

JACK AND JILL

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Music: Jack And Jill by the King Sisters; CD: The Best of the King Sisters download at Amazon.com

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm: Two Step **RAL** Phase III **Time:** 2:30 **Speed:** 45 RPM

Sequence: **ABA – C – ABA – E**

INTRODUCTION

MEAS:

1-4 OP FCG/WALL WT 2 MEAS;; APT PT; TOG TO CLOSE;

- 1-2 Wait;;
3-4 Apt L, -, pt R to DLW, -; Tog R, - tch L to CP/WALL, -;

PART A

1-4 [CP/WALL] STROLLING VINE;;;:

- 1-2 In CP/WALL comm slight RF upper bdy trn sd L, -, with slight LF upper bdy turn XRib (XLif), -; Cont trn sd L, cont trn cl R, cont trn sd L, -;
3-4 Comm slight LF upper bdy trn sd R, -, with slight RF upper bdy trn XLib (XRif), -; Cont trn sd R, cont trn cl L, cont trn sd R, -;

5-8 [CP/WALL] SLOW TWISTY VINE 4 BJO;; WHALETAIL;;:

- 5-6 Comm slight RF upper body trn sd & bk L, -, XRib (XLif), -; Comm slight LF upper body trn sd & fwd L, -, XRib (XLib) to BJO with ckg action, -;
7-8 XLib (XRif), as body comm to trn RF take a small step to sd on R completing ¼ RF body turn, fwd L with L shoulder ld, XRib (XLif); Sd L comm LF body trn, cl R completing ¼ body trn L, XLib (XRif) comm RF body trn, sd R completing ¼ body trn R;

9-12 [BJO/DLC]WALK & FACE CP/WALL; 2 TURNING TWO STEPS CP/LOD;; SLOW WALK TWO; (2nd TIME THROUGH ONLY WALK & FACE TO BFLY/WALL;)

- 9-11 Fwd L, -, fwd R trng RF to fc ptr, -; Sd L, cl R comm RF trn, sd & bk L acrs LOP comp ½ RF trn,-;
Sd R, cl L, comm RF trn fwd R comp ¼ RF trn to CP/LOD, -;
12 Fwd L, -, fwd R, - CP/LOD;

PART B

1-4 [CP/LOD] SIDE STAIR TWICE;; TWO PROGRESSIVE SCISSORS TO BJO;;:

- 1-2 Sd L, cl R, fwd L, cl R; Sd L, cl R, fwd L, cl R;
3-4 Sd L, with slight R body rotation cl R, fwd L Xif (Xib), -; Sd R, with slight L body rotation cl L, fwd R Xif (Xib), -;

5-8 QUICK HITCH 8;; WALK & FACE; 2 SD CLOSES CP/WALL;

- 5-6 Fwd L, cl R, bk L, cl R; Fwd L, cl R, bk L, cl R;
7-8 Fwd L, -, fwd R trng RF to fc ptr, - CP/WALL; Sd L, cl R, sd L, cl R;

REPEAT PART A: 1-11;:;:;:;:;:

12 WALK & FACE BFLY/WALL

- 10 Fwd L, -, fwd R trng RF to fc ptr in BFLY, -;

PART C

1-5 [BFLY/WALL] SYNC SLOW TWIST VINE 6;;; 2 SIDE CLOSES; SIDE & THRU BFLY/WALL;

- 1-4 [a1] Sd L/XRib (sd R/XLif), [hold] -,-,-; [a2] Sd L/XRib (sd R/XLib), [hold]-,-,-; [a3] Sd L/XRib (sd R/XLif), [hold] -,-,-; Sd L, cl R, sd L, cl R;
5 Sd L, -, stp thru R to BFLY fcg ptr, -;

6-9 SUSIE Q TWICE;;: TO CP/WALL;

- 6-7 Swiveling right face on right cross thru left, swiveling left face on left side right, swiveling right face on right cross thru left, flare right counterclockwise; swiveling left face on left cross thru right, swiveling right face on right side left, swiveling left face on left cross thru right, flare left clockwise;
- 8-9 Swiveling right face on right cross thru left, swiveling left face on left side right, swiveling right face on right cross thru left, flare right counterclockwise; swiveling left face on left cross thru right, swiveling right face on right side left, swiveling left face on left cross thru right, -;

REPEAT PART A 1-12 ;;;;;;;;;;

REPEAT PART B 1-8;;;;;;;;;;

REPEAT PART A 1-12;;;;;;;;;;

END

1-4 [CP/LOD] SIDE STAIR TWICE;; 2 FWD 2 STEPS;;

- 1-2 Sd L, cl R, fwd L, cl R; Sd L, cl R, fwd L, cl R;
3-4 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;

5-8 WALK TWO BANJO; FISHTAIL; WALK & FACE BFLY; 2 SIDE CLOSES;

- 5-6 Fwd L, -, fwd R, - blending to bjo with ckg action; XLib (XRif), as body comm to trn R take a small step to side on R completing ¼ RF body turn, forward L with L shoulder ld, XRib (XLif);
7-8 Fwd L, -, fwd R trng to fc ptr in BFLY, -; Sd L, cl R, sd L, cl R;

9-10 [BFLY/WALL]VINE 3; WRAP LADY & POINT LOD;

- 9-10 Sd L, XRib, sd L, -; Sd R, XLib, sd R (W wrap LF into M's R arm fcg wall), pt L ft LOD (W pt R ft RLOD).