R;

## PART D

1 – 10

**BASIC;; FNCLINE; CRABWLK -3; DOOR ONCE; RVS VINE -3; N-YRKR; AIDA; SWITCH RK; FNCLINE;**  
**(Basic)** In BTFY/WALL fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Fncline)** Staying in BTFY thru-lunge L, rcvr R, sd L-; **(Crabwlk -3)** Staying in BTFY/WALL thru R, sd L, thru R-; **(Door Once)** Sd L, rcvr R, cross L in frnt-; **(Rvs Vine -3)** Sd R, cross L bhnd, sd R-; **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD-; **(Switch Rk)** Arcing lead hnds up & twds LOD trng 5/8 lft fc to fc Ptnr sd L to BTFY/WALL, rcvr R, twds LOD sd L-; **(Fncline)** Staying in BTFY/WALL thru-lunge R, rcvr L, sd R-; **(Whip – Wall)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/WALL, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(Time Stp – Twice)** Rlsng hnds cross L bhnd extend arms outward, rcvr R bring hnds tog in frnt of body at chest level, sd L-; cross R bhnd extend arms outward, rcvr L bring hnds tog in frnt of body at chest level, sd R to BTFY/WALL-; **(Hnd To Hnd – Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY,

11 – 18

**OPN BRK; WHIP – CTR; N-YRKR; WHIP – WALL; TIME STP – TWICE – BTFY;; HND TO HND – TWICE;;**  
**(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Whip – Ctr)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-;

19 – 20

**BASIC;;**  
**(Basic)** Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-;

## END

1 – 8

**N-YRKR IN -4 – BTFY; ONE SLO MERENGUE; OPN BRK; CRABWLK – TWICE;; FNCLINE; ALEMANA;;**  
**(N-Yrkr in -4 - Btfy)** Rlsng trail hnds & trng ¼ rt fc cross L in frnt, rcvr R to BTFY/WALL, sd L, clo R; **(One Slo Merengue)** Swiv L-, drw-clo R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R-; sd L, clo R, sd L-; **(Fncline)** Staying in BTFY thru-lunge L, rcvr R, sd L-; **(Alemana)** Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R-; **(Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)**

9 – 17

**SHLDR TO SHLDR – TWICE;; N-YRKR; SPT TRN; BASIC;; SLO MERENGUE – TWICE ;; APT PNT & HOLD;**  
**(Shldr To Shldr - Twice)** Staying in BTFY/WALL cross L in frnt (**Woman cross R bhnd**), rcvr R, sd L-; cross in R frnt (**Woman cross L bhnd**), rcvr L, sd R to BTFY/WALL-; **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R; **(Basic)** Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Slo Merengue - Twice)** Swiv L-, drw-clo R-; swiv L-, drw-clo R-; **(Apt Pnt)** Rlsng lead hnds bk L-, pnt R twds Ptnr & hold-;