

Kein Morgen danach III

Choreography: Monika Gründer, Aktienstr. 18, D - 47057 Duisburg - E-Mail: monikagruender@gmx.de
Music: „Es gibt keinen Morgen danach“ - (Helene Fischer, Album „Von hier bis unendlich“, Track 10) (3:18)
or Download Amazon
Rhythm & Phase: CH, Phase III (Easy)
Timing: 1,2,3&,4 throughout, unless noted - reflects actual weight changes
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro - A - B - A - B - Bmod - End

2014

INTRODUCTION

1-4 WAIT 4 MEAS ; ; ; ; 2 SIDE TOUCHES ; TWICE ;

1-4 {**Wait 4**} In BFLY WALL w/ldfeet free wait 4 meas ; ; ; ;
5-6 {**2 Sd Tch**s (1-3-) **2x**} Stp sd L, tch R to L, sd R, tch L to R ; Repeat meas 5 of Intro ;

PART A

1-4 BASIC FORWARD & BACK ; ; CUCARACHA TWICE ; ;

1-2 {**Basic Fwd & Bk**} In BFLY rk fwd L, rec bk R, stp bk L/cl R, bk L ; Rk bk R, rec fwd L, fwd R/cl L, fwd R ;
3-4 {**Cuca 2x**} Staying in BFLY rk sd L w/partial weight & hip action, rec R, cl L/sip R, sip L ; Rk sd R w/partial weight & hip action, rec L, cl R/sip L, sip R ;

5-8 HAND TO HAND ; TWICE ; SHOULDER TO SHOULDER ; TWICE ;

5-6 {**Hnd-Hnd 2x**} Swvlg LF on R stp bk L to OP LOD, rec R to fc ptr, sd L/cl R, sd L ; Swvlg RF on L stp bk R to LOP RLOD, rec L to fc ptr, sd R/cl L, sd R ;
7-8 {**Shldr-Shldr 2x**} Stp fwd L outsd ptr to BFLY SCAR, rec R to fc, stp sd L/cl R, sd L ; Fwd R to BFLY BJO, rec L to fc, stp sd R/cl L, sd R to BFLY WALL ;

9-12 BASIC FORWARD & BACK ; ; TRAVELING DOOR ; TWICE ;

9-10 {**Basic Fwd & Bk**} Repeat meas 1-2 of Part A ; ;
11-12 {**Trav Door 2x**} In BFLY WALL rk sd L, rec R, XLif/sd R, XLif ; Rk sd R, rec L, XRif/sd L, XRif ;

13-16 CIRCLE AWAY & TOGETHER ; ; SPOT TURN ; FENCE LINE ;

13-14 {**Circle**} Releasg hnds & trng away from ptr in a LF circular pattern stp fwd L, R, L/R, L to fc RLOD ; Continuing the circular pattern stp fwd R, L, R/L, R to BFLY WALL ;
15 {**Spot Trn**} Swvlg RF on R stp thru L bringing jnd ldhnds thru twd RLOD trng RF, releasg hnds cont trng stp sd & fwd R to fc ptr, sd L/cl R, sd L to BFLY WALL ;
16 {**Fence Line**} In BFLY rk thru R w/soft knee, rec L, sd R/cl L, sd R ;

PART B

1-4 NEW YORKER ; CRAB WALKS ; ; NEW YORKER ;

1 {**NY**} Swvlg RF on R stp thru L to LOP RLOD, rec R trng LF to BFLY, sd L/cl R, sd L ;
2-3 {**Crab Walks**} In BFLY WALL XRif, sd L, XRif/sd L, XRif ; Sd L, XRif, sd L/cl R, sd L ;
4 {**NY**} Swvlg LF on L stp thru R to OP LOD, rec L trng RF to BFLY, sd R/cl L, sd R ;

5-8 FENCE LINE ; TWICE ; HAND TO HAND ; TWICE ;

5-6 {**Fence Line 2x**} In BFLY rk thru L w/soft knee, rec R, sd L/cl R, sd L ; Rk thru R w/soft knee, rec L, sd R/cl L, sd R ;
7-8 {**Hnd-Hnd 2x**} Repeat meas 5-6 of Part A ; ;

9-12 TIME STEP ; TWICE ; FENCE LINE ; TWICE ;

9-10 {**Time Step 2x**} No hnds jnd & arms extended to the sds XLib, rec R, sd L/cl R, sd L ; XRif, rec L, sd R/cl L, sd R jng hnds to BFLY WALL ;
11-12 {**Fence Line 2x**} Repeat meas 5-6 of Part B ; ;

- 13-16 REVERSE UNDERARM TURN ; UNDERARM TURN ; SPOT TURN ; TWICE OVERTURNED ;**
- 13 {Rev Undrm Trn} XLif of R leadg W to trn LF undr jnd lhdnds, rec R, sd L/cl R, sd L to BFLY WALL (W stp thru R trng 1/2 LF, rec L trng LF to fc ptr, sd R/cl L, sd R) ;
- 14 {Undrm Trn} Releasg trlhnds rk bk R twd DLC ld W to trn RF undr jnd lhdnds, rec fwd L, sd R/cl L, sd R (W XLif trng 1/2 RF undr jnd lhdnds, rec R contg RF trn to fc ptr, sd L/cl R, sd L) ;
- 15-16 {Spot Trn 2x Overtrnd} Swvlg RF on R stp thru L bringing jnd lhdnds thru twd RLOD trng 1/2 RF, releasg hnds cont trng stp sd & fwd R to fc ptr, sd L/cl R, sd L to BFLY WALL ; Swvlg LF on L stp thru R bringing jnd trlhnds thru twd LOD, releasg hnds cont trng LF stp sd & fwd L to fc ptr, cont trng LF to OP LOD sip R/L, R ;
- 17-20 SLIDING DOOR ; TWICE ; CIRCLE AWAY & TOGETHER ;:**
- 17-18 {Slidg Door 2x} In OP LOD rk apt L, rec sd R, release hnds and chg sds w/W crossg in front of M XLif/sd R, XLif to LOP LOD ; Rk apt R, rec sd L, chg sds w/W in front XRif/sd L, XRif to OP LOD ;
- 19-20 {Circle Away & Tog} Repeat meas 13-14 of Part A to BFLY WALL ; ;

PART BMOD

- 1-4 NEW YORKER TO OPEN; WALK & CHA; CIRCLE AWAY & TOGETHER ;:**
- 1 {NY} Swvlg RF on R stp thru L to LOP RLOD, rec R trng LF to BFLY, sd L/cl R, sd L trng to OP LOD ;
- 2 {Walk} In OP LOD stp fwd R, fwd L, fwd R/cl L, fwd R ;
- 3-4 {Circle} Repeat meas 13-14 of Part A ; ;
- 5-20** Repeat meas 5-20 of Part B but to Fc no hnds jnd ;;; ;;; ;;; ;;;

ENDING

- 1-3 POINT SIDE & HOLD ;**
- 1 {Pt Sd & Hold (1 - - -)} Fcg ptr & WALL jng hnds bhnd back pt sd L lookg at ptr, hold position, -, - ;

Suggested Cues:

Start in BFLY WALL leadfeet free

- Intro 1-6 Wait 4 Meas ;;; 2 Sd Tchs ; 2x ;
- A 1-4 Basic Fwd & Bk ;; Cuca 2x ;;
 5-8 Hnd to Hnd 2x ;; Shldr to Shldr 2x ;;
 9-12 Basic Fwd & Bk ;; Trav Door 2x ;;
 13-16 Circle Away & Tog ;; Spot Trn ; Fence Line ;
- B 1-4 NY ; Crab Walks ;; NY ;
 5-8 Fence Line 2x ;; Hnd to Hnd 2x ;;
 9-12 Time Step 2x ;; Fence Line 2x ;;
 13-16 Rev Undrarm Trn ; Undrarm Trn ; Spot Trn 2x (overtrnd) to OP LOD ;;
 17-20 Slidg Door 2x ;; Circle Away & Tog to BFLY ;;
- A
- B
- B(mod) 1-4 NY to OP LOD ; Walk 2 & Fwd Cha ; Circle Away & Tog ;;
 5-20 Repeat B 5 - 20
- End 1 Pt Sd & Hold