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MUSIC: Anne Murray "A Little Good News" Album Track #08
Downloaded from Amazon.com

FOOTWORK: Opposite For Woman Except Where Noted

RHYTHM: Bolero / Cha-Cha

DANCE LEVEL: Phase IV **SPEED: 47** **RELEASED Dec 2010**

SEQUENCE: **INTRO - A - B - A - B - END**

INTRODUCTION

1 – 2 **WAIT IN CP WALL;;** Closed Position facing wall 2 meas wait.

PART A (BOLERO)

- 1 – 6 **BASIC;; N-YRKR; SPT TRN-CP; TRNG BASIC-BFLY;;**
(1-2) **(Basic)** In CP/WALL sd L-, slip bk R, fwd L; sd R-, slip fwd L, bk R;(W sd R, slip fwd L, bk R; sd L, slip bk R, fwd L;); (3) **(N-Yrkr)** In BTFY/WALL sd L-, rlsng lead hnds & trng 1/4 lft fc thru R, trng 1/4 rt fc rcvr L to BTFY; (4) **(Spt Trn)** sd R-; pvtng 1/2 rt fc on R thru L, pvtng 1/2 rt fc rcvr R to CP/WALL; (5-6) **(Trng Basic)** In CP/WALL sd & fwd L-, trng 1/4 lft fc slip bk R, trng 1/4 lft fc fwd L; sd R-, cross L in frnt **(Woman cross R bhnd)**, rcvr R to BFLY/COH;
- 7 – 12 **SHLDR TO SHLDR 2X;; CROSS BDY; FWD BRK; N-YRKR; REV UNDRARM TRN;**
(7-8) **(Shldr To Shldr – Twice)** Staying in BTFY/WALL sd L-, cross R in frnt **(Woman cross L bhnd)** rcvr L; sd R-, cross L in frnt **(Woman cross R bhnd)** rcvr R; (9) **(Cross Body)** In BTFY/WALL trng 1/4 lft fc bk L-, trng 1/4 lft fc slip bk R, fwd L to BTFY/COH; **(Woman fwd R-, trng 1/2 rt fc in frnt of Man slip fwd L, bk R;)** (10) **(Fwd Brk)** In BTFY/WALL sd & fwd R to LOPN/WALL extend trail arms outward-, slip fwd L, bk R; **(Woman sd & bk L-, slip bk R, fwd;)** (11) repeat meas 3 Part A; (12) **(Rvs Undrarm Trn)** In BTFY/WALL rlsng trail hnds sd R-, cross L bhnd, rcvr R to BTFY; **(Woman sd L-, pvtng 1/2 lft fc on L undr lead hnds cross R, pvt 1/2 lft fc on L;)**
- 13 – 16 **TIME STP 2X;; HIP RK 2X;;**
(13-14) **(Time Stp – Twice)** In BTFY/WALL rlsng hnds sd L-, cross R bhnd bring hnds tog in frnt of body at chest level, rcvr L to BTFY/WALL; rlsng hnds sd R-, cross L bhnd bring hnds tog in frnt of body at chest level, rcvr R to BTFY/WALL; (15-16) **(Hip Rk – Twice)** Staying in BTFY/WALL sd & bk L with hip roll-, rcvr R with hip roll, rcvr L with hip roll; sd & bk R with hip roll-, rcvr L with hip roll, rcvr R with hip roll;

PART B (CHA – CHA)

- 1 – 6 **BASIC;; N-YRKR; CRAB WLKS;; FNCELINE;**
(1-2) **(Basic)** In BTFY/WALL fwd L, rcvr R, diag bk L/clo R, sd L; bk R, rcvr L, diag fwd R/clo L, fwd R; (3) **(N-Yrkr)** In BTFY/WALL rlsng trail hnds trng 1/4 rt fc thru L, trng 1/4 lft fc rcvr R to BTFY, sd L/clo R, sd L; (4-5) **(Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R/sd L, thru R; sd L, thru R, sd L/clo R, sd L; (6) **(Fncline)** Staying in BTFY/WALL thru-lunge R, rcvr L, sd R/clo L, sd R;

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(Part B continued)

7 – 12 **1/2 CHASE (BOTH FC OUT);; PEEK-A-BOO;; FIN CHASE-CP;; (2 nd time to bfly)**
(Chase 1/2 both fc wall) In BTFY/WALL rlsng hnds & trng 1/2 rt fc sd L, rcvr R to COH, fwd L-; trng 1/2 lft fc sd R, rcvr L, to WALL fwd R-; -; **(Woman bk R, rcvr L, fwd R-; trng 1/2 rt fc sd L, rcvr R to WALL fwd L-; -; (Peek-A-Boo) sd L look ovr lft shldr at Woman, rcvr R, clo L-; sd R look ovr rt shldr at Woman, rcvr L, clo R-; (Woman sd R look ovr lft shldr at Man, rcvr L, clo R-; sd L look ovr rt shldr at Man, rcvr R, clo L-; (Finish chase) fwd L, rcvr R to BTFY/WALL, bk L-; bk R, rcvr L, fwd R-; (Woman) trng 1/2 lft fc sd R, rcvr L to BTFY, fwd R-; fwd L, rcvr R, bk L-;)**

REPEAT PARTS “A” & “B” (END IN BFLY)

ENDING (CHA – CHA)

1 – 9 **1/2 BASIC; FAN; HCKYSTK;; N-YRKR; SPT TRN; ALEMANA-CP;; DIP CTR & HLD;**
 (1) **(Fwd 1/2 Basic)** In BTFY/WALL fwd L, rcvr R, bk L/clo R, bk L; (2) **(Fan Frm 1/2 Basic)** In BTFY/WALL bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, rlsng trail hnds & trng 1/4 lft fc sd & bk R, bk L/ck R, bk L;)** (3-4) **(Hckystik)** In FAN POSITION fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L;)** (5) **(N-Yrkr)** Repeat meas 3 Part B; (6) **(Spt Trn)** In BTFY/WALL rlsng hnds trng 1/2 lft fc thru R, pvt 1/2 lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; (7-8) **(Alemana)** In BTFY/WALL fwd L, rcvr R, sd L/clo R, sd L; cross R bhnd, rcvr L, sd R/clo L, sd R to CP/WALL; **(Woman bk R, rcvr L, sd R/clo L, sd R; trng 1/2 rt fc undr lead hnds cross L in frnt, trng 1/2 rt fc rcvr R, sd L/clo R, sd L;)** (9) **(Dip Center & Hold)** Back L slightly toward center tilt left shoulder with a slight twist, and hold to end of music;