

## JUMP JIVE AND WAIL

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Record: CD, Ross Mitchell, Dancing with Time, Track 17  
Rhythm & Phase: SS, IV Footwork: Opposite except where noted slow down for comfort  
Sequence: INTRO - A - B - A - A - B - B (1-9) - END

### INTRO

#### 1 - 4 WAIT 2;; SWIVEL TOG TO CP;;

- 1-2 Wait 6 feet apt M fcg WALL ld feet free;;
- 3-4 Swvl 1/8 RF on R fwd L, -, swvl ¼ LF on L fwd R, -; Swvl ¼ RF on R fwd L, -, swvl 1/8 LF on L fwd R to CP Wall, -;

### PART A

#### 1 - 6 FALLAWAY ROCK – FALLAWAY THROWAWAY;;; LINK ROCK – CHG PLACES R TO L;;;

- 1-3 In SCP LOD rk bk L, rec R to fc, sd L, -; Rec R, -, in SCP LOD rk bk L, rec R to fc; Sd & fwd L, -, rec sd & bk R to LOP LOD, -;
- 4-6 Rk apt L, rec R, fwd L twd ptr, -; Trn RF sd R to CP fc WALL, -, in SCP rk bk L, rec R to fc; Sd L ld W to trn RF undr jnd ld hnds, -, rec R to LOP LOD, -;

#### 7 - 12 CHG PLACES L TO R – BASIC ROCK TO CP;;; R TRNG FALLAWAY TWICE;;;

- 7-9 Rk apt L, rec R, fwd L ld W to trn LF undr jnd ld hnds, -; Sd R to LOP fc WALL, -, rk apt L, rec R; Sd & fwd R, -, sd R to CP fc WALL;
- 10-12 In SCP LOD rk bk L, rec R to fc, sd & fwd L trn ¼ RF, -; Cont RF trn sd R to CP COH, in SCP RLOD rk bk L, rec R to fc, sd & fwd L trn ¼ RF, -, cont RF trn sd R to CP WALL;

### PART B

#### 1 - 6 PRETZEL TRN;;; SHOULDER SHOVE – CHG HNDS BHND BK;;;

- 1-3 In SCP rk bk L, rec R to fc, rel CP keep ld hnds jnd sd L trn ½ RF to bk-to-bk, -; Sd R twd LOD, -, X rk L, rec R; Sd L trn ½ LF to fc, -, sd R to LOP WALL, -;
- 4-6 Rk apt L, rec R, trn to fc RLOD sd L twd ptr slight dwn bring ld shldr tog, -; Push apt sd & bk R to LOP WALL, -, rk apt L, rec R; Fwd L trn LF chg W R hnd to R and bk to L, -, sd & bk R to LOP fc COH, -;

#### 7 - 12 WINDMILL TWICE;;; BASIC ROCK TO CP – R TRNG FALLAWAY;;;

- 7-9 Rk apt L, rec R, fwd L com LF trn in tilt BFLY, -; Cont LF trn sd & bk R to BFLY WALL, -, rk apt L, rec R; Fwd L com LF trn in tilt BFLY, -, cont LF trn sd & bk R to BFLY COH, -;
- 10-12 Repeat actions meas 7 ½ - 10 ½ PART A to CP fc WALL;;;

### END

#### 1 - 3 CHG HNDS BHND BK – BASIC ROCK INTO SD LUNGE WITH ARMS;;;

- 1-3 Rk apt L, rec R, fwd L trn LF chg W R hnd to R and bk to L, -; Sd & bk R to LOP fc WALL, -, rk apt L, rec R; Sd L blend to CP WALL lower into knee, -, slide R into CP Lunge, in Lunge Pos strecht to the R bring ld hnds up and down over the last beats of music;