

JUST BUMMING AROUND

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Music: Bumming Around by Stefano Nanni
From the CD album Sensazioni Nella Danza Vol 6
Download available from casa-musica-shop.de

Rhythm/Phase: Foxtrot Phase III + 2 (Telemark & Diamond Turn)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Intro A Brg A B Brg A Brg C B Brg A Brg Ending

..... INTRODUCTION (4 Measures)

OPN FCNG DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP; BOX
FINISH;

[1 & 2] In opn fcng pos DLW with lead feet free wait 2 measures;; [3] Fwd L start blnd to clsd pos, -, tch R to left, -; [4] Bk R start slight lf rotation, -, sd L, cl R;

..... PART A (8 Measures)

FWD & RUN 2 TWICE;; 2 LT TURNS WALL;; WHISK; WING; TELEMAR SEMI;
PKUP SD CL;

[1 & 2] In clsd pos LOD fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R; [3 & 4] Fwd L commence lf upper body turn, -, continue to turn up to 1/2 sd & bk R, cl L; Bk R commence lf upper body turn, -, continue to turn up to 1/2 sd & fwd L, complete turn to fc wall cl R; [5] Fwd L to clsd pos, -, fwd & sd R commencing rise to ball of foot, XLIB of right continuing to full rise on ball of foot ending in tight semi-clsd pos; [6] Fwd R, -, draw L toward right, tch L to right turning upper part of body lf with left side stretch; (W fwd L beginning to cross in front of M commence turn slightly lf, -, fwd R around M continue to turn slightly lf, fwd R around M complete lf turn to end in tight sdcar pos;) [7] Fwd L commence lf turn, -, sd R continue lf turn, sd & slightly fwd L to end in tight semi-clsd pos; (W bk R commence lf turn bringing left beside right with no weight, -, turn lf on right heel [heel turn] and change weight to L, sd & slightly fwd R to end in tight semi-clsd pos;) [8] Toward LOD fwd R picking up W clsd pos, -, sd L, cl R;

..... PART B (8 Measures)

DIAMOND TURN;;; FWD & RUN 2; MANUV; IMPETUS SEMI; PKUP SD CL;

[1 - 4] Fwd L turning lf on diag, -, continue lf turn sd R, bk L with partner outside M in CBMP; Staying in CBMP and turning lf bk R, -, sd L, fwd R outside partner in CBMP; Fwd L turning lf on diag, -, sd R, bk L with partner outside M in CBMP; Bk R continue lf turn, -, sd L, fwd R clsd pos LOD; (W bk R turning lf on diag, -, continue lf turn sd L, fwd R outside partner; Fwd L turning lf, -, sd R, bk L; Bk R turning lf, -, sd L, fwd R outside partner; Fwd L turning lf, -, sd R, bk L clsd pos;) [5] In clsd pos LOD fwd L, -, fwd R, fwd L; [6] Commence rf turn fwd R, -, continue rf turn to fc partner sd L, complete turn cl R; [7] Commence rf upper body turn bk L, -, cl R to left [heel turn] continue rf turn [usually a total of about 3/8 turn], complete turn fwd L in tight semi-clsd pos; (W commence rf upper body turn fwd R between M's feet heel to toe pivoting 1/2 rf, -, sd & fwd L continue turn around M brush right to left, complete turn fwd R;) [8] Toward LOD fwd R picking up W clsd pos, -, sd L, cl R;

..... PART C (8 Measures)

PROGRESSIVE BOX;; TURN LT & CHASSE BJO; IMPETUS SEMI; THRU & CHASSE
BJO; MANUV; IMPETUS SEMI; PKUP SD CL;

[1 & 2] In clsd pos LOD fwd L, -, sd R, cl L; Fwd R, -, sd L, cl R; [3] Fwd L commence lf upper body turn, -, sd R continue lf turn/cl L, sd R complete turn to bjo pos; [4] Same as measure 7 of Part B; [5] Thru R commence turn to fc, -, sd L/cl R, sd L to bjo pos; [6] Same as measure 6 of Part B; [7] Same as measure 7 of Part B; [8] Same as measure 8 of Part B;

..... BRIDGE (1 Measure)

DIP BK & REC;

[1] Dip bk L, -, rec fwd R, -;

..... ENDING (1 Measure)

RK SD, REC, CLOSE & POINT;

[1] Rk sd L, rec R, cl L, point R towards wall;