



# Xaymaca Farewell /Jamaica Forenwell

<b>Choreographers:</b>	<b>Release date:</b> January 2009 ver 1.2
Oberdan & Vanessa Otto (Ootto@Ootto.com) Modified for different music by Van Acker Marcel	Rumba phase IV+2 (Parallel Brks, Stop & Go Hockeystick) + 1 Unph (Bk Walkaround)
	<b>Music:</b> CD - Social Dance Vol. 4 (Rumba) #11/Jamaica Forenwell
<a href="http://www.legalsounds.com/download-mp3/various-artists/social-dance-volume-4-(rumba)/jamaica-forenwell/song_847714">http://www.legalsounds.com/download-mp3/various-artists/social-dance-volume-4-(rumba)/jamaica-forenwell/song_847714</a>	<b>Time &amp; Speed:</b> 2:57 speed as on CD
	<b>Footwork:</b> Opposite except where indicated (W's footwork in parentheses)
<b>E-mail:</b> marcel.icbd@gmail.com	<b>Sequence:</b> Intro Dmod AB AC AD CD B(6) End

## INTRODUCTION

<b>1 - 2</b>	<b>Wait ; ;</b>	In bk-to-bk position, looking toward line, lead feet free
<b>3</b>	<b>Prog Wk Apart &amp; Swvl to Fc ;</b>	Prog walk fwd L, R, L, swivel Rf to fc the wall ; if desired, extend lead arm fwd and trail arm up and bk
<b>4</b>	<b>Prog Wk Tog (Low Bfly) ;</b>	Prog walk fwd R, L, R, to low butterfly ;
<b>5</b>	<b>Prog Rk 4 ;</b>	Std fig: Rock apart L, prog rec R, prog apart L, prog rec R ;

## PART Dmod

<b>1</b>	<b>Op Break ;</b>	Meas. Part B 1
<b>2</b>	<b>Undrm Turn to R Hndshk ;</b>	Meas. Part D 2
<b>3</b>	<b>Shadow Break (Fc Line) ;</b>	Meas. Part D 3
<b>4 - 5</b>	<b>Parallel Breaks ; ; to Bfly</b>	Meas. Part D 4 - 5
<b>6 - 7</b>	<b>Thru Serpiente ; - &amp; Cls ;</b>	Thru R, sd L, behind R, fan L CCW, - ; behind L, sd R, thru L, small fan R CCW, cl R to L ;

## PART A

<b>1 - 2</b>	<b>½ Basic ; Undrm Trn ;</b>	Std fig: Fwd L, rec R, sd L ; Raising jnd lead hands cross R behind, rec L to fc, sd R, - ; ( <i>Bk R, rec L, sd R ; Cross L in front under jnd lead hnds comm ½ Rf turn, rec R comp Rf turn to fc, sd L, - ;</i> )
<b>3 - 4</b>	<b>Hnd to Hnd 2x ; ;</b>	Std fig: Comm turn to sd-by-sd bk L, rec R to fc, sd L, - ; comm turn to sd - by - sd bk R, rec L to fc, sd R, - ;
<b>5 - 6</b>	<b>Crab Wk 6 ; ;</b>	Std fig: XLif R, sd R, XLif R, - ; sd R, XLif R, sd R, - ;
<b>7 - 8</b>	<b>NY 2x ; ;</b>	Std fig: Step thru L to sd-by-sd, rec R to fc, sd L, - ; Step thru R to sd-by-sd, rec L to fc, sd R, - ;
<b>9</b>	<b>Spot Turn 4 (Cp) ;</b>	XLif of R comm ½ Rf trn, rec R to fc, sd L, cl R to L to CP ;
<b>10 - 11</b>	<b>½ Basic to Fan ; ;</b>	Std fig: Fwd L, rec R, sd L ; Bk R, rec L, cl R to L ; ( <i>Bk R, rec L, sd R ; fwd L, comm trn to fc rev bk R, bk L, -</i> )
<b>12</b>	<b>Start Stop &amp; Go Hockeystick ;</b>	Chk fwd L, rec R raising L arm to lead W to a Lf underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk making an "L" position ; ( <i>cl R to L, fwd L, fwd R trng ½ Lf sharply under jnd hands to end at M's R sd fcg line, - ;</i> )
<b>13</b>	<b>W 2 Slow Cross Swivels ;</b>	Rock R, - , rock L, - ; ( <i>Step fwd L swiveling Lf to rev, step fwd R swiveling Rf to line ; note this is opposite to the direction M is rocking</i> )
<b>14</b>	<b>Out to Fan ;</b>	Bk R behind L, rec L, cl R to L fc wall, - ; (fwd L to line, fwd R trng ½ to fc rev, bk L to fan, - ;)
<b>15 - 16</b>	<b>Hockeystick ; (Low Bfly) ;</b>	Std fig: Fwd L, rec R, cl L to R raising jnd lead hands ; bk R, rec L dropping lead hands over W's head tng her to fc, fwd R following W to DRW in low butterfly, - ; ( <i>cl R to L, fwd L, Fwd R ; Fwd L, Fwd R quickly trng 5/8 Lf under jnd lead hands to fc on diagonal, bk L toward DRW, - ;</i> )
<b>17</b>	<b>2 Slow Rks ;</b>	Rock L, - , rock R, - ;

**PART B**

1	<b>Op Break ;</b>	Std fig: Rock apart L, rec R, cl L to R, - to butterfly ;
2	<b>Undrm Trn to Locked Arms (Fc Rev) ;</b>	Raising jnd lead hands cross R behind, rec L to fc rev, cl R to L, - finish with lead forearms against each other wrist to elbow and horizontal and trail arms curved out and fwd ; ( <i>W cross L over R to trn ½ Rf, rec R to fc rev, cl L to R</i> )
3 - 4	<b>to Bk Walkaround 6 ; to Fc Rev ;</b>	6 rumba steps backwards circling around pivot point at elbow: L, R, L, - ; R, L, R, - end fc rev ; ( <i>6 rumba steps fwd circling around pivot point at elbow: R, L, R, - ; L, R, L, - end fc rev ;</i> )
5	<b>Rev Undrm Turn to Bfly ;</b>	Fwd L releasing elbow lock and raising lead hnds for the turn, rec R to fc, sd L, - end in low butterfly ; ( <i>fwd R trng ½ under jnd lead hnds, rec L to fc, sd R, - ;</i> )
6	<b>Cucaracha ;</b>	Std fig: Press sd R, rec L, cl R to L ;
7 - 8	<b>Diagonal Cucarachas w/Arm Sweep ; ;</b>	Press L sd & bk sweeping L arm on a circle in up & out, rec R, cl L to R ; Press R sd & bk sweeping R arm on a circle in up & out, rec L, cl R to L ;

**PART C**

1	<b>Op Break to Bfly ;</b>	Meas. Part B 1
2	<b>Undrm Turn to Tamara ;</b>	Raising jnd lead hands and lowering trail hands X R behind L, rec L to fc, step R to end in sd-by-sd fcg wall in Tamara or woman’s hammerlock position ; ( <i>XLif of R under jnd lead hands trng ½ Rf, rec R comp Rf trn, step L to end in sd-by-sd Tamara position fc center ;</i> ) Tamara position: W’s L hand is behind her bk jnd to M’s R hand, lead hands jnd and raised to form a window between partners.
3 - 4	<b>Tamara Wheel 6 ; ;</b>	Both 6 rumba steps fwd around common center one revolution: M fwd L, fwd R, fwd L, - ; fwd R, fwd L, fwd R, - end fc wall ; ( <i>W fwd R, fwd L, fwd R, - ; fwd L, fwd R, fwd L, - end fc center ;</i> )
5	<b>Unwind to Bfly Wall ;</b>	Rock bk L, small fwd R, cl L to R, - to fc in butterfly ; ( <i>fwd R trng ½ Lf, fwd L trng Lf to fc, cl R to L, - to butterfly ;</i> )
6	<b>Cucaracha to Cp ;</b>	Std fig: Press sd R, rec L, cl R to L, - to CP ;
7 - 8	<b>Cucas w/Scorpion Arms ; ;</b>	Std fig: Press L to sd, rec R, cl L to R, - ; Press R to sd, rec L, cl R to L, - ; Suggested arm styling: on the first cucaracha, circle the jnd lead hands in, up and out CCW to the lead sd ; on the 2 <sup>nd</sup> cucaracha, circle the same hands in the opposite, CW, direction – sharply out and up and over the heads, curving the elbows a little to make a shape like a scorpion’s tail. Return the arms back over same path to complete the tail shape.



**PART D**

1	<b>Op Break ;</b>	Meas. Part B 1
2	<b>Undrm Turn to R Hndshk ;</b>	Std fig: Raising jnd lead hands cross R behind, rec L to fc, sd R, - to R Hndshk ; ( <i>Cross L in front under jnd lead hands comm ½ Rf turn, rec R comp Rf turn to fc, sd L, - ;</i> )
3	<b>Shadow Break ; (Fc Line)</b>	Std fig: Comm Lf turn to sd-by-sd bk L, rec R to Line, cl L to R, - ;
4 - 5	<b>Parallel Breaks ; ; to Bfly</b>	Rk bk R leading W across in front, rec L, fwd R, - fc Line [similar to W whip action] ; Fwd L trng ¼ Lf in front of W, fwd R trng ½ Lf to fc wall, sd L, - to butterfly [similar to M whip action] ; ( <i>Fwd L trng ¼ Lf in front of M, fwd R trng ½ Lf to fc Wall, sd L, - ; rk bk R allowing M to pass across in front, rec L to fc, sd R trng ¼ Lf, - to butterfly</i> )
6 - 7	<b>Thru Serpiente ; ;</b>	Std fig: Thru R, sd L, behind R, fan L CCW, - ; behind L, sd R, thru L, fan R CCW, - ;
8	<b>Thru Fc Cls to Cp ;</b>	Std fig: Thru R, sd L, cl R to L, - to fc in CP ;

**ENDING**

<b>1</b>	<b>Slow Rk Fwd &amp; Rec ;</b>	Fwd L, -, rec R, - ;
<b>2</b>	<b>&amp; Bk to Leg Crawl ;</b>	Bk L trng body Lf leaving R leg extended making a Lf lunge line, hold, - , - ; (fwd R to R lunge line, slowly draw knee up outside of M's R leg, - , - ; )

**Head Cues**

*Music: Jamaica Forenwell - Social Dance Volume 4 (Rumba)*  
 Rumba IV+2 (Parallel Brks, Stop & Go Hockeystick) + 1 (Bk Walkaround)  
 Intro Dmod AB AC AD CD B(6) End

**Intro (Bk to Bk, Looking Toward Line, Ld Ft Free)**

Wait ; ; Prog Wk Apart & Swivel to Fc ;  
 Prog Wk Tog (Low Bfly) ; Prog Rk 4 ;

**Dmod**

Op Break ; Undrm Turn to R Hndshk ;  
 Shadow Break (Fc Line) ; Parallel Breaks ; to Bfly ;  
 Thru Serpiente - & Cls ; ;

**A**

½ Basic ; Undrm Trn ; Hnd to Hnd 2x ; ; Crab Wk 6 ; ;  
 NY 2x ; ; Spot Turn 4 (Cp) ; ½ Basic to Fan ; ;  
 Start Stop & Go Hockeystick ;  
 W 2 Slow Cross Swivels ; Out to Fan ;  
 Hockeystick ; (Low Bfly) ; 2 Slow Rks ;

**B**

Op Break ; Undrm Trn to Locked Arms (Fc Rev) ;  
 to Bk Walkaround 6 ; to Fc Rev ;  
 Rev Undrm Turn to Bfly ; Cucaracha ; /6  
 Diagonal Cucarachas w/Arm Sweep ; ;

**C**

Op Break to Bfly ; Undrm Turn to Tamara ;  
 Tamara Wheel 6 ; ; Unwind to Bfly Wall ;  
 Cucaracha to Cp ; Cucarachas w/Scorpion Arms ; ;

**D**

Op Break ; Undrm Turn to R Hndshk ;  
 Shadow Break (Fc Line) ; Parallel Breaks ; to Bfly ;  
 Thru Serpiente ; ; Thru Fc Cls to Cp ;

**End**

Slow Rk Fwd & Rec ; & Bk to Leg Crawl ;

